#### Location



Disability Respite Centre 476 Glen Eira Road, Caulfield

#### Hours of Operation

Overnight respite is provided every night of the year except public holidays. Day respite is offered on weekends and school holidays.

Our office is open Monday to Friday 9:00am-5:00pm.

### Eligibility

This service is open to anyone with a disability as defined by the Victorian Disability Act 2006. The children's wing caters for children aged 6 to 17 years. The adults' wing caters for adults from 18 to 64 years.

### Fees

Fees are competitive and set at market rates.

#### Contact Us

Telephone: (03) 8517 5999 Email: info@jewishcare.org.au

# Our Direction

Jewish Care's beliefs and intent to achieve an inclusive Jewish community are built on seven major principles:

- 1. Be Rights-Based: Promote the rights of people with disabilities to achieve equity along with other community members.
- 2. Be Person-Centred and Family Sensitive: The person is at the centre of everything we do.
- **3. Be a Leader in Best Practice:** Deliver services that incorporate active support and social inclusion.
- **4. Build Community Capacity:** To include people with disabilities in every aspect of political, economic, social, recreational and cultural life.
- 5. Build Partnerships and Collaborations: With organisations, community groups, individuals and families within and beyond the Jewish community.
- 6. Be Focused on Quality Outcomes for Individuals:

Support individuals to exercise choice, independence and control.

7. Be Financially Viable and Sustainable: Make sure Jewish Care is present for the long term.



Jewish Care (Victoria) Inc 619 St Kilda Road Melbourne Victoria 3004

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Our Values

TON chessed kindness

צדקה **tzedakah** charity

JewishCare

משפחה **mishpacha** family דרך ארץ **derech eretz** respect

My Community, My Choice.



JewishCare My Community. My Choice.

### DISABILITY RESPITE SERVICES FOR CHILDREN AND ADULTS



### A Vision of Inclusion

Jewish Care's approach to respite is visionary, with a commitment towards creating a more responsive, sensitive, accessible and inclusive environment for people with disability. Our aim is to empower clients to make choices, achieve their goals and lead a rewarding life.

### Opportunities for Growth

Respite is more than providing relief for carers; it opens up new opportunities for adults with disability to progress towards more independent living and allows children to develop lasting friendships in a safe, supportive environment.



# Caring for Carers

Carers are the unsung heroes of the community. They provide hours of unpaid support that enable their loved ones with disability to remain in their own home and in the community for as long as possible. However, the caring role can be exhausting which might result in stress, burnout and social isolation. Jewish Care's respite services offer essential 'time out' for families and unpaid carers to recharge while their loved ones are supported in a *heimish* (homely) atmosphere.

# Our Disability Respite Centre

Providing a combination of respite, support and community engagement, our Disability Respite Centre is a perfect place to improve skills, build confidence and trial a more independent lifestyle.

The Centre offers respite and community outreach programs for children, adults and their families within three secure wings. These include one-to-one direct support and independent living skills programs.

In addition to respite services, the Centre assists carers with funds management, brokerage and care coordination.

# Children's Respite: Caring, Joyful and Meaningful

The Centre facilities include purpose-built playgrounds, sensory rooms and gardens to foster learning and development opportunities for growth. Children and teenagers enjoy a vast range of social, recreational and leisure opportunities, both onsite and within the community, in a heartfelt and friendly environment.

# Adults' Respite: Building Independence

The modern adult respite wing is a great place to develop independent living skills and build confidence. The service includes a transitional model of support where individual plans are developed that work towards achieving personal goals.

# A Jewish Home Away From Home

Located in the heart of the Jewish community, this state-of-the-art Centre is designed to create a Jewish home away from home, where traditional Jewish holidays are celebrated and the standards of Kashrut are observed. The Centre is open to anyone with a disability in Victoria as defined by the Victorian Disability Act 2006.



# More Choice, Beautiful Space

- Flexible and adaptable respite opportunities
- Open throughout the year
- Five children's and five adult bedrooms (in separate secure wings)
- Generous accessible bathrooms and ensuites
- Modern kosher kitchens
- Sensory rooms and gardens to explore
- Separate playgrounds equipped with Liberty Swing to release energy
- Cultural features like succahs
- Monitored, safe and secure premises with Shabbat-friendly access
- Greater learning opportunities
- A wide range of social activities
- Comfortable and convienent transition from children's to adults' respite
- Expanded carer support programs
- Community hub providing carer support, training and outreach programs