



Issue 2 Spring 2021/Tishrei 5782





Susie Ivany OAM, President

Bill Appleby, CEO

A Message from our President & CFO

We pray that you and your families remain safe and well as Victorians are once again challenged by increasing COVID-19 cases and the subsequent restrictions to life as we know it.

Now more than ever, we must do the right thing. We know people have concerns about getting the vaccine, but it is important we take this collective action and get vaccinated. The simple matter of it is vaccines save lives. Jewish Care has been working diligently to make sure our elders, clients, staff, and volunteers are offered the vaccine to ensure as safe as possible environment for all. As a community our strength is in our togetherness – together we need to get this done. Please look after yourself, look after each other – and if medically safe to do so, get vaccinated.

As you no doubt appreciate, the work of Jewish Care is doing at this critical time is most urgent. Individuals and families are reaching out to us more than ever, to help them navigate the economic and psychological impact of this pandemic. We can only support the community if the community supports Jewish Care.

We thank our generous community for stepping up and placing your trust in us. Thank you for making this year's Community Appeal the most successful in our history, with over \$3.9 million raised to support those in need – we are humbled by the outpouring of support.

We are most grateful for the wonderful work our staff are doing; our frontline teams for your commitment to providing uninterrupted care and support, our volunteers for providing additional services to keep our elders and clients connected during extended lockdowns, and our community for rallying more than ever to support our efforts, as a provider of vital human services to the Victorian Jewish community.

Our thoughts are with those who have been significantly impacted by the pandemic, and everyone working around the clock to help. Please consider a donation to our 2021 Rosh Hashana appeal, to ensure you remain an active partner in this communal effort, to help us all get through the current protracted crisis.

In closing, we wish you and your families good health and strength in the days and weeks ahead and a year filled with hope and joy.

Shana Tova!

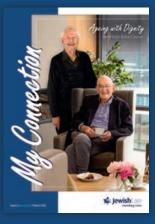
### From our President

As we prepare to bid farewell to Bill, I would like to take this opportunity, as President, to thank Bill for 12 years of invaluable service at Jewish Care. His ethical stewardship and relentless pursuit of quality and innovation for staff, elders, clients, and families is highly commendable.

It has been an extremely exciting journey of transformation across the organisation with a need to successfully navigate a substantial change agenda. Bill should leave the organisation feeling proud of his achievements, contributions, and the professional relationships that he has forged across the organisation and the community. Jewish Care Victoria is a very different organisation to the one Bill entered 12 years ago!

I wish to express to Bill our gratitude for his leadership over the last 18 critical months. I personally feel extremely proud of the way in which Jewish Care has calmly and decisively responded to community need during the Covid-19 challenges in 2020/21. Bill and his leadership team really have been exemplars of care and compassion during this time of extreme challenge and distress for many – thank you!

Wishing you and your families Shana Tova and well over the fast. May you all stay healthy and safe.



### Cover

Henri Korn, an elder at Gary Smorgon House with Rod Granat, an elder at Residential Home Carnegie prior to current COVID-19 restrictions.

# Inbox

Mr Pete Melamed was a respite care resident at Residential Home Carnegie. During this time he was provided with excellent care and services.

I was very impressed with performances and assistance of Simon and his ability to respond to any correspondence promptly.

I was quite impressed with the Lifestyle program, and would like to express my great satisfaction of attention and care provided to all residents, inclusive of Mr P Melamed, by staff. Response to callouts was very prompt. The care provided is individual and addressed all needs.

– Tamara Yashan

Share your feedback about our services by emailing yoursay@jewishcare.org.au



This Rosh Hashana, you can give someone a sweet New Year. Please donate

2021 Community Appeal Raises \$3.9 Million

### In a year of unprecedented challenges, the Victorian Jewish community once again showed their unwavering generosity by donating over \$3.9 million towards Jewish Care's 2021 Community Appeal.

We are heartened by the outpouring of support, as more people than ever before have contributed to help over 18,000 individuals and families in our community in need. Thank you to the thousands in our community who gave so generously during this time of crisis.

Without the community's support, Jewish Care's vital social justice programs that assist vulnerable members of the community - such as financial aid, mental health advocacy, family violence advocacy, parenting support, employment and education services and housing support - would not be possible. As we continue to adapt to the everchanging COVID-normal environment, these services have never been more in demand.

In an average year, Jewish Care receives around 6,000 calls for support. In the 15 months after the coronavirus pandemic hit Melbourne, we were inundated with over 18,000 calls for assistance from people in the community adversely affected by the global crisis... and the calls continue.

Each call was from an individual or family in desperate need. Loss of employment, housing instability, food insecurity, financial stress, poor mental health, family violence and remote learning have all presented complex and overwhelming personal, familial and financial stressors. For many, including those who had never sought help, Jewish Care was the only place left to turn.

"The need in our community isn't abstract and it isn't happening far from us," said Marilyn Kraner, Manager – Individual & Family Services. "The calls are coming from our neighbours, friends, family and broader community."

"We could be forgiven for thinking that things are getting back to normal. But extended and snap lockdowns, ongoing restrictions, and the winding back of State and Federal Government support measures mean that we're finding that many who were just making ends meet are struggling more than ever."

Chief Executive Officer, Bill Appleby, said, "Enriching Lives Together is about uniting to help those in need in our community, knowing that we are stronger together and can achieve great outcomes when we are all on board."

	To make a donation to Jewish Care's Rosh Hashana Appeal, visit jewishcare.org.au/2021RH, call
IJ	Appeal, visit jewishcare.org.au/2021RH, call
	1800 539 474 or complete the coupon on the back page.

# Building Connections at young achievers camp



YAP participants, Benjamin Gelb and Eden Smolarski at camp.



### The annual Young Achievers Program camp was held at Camp Sunnystones in Merrimu with the participation of 23 young people.

The three-day event offered participants a range of activities, including archery, canoeing, raft-building, geocaching, survival games, nature talks, a twilight walk and campfire for engagement and to form new friendships and connections. In addition to outdoor activities, the group also enjoyed personal development workshops and lots of invigorating discussions - as well as a sweet 16th birthday celebration for one of the participants.

"Camp was literally the most amazing experience of my life. Every minute was so much fun! The games, the activities, the food, the discussions and the vibe was so much more incredible than I could ever imagine. I have never been in such a safe, warm, welcoming environment. I grew so much in those three days. It has left me with so much to think about and explore," said one young participant after the three-day camp experience.

Young Achievers Program Coordinator, Adina Nachum said, "After our 2020 camp sadly had to be cancelled due to COVID-19, it was fantastic to be able to meet in person and welcome our new participants. The mentees threw themselves into all of the activities and went out of their way to make sure everyone felt included. It was wonderful to see them relaxed, having fun and building new connections".

### Take a Free Class

Jewish Care is offering a free, one-on-one service to help those in the community who need assistance navigating the online world.

If you would like to learn how to shop online, apply for work or simply browse the internet, Jewish Care will provide sessions designed to accommodate your online learning needs, at your own pace.







Some of Jewish Care's wonderful volunteers at the volunteer celebratory event with President, Susie Ivany OAM, General Manager Community, Vanessa Cohen and staff.

# Recognising Our Volunteers

### National Volunteer Week is Australia's largest annual celebration of volunteers, dedicated to almost six million volunteers, who collectively commit over 600 million hours to help others.

As part of our celebrations in commemorating this special week, Jewish Care's volunteers were invited to a special event at the beautiful Hannah & Daryl Cohen Family Building within the Holckner Family Senior Living & Community Precinct. The Morning Tea celebration saw some of our longstanding volunteers connecting with staff and recently joined volunteers getting to know each other.

A moving short film was presented with thank you messages from Jewish Care staff and elders. Comedian, Michael Shafer entertained the audience by sharing some personal experiences with clever comebacks and perspectives. The Volunteer Program team was super excited about the day knowing that their volunteers left the building feeling extra-special and thankful. Hayley Bacher, Volunteer Program Manager said, "We are extremely proud of our volunteers, and this was a fitting event to recognise the vital contribution our volunteers make in supporting our elders, clients and staff and the wider community. We want our volunteers to feel appreciated and hope, we achieved it today".

From all of us at Jewish Care we extend a very big thank you to all our volunteers for the incredible work that you do.

To watch the video please go to https://youtube/zzn3E81g9ZQ. Please contact our Volunteer Program team on 8517 5734 to find out more about volunteer opportunities at Jewish Care.

Friends of Montefiore

### The Friends of Montefiore luncheon a much loved event within Jewish Care's supporters, provided a wonderful opportunity for the community to get together in-person.

The luncheon continued to be a roaring success, with more than \$80,000 raised on the day donated towards the purchase of interactive technology units for our homes and centres.

A globally recognised speaker, Peter Price AM, headlined the luncheon at Leonda by the Yarra, where an audience of over 120 Jewish Care supporters were waiting to hear him speak.

Peter spoke passionately about his years of experience in helping protect the community, including roles as Vice-President of Crime Stoppers International and through various roles with INTERPOL. In 2017, he was awarded an Order of Australia for his services to global community and law enforcement.

The funds raised through ticket purchases and donations were directed to purchasing interactive technology units for our homes and centres for better engagement. The Tovertafel Original, now available at our Residential Homes, Disability Respite Centre and Active Living Centre will positively impact elders and clients connecting them in the late stage of their dementia journey with each other and with their surroundings, all the while stimulating movement.



The Friends of Montefiore Committee at the 2021 luncheon.



Chair of the Friends of Montefiore committee, Delysia Pahoff OAM with Bill Appleby, CEO Jewish Care.



CEO, Bill Appleby with Board members and Yesod participants of the inaugural 2016 Yesod Board Foundation program at the Coppel & Piekarski Disability Respite Centre.

# Lifes a Journey not a destination

I would like to take a moment to reflect on my last 12 years of service to the Jewish community in my role as Chief Executive Officer of Jewish Care, which has and continues to be an amazing comfort and support to so many people in the Victorian Jewish community.

It has been nothing short of an absolute privilege and I thank everyone in the community for your support, your friendship, and the belief you place in the team at Jewish Care every day. The organisation was really tested over the last 18 months and our community rallied and really showed its support.

I am sincerely grateful to the many amazing Directors that I have worked with, and I thank them for their stewardship, commitment, and guidance. I would also like to acknowledge the work of our very capable and hard-working leaders across our organisation, for your passion, your dedication, your support, and your professionalism, to work intelligently and in concert, to transform Jewish Care to the organisation it is today. Additionally, our fantastic staff and volunteers, from the bottom of my heart, I thank you for your commitment to the provision of dignified, guality care and support of our community.

Lastly, our donors and communal lay leaders, thank you. This community is so fortunate to have such amazing philanthropic leadership – it is a shining example to all and something that should never be taken for granted. May your generosity of spirit inspire others!

So, what have I learnt working with the many wonderful people in this community for over a third of my working life?

Visit a sick friend before they die rather than at their funeral. There is not a lot of point in standing up at the back and weeping over something you should have said three weeks earlier.

If you see your friends less than twice a year, they are hardly your friends. Make time for them.

I've learnt that the people whose names grace the honour boards around Jewish Care are more special than I first thought. Get to know their stories as they are remarkable.

We owe a great deal to those original Directors in the Rainbow Tavern who formed this critically important organisation 173 years ago. We today, have inherited their spirit and as leaders have accepted the burden of responsibility to nurture their mission and ensure it continues to live into the future. So, what else to tell you?

Do not judge others. It's a lesson I have to relearn again and again, but I think we all need to remember that we all have clay feet and who do we think gave us the permission to judge others anyway?

Learn to let sleeping dogs lie. Not all problems have to be solved today. Some can and should be left alone. The difficult challenge is knowing the difference.

Never forget how truly frightening it can be to entrust others to care for our loved ones.

Laugh every day.

Listen to, watch, or do something beautiful every day. Life is too short and too precious not to be astonished by it.

Humility is the most undervalued and attractive virtue. Pride at possessions or talents or most personal things is foolish. Pride is a mindset that causes poor service, whereas humility is the key to good service, so essential to our mission.

To our wonderful community, I say thank you for the amazing journey and goodbye.



CEO, Bill Appleby and past President, Mike Debinski, with members of the Board and Executive at the monumental St Kilda Road development contract signing event in 2017.



Philip Mayers AM and Rhona Mayers with Her Excellency the Honourable Linda Dessau AC, Governor of Victoria.

# Philip Mayers AM

Philip David Mayers was appointed a Member of the Order of Australia (AM) at 2021 Australia Day Awards for significant service to the community through a range of organisations.

Philip is a Honorary Life Governor of Jewish Care and a Circle of Care Gold Member, and was Executive Director of Montefiore Homes from 1987 - 1990.

Philip grew up in a progressive Jewish home in Johannesburg, South Africa, where the Jewish values of charity and caring for those less fortunate were espoused by his parents and grandparents. Philip was particularly inspired by his grandmother. Gussie Sussman, whose philanthropic involvements earned her an MBE, the third highest ranking Order of the British Empire award.

A lawyer by training, Philip was very active in the Johannesburg community, helping to establish a school for disadvantaged African children. Disenchanted with life in apartheid South Africa, the Mayers family eventually immigrated to Melbourne.

Philip's many communal roles have contributed significantly to the Victorian Jewish community. He has served as President of Temple Beth Israel and Chairman of the VUPJ, and was an executive committee member of the JCCV, the State Zionist Council and the ECAJ. Philip was also a past Chairman of Make-A-Wish Foundation and is currently Chairman of Freemasons Foundation of Victoria.

This appointment is a testament to Philip's contribution to the Jewish community and his desire to improve the lives of those who are vulnerable, and we are fortunate to see our community benefit through the gift Philip has made to Jewish Care in his Will.

Working for Victoria

In a program designed to better inform communities on COVID-19, Jewish Care last year joined a consortium of ten multi-cultural service providers targeted at protecting people during the pandemic.

Employing two Community Engagement workers, two Family Support workers and an Administrative Assistant, the Individual & Family Support Services team set about ensuring our community was receiving up-to-date information and advice to remain healthy, safe, and supportive of each other.

Activity across the six-month program was targeted to both the broad Jewish Care community and some harder to access sections, and included language resources in Russian and Hebrew. These supports ensured every member of the community had access to timely, relevant, and appropriate information.

The team conducted over 360 welfare checks, ran three parenting forums highlighting youth mental health during lockdown, and a technology program to assist our isolated elders connect with family and friends. The technology program supported 20 elders and volunteers were trained to continue the invaluable work of keeping families and friends connected.

Communication sat at the heart of the team's work and contained everything from mental health messaging to a project with the ADASS ultra-orthodox community. They developed resources about COVID-19 in Yiddish using associated text from the Torah to explain why safety requirements were necessary.

Care at home was another key activity. The team was able to distribute 214 frozen meals to families - of those, 120 received culturally specific pantry boxes (Rosh Hashana, Chanukah, Pesach, etc.) and elders received care packs.

On behalf of the Jewish Care COVID-19 Outreach Program Team we would like to say a big 'thankyou' to everyone for their efforts and engagement over this six-month period. We were fortunate to retain two from this group of five, who continue to support us through their work.





Consortia members, Mohamed Mohideen, Be Ha, Ruby Kraner-Tucci (community engagement worker) Nina Springle, and Jasbir Singh.

# Recent visitors to Jewish Care

Our very generous donors took time to tour our beautiful, state-of-the-art Hannah & Daryl Cohen Family Building located in the Holckner Family Senior Living & Community Precinct in Windsor.

Caroline Cohen remarked, "We support Jewish Care because it is an excellent cause and the new Aged Care precinct is spectacular, a phenomenal building that is modern and beautiful. It brings the level of aged care up to date with the way we live and think about how we want to care for our elders".



Charles Holckner OAM and family



The Commissioner for Senior Victorians, Gerard Mansour's visit provided an opportunity for Jewish Care's Executive team to discuss the Ageing Well in a Changing World Report and Aged Care Royal Commission recommendations among other things.



Samuel Murray, Marcus Harty, Glenn Edwards, Melissa Donald, Vanessa Cohen, Board member - Rueben Zelwer, Gerard Mansour, Bill Appleby and Cindy Joffe

To book a personal tour or to find out more, please call us on 03 8517 5999 or visit our website, www.jewishcare.org.au

Ageing with Dignity

### Our model of care is as vibrant and diverse as the individuals who live here.

Both Henri Korn and Rod Granat are well-respected members of our Victorian Jewish community. These remarkable individuals are highly regarded for their contributions to humanitarian services and engineering, respectively.

A child Holocaust survivor and long-time supporter of Jewish Care, Henri has been a committed volunteer and member of volunteer on Jewish Care's Claims Conference Holocaust Survivors Committee. His involvement ensured restitution funding for Victoria's Holocaust survivors. He is a former member of the Holocaust Museum Board of Directors and has authored three books detailing his wartime experiences. Recently, he took residency at Gary Smorgon House.

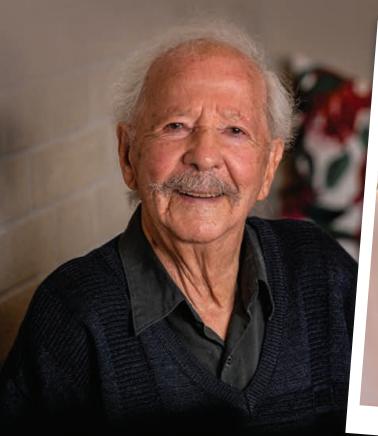
"Gary Smorgon House is like home to me. I like the food, the facilities and the warm and supportive care I receive from staff. Most importantly, they empower me to continue my valuable volunteer work to help students and others understand the impact of intolerance, religious and racial hatred. I do all this work while sitting here at Gary Smorgon House through Zoom and other online facilities, and it's been amazing," says the ever-exuberant Henri.

Rod Granat moved into our Residential Home Carnegie after he was diagnosed with lung cancer. A design engineer, his creativity and genius have seen his designs become part of everyday life. Designing the very first tamper-evident closure for everything from lids, caps, bottles (including our very own Vegemite) resulting in 37 world patents. Retiring at the age of 80, he now enjoys a quieter life with Val, his wife of 64 years, his children, grand-children and greatgrandchildren.

When talking about his new home he said, "This place is beautiful and supports my every need. I'm very proud of Jewish Care for developing such a world class home with first class facilities, including a cafe, gym, cinema, secure gardens, courtyards, and private dining. We use some of these facilities when my family visit. They love it and so do I."

At Jewish Care, we pride ourselves on our quality supports and specialist care services. Along with our state-of-the-art facilities and our wealth of amazing on-site amenities, our aim is to ensure everyone continues to remain physically and mentally well and engaged. At the heart of our homes is Jewish Care's Hand-in-Hand<sup>™</sup> model of support, empowering elders to maintain their independence with the confidence that help is always nearby.

Our model focuses on the person and embraces their individuality by providing tailored care and support that meets their needs. From food preparation, sunny walks in the landscaped courtyards to keeping Shabbat and attending services at the dedicated shul, our aim is to make everyone feel right at home.





Val and Rod Granat at Residential Home Carnegie

### Celebrating women throughout history

'Her Words. Our Future' campaign was launched on International Women's Day to showcase our commitment to gender equality. The poster campaign included inspiring words of eight Jewish feminists, from Gloria Steinem and Ruth Bader Ginsburg to Golda Meir.



To order copies of the posters, contact cbarrett@jewishcare.org.au

# Jewish Care receives its largest single gift from Thomas Ganz

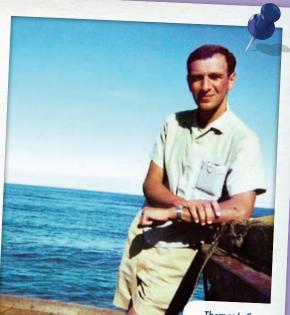
### Earlier this year, Jewish Care Victoria received the largest single bequest gift in its entire history from Mr Thomas L. Ganz, a long-time loyal supporter.

Thomas was the sole child of Czechoslovakian immigrants, Otto and Susan (Zuzanna) Ganz. Settling in Melbourne, his father became a timber merchant and gave regular support to the Czechoslovakian Red Cross.

The family loved animals and the outdoors, qualities evidently passed on to Thomas. In his mid-twenties, Thomas travelled extensively to America, Canada, Europe, England, India and Afghanistan and even worked briefly in the mining fields in the Northern Territory. He was a hard worker, holding down two jobs as a caretaker, and after retirement, took great joy in touring Europe for three months by bike.

Thomas valued Jewish ethos and Jewish Care's role supporting those most in need in the community. This was evidenced by the faded Jewish Care 165th Anniversary booklet, issued in 2013, which was on display alongside family photos on the bedroom mantelpiece in his home. Thomas made regular donations over 37 years, with his first gift in 1983 for \$15. His commitment to Jewish Care was reiterated when he designated Jewish Care as the sole beneficiary of his estate.

To honour the memory of Thomas Ganz and his significant bequest, Jewish Care's Carnegie Precinct has been named the 'Thomas Ganz Senior Living & Community Precinct'.



Thomas L. Ganz



Thomas with his parents, Otto and Susan Ganz

### The ORAH Fund supports Jewish Care

## The ORAH Fund has continued its support of Jewish Care, with another important gift.

The ORAH Fund is a great supporter of communal organisations committed to supporting those most vulnerable in the community. Commenting on the recent gift, Bill Appleby, Jewish Care, CEO said, "We thank The ORAH Fund for this generous gift which will help us to meet the growing and diverse needs of members of the Victorian Jewish community."

The ORAH Fund was established in 2016 to create a new revenue stream to provide funds to for-purpose organisations supporting people in need in Jewish communities.

Funds donated to organisations are raised through the ORAH Fund, a fund-of-funds consisting of ten underlying investment funds that generously donate all management fees from investments made through the ORAH Fund.



"Through our unique Fund (available to private investors seeking financial returns), the ORAH project has now surpassed \$1.5 million in donations to the community and is thrilled to be able to provide additional resources once again to enhance Jewish Care's reach and depth. Jewish Care's supports and services provide valuable reinforcement and safety nets to the Jewish community – which is so vital; especially in these ongoing COVID-19 times." said Nathan Cher, Chair, ORAH Allocations Board (Vic).

For more information about the ORAH Fund, visit www.theorahproject.com.au

# Two new spiritual partnerships for Jewish Care

Jewish Care is delighted to announce the appointment of Rabbi Ralph Genende OAM to the senior leadership team as General Manager, Jewish Life Senior Rabbi, commencing 1 November 2021.

"We are thrilled to welcome Rabbi Genende to lead our Jewish Life team. With his prominence in the community, respected thought leadership, and depth of expertise, Rabbi Genende will be a welcome addition to our very capable leadership team", said Susie Ivany OAM, President.

Equally as exciting is the partnership with Temple Beth Israel (TBI). They will be providing pastoral, cultural and religious support at Jewish Care's Residential Home Carnegie.

"This partnership solidifies a longstanding collaborative relationship with TBI ensuring Jewish Care continues to meet the diverse needs of our community; particularly at our Residential Home Carnegie where our community is expanding", said Bill Appleby, Chief Executive Officer.

Pastoral support is provided one on one enabling TBI clergy and staff to form important relationships with our elders and families. Cultural activities include Jewish music, current affairs discussion groups, adult education, Jewish arts & crafts, challah making and preparing for oneg Shabbat and concerts, including classics from the Jewish and Israeli repertoire.

TBI will also develop a raft of education and experiential opportunities designed to connect elders and staff with the surrounding Jewish community to establish our Residential Home Carnegie as the base of an expanding Jewish communal precinct.

Gersh Lazarow, Senior Rabbi of Temple Beth Israel, said "We are so pleased that this program of pastoral and communal engagement, which has been conceived and led by our Cantor Michel Laloum, has been so well received by the elders in Carnegie. We are confident that genuine partnerships such as this are the key to securing both a sustainable and dynamic future for our communities."

Tune in -

# Raising emotionally intelligent children

The renowned 'Tuning In To Kids' six-week program, developed by the University of Melbourne, was offered to parents and caregivers to provide them with skills to recognise and respond to children's emotions.

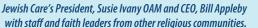
The response to the program was overwhelming with fourteen parents completing the course.

"Our household is so much calmer lately"; "I learned so much"; "It helped me to feel less alone as a parent"; and "I can see a difference, not only in my children but in myself as well!" were just some of the comments shared by participants.

"It was such a joy to work with the participants; the opportunity to share in their dedication, reflections, insights and warmth was truly a privilege. We can't wait for the next group!" said program facilitator Jacqui Rosen.

To express interest in the Tuning In To Kids program, phone 8517 5999 or email cbarrett@jewishcare.org.au







Vanessa Cohen, GM Community with Rabbis Yoseph Nerenberg and Yisroel Korn.



Gary Smorgon House Personal Care Worker Sweta Prajapati lighting a candle.

# Praying in Solidarity for those impacted by COVID-19

Jewish Care held its first ever Multifaith Solidarity Service in the Schwartz Family Synagogue to pray, reflect, and mourn in solidarity with Jewish Care staff who have friends and family overseas who are, or have been, severely impacted by COVID-19.

Staff of different faiths and countries of origin, from across many areas of the organisation gathered in person and via Zoom to witness the first Multifaith Solidarity Service at the Schwartz Family Synagogue .

Chief Executive Officer Bill Appleby thanked the Jewish Care staff who, during the height of the pandemic in Melbourne, put the needs of elders, clients, and the wider Jewish community ahead of their own and offered his support for those personally affected by COVID-19.

"We are incredibly fortunate to have such a richly diverse workforce, with staff hailing from across the world. We know that many of you here today have friends and family living overseas who are, or have been, severely affected by the pandemic. Some may be currently battling the illness, whilst others, we know, have sadly passed away.

We hope that – whatever your faith, whatever your circumstance – you take comfort in today's service and find strength in the knowledge that your Jewish Care family is with you in your times of uncertainty, sadness, and grief," said Bill Appleby.

Following a minute's silence, staff and faith leaders from the Jewish, Catholic, Hindu, Islamic, Buddhist, and Sikh communities recited a non-denominational, coronavirus-specific prayer. Representatives of seven faiths also lit candles; one for each of the seven continents.

Rabbi Yaakov Glasman, Senior Rabbi at St Kilda Shule, spoke of the importance of the Multifaith Service, saying; "We must always be mindful of those two core values that are so central to each of our beliefs; the sanctity of human life and the need to show empathy and care for those around us, whether near or far.

Today is a symbol, but it is a critically important symbol, of our desire to sanctify, value, and cherish life, but also to be mindful of those who have survived the loss of loved ones whose lives were taken away cruelly by this pandemic; to think about them, to pray for them, to reflect on them, and most importantly, to do whatever we can do to ease their burden – now and into the future."

# Supporting youth mental health

The Healthy Communities team delivered a series of Youth Mental Health First Aid training sessions with the aim of supporting the mental health and wellbeing of children and teens who were impacted by the COVID-19 pandemic and lockdowns. CSG and the Australian Zionist Youth Council were some of the community organisations that received training during the past few months.

"This was hands-down the most important training I have ever attended; it focused on practical skills that we can use, and it was perfectly tailored for youth leaders – thank you!!," said one madrich. The Healthy Communities team offers a range of training and workshops to build community capacity and support mental health and wellbeing. To enquire about Youth Mental Health First Aid training or suicide prevention workshops for your community group or organisation, contact cbarrett@jewishcare.org.au or phone 8517 5999.









Dr Ross Smith OAM



Ron Cossen celebrating his birthday with family.







Charlie Davis

We are extremely grateful to the following supporters for requesting donations to Jewish Care in lieu of gifts to mark their special occasions:

**Bat Mitzvah** Mica Ickowicz Annabel Naphtali

50th Birthday **Ricky Farber** 

60th Birthday Anton Grodeck 70th Birthday Dr. Ross Smith OAM

80th Birthday **Ronald Cossen** Michael Margolin Pam Morley Sandra Prager Rysia Rozen OAM

To share your simcha, please contact our Community Team on 8517 5786 or donations@jewishcare.org.au

### Food is Always Better Shared

1)

Jewish Care's 2021 Annual Dinner had to be cancelled, at the last minute, due to the sudden circuit breaker restrictions. Thanks to our quick thinking Annual Dinner Committee members, Miriam Farkas and Shayna Nagel, delicious and fresh food packs were distributed among members of the community who were so appreciative of receiving the special packs.



Miriam Farkas and Shayna Nagel distributing meal packs.



Like us on Facebook to see more photos of events and activities around Jewish Care – facebook.com/jewishcarevictoria

### Friends of Montefiore Luncheon











### Midsumma Pride March





Multifaith Solidarity Event

Bequest Lunch for a Cause



### Celebrating NAIDOC Week

### Cards to Elders During Lockdown











### Volunteer Week Morning Tea









### 5 Minutes with Steven Klein

### 1. How did you first get involved with Jewish Care?

I was approached by a Board member to see if I was interested in joining the Board as Jeffrey Appel OAM, one of my colleagues at SBA Law, was retiring from the Jewish Care Board after 30 plus years.

### 2. What is most rewarding about being part of Jewish Care?

Being part of an organisation that provides the breadth of services that are offered by Jewish Care, together with observing the passion, commitment and dedication of its staff, volunteers, senior management, Board and Subcommittee members.

#### 3. As a Board member, what are your immediate goals for Jewish Care?

The new facilities at Windsor and Carnegie were completed just as the COVID-19 pandemic was starting. These facilities are first class, and one of the key priorities for us is to ramp up these facilities, after which Jewish Care will be able to explore further opportunities.

#### 4. What are you most passionate about?

I'm passionate about the breadth of services offered by Jewish Care. It is so much more than just a provider of aged care facilities. A greater understanding in the community of what Jewish Care offers is important not just from Jewish Care's perspective but from the perspective of those in our community who may be in need of these services.

#### 5. What is your favourite Jewish festival?

Rosh Hashanah, together with Yom Kippur, as it is a time when you can reflect on the past year and think about the forthcoming year.

#### 6. How do you spend your free time?

Before COVID-19, I would have said travelling, gym, bike riding and reading. I look forward to our borders reopening and the opportunity to once again travel both interstate and overseas.

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Please direct any feedback regarding My Connection to marketing@jewishcare.org.au



### Yes, I would like to give a gift today that will help someone in serious need

Please fill in your	payment details
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<b>OR</b> Please debit my ☐ Visa ☐ MasterCare	d 🗌 Amex
Card Number	Expiry Date
Signature	
Name on Card	
Mobile DOB	
Email	
So that more of my dollar can go to those in need, I am nappy to cover the Credit Card surcharge (optional) Amex 1.5% I Visa/MasterCard 1%	<ul> <li>Yes, I would like to make monthly donations to Jewish Care.</li> <li>I authorise my credit card to be debited</li> <li>\$ per month (minimum \$10)</li> </ul>
I am considering leaving a gift to Jewish Care in my Will.	□ I have included a gift to Jewish Care in my Will.
Donate by:	(1) 1800 539 474 M PO Box 6156 Melbourne, Victoria 30