

My Connection

*Thank you for your
generous contributions to
our 2022 Community Appeal*



A Message from our President & CEO



Lisa Kennett, President



Adjunct Professor Alan Lilly, CEO

Welcome to the Spring edition of *My Connection*. The year is passing by very quickly and already, it is wonderful to see the spring flowers blooming. As the warmer weather approaches, we are also pleasingly seeing less influenza and COVID-19 cases within the community. Whilst this provides us with a strong sense of hope, significant COVID-19 transmission remains and we must be responsive to the ever-present risk within our community. As we have learned to live with COVID-19, we have all been challenged to think and do things differently. At Jewish Care, we are constantly reviewing what is happening in the community and in consultation with our local Public Health Unit, we determine the optimal course of action to keep our elders, clients and staff safe. We thank our community for your terrific support and understanding during this time.

As you may know, one of our cornerstone values is *working together to strengthen our community*. Your support of our 2022 Community Appeal epitomises just that, raising an incredible \$3.67 million to enable us to build and support the capacity and resilience of individuals and families in need, in our community. What a tremendous outcome. Again, thank you, we could not continue the work we do without you.

We have also strengthened and supported an inclusive community in our new and exciting partnership with All Things Equal, who are operating the *Camit & Nathan Cher Family Cafe* in the *Hannah & Daryl Cohen Family Building* within the *Holckner Family Senior Living & Community Precinct* in Windsor. All Things Equal is a community organisation which supports people of all abilities to be engaged in meaningful employment. We are delighted to partner with this wonderful organisation which has brought more life into the precinct. We encourage you to visit the cafe as a coffee or lunch destination. Located on the ground floor, they serve delicious kosher food and great coffee from Monday to Friday. We hope to see you there!

As Alan Lilly has recently completed his first 100 days in office, Alan has provided a comprehensive report card to the Board and is now working closely with us to identify priorities for action. He has already met with many people in our community and is looking forward to meeting more of our supporters in the coming weeks. We are excited about the future and looking forward to delivering a new strategic plan within the next six months.

In the meantime, we are enjoying higher levels of occupancy across our residential aged care homes and we have also established the Health Service Partnership Program, working currently in conjunction with Alfred Health, to help ease the pressure on our very busy health system. Feedback from clients about our Residential Home Windsor has been most positive. We continue to enjoy strong demand for our disability, home care and social services too.

We have also established an innovative Office of Organisation Improvement, helping us focus on key priorities around increasing our workforce, reducing the use of agency staff and improving customer service. Whilst there is much to do, we are privileged to have responsibility for delivering these services within the Jewish community.

Ultimately, we could not build a strong community without our dedicated staff and volunteers and we are so thankful to them for their unwavering commitment.

On behalf of the Board and all of us at Jewish Care, we wish you and your families a very happy and healthy New Year and well over the fast.



Cover

Jewish Care thanks the community for their generous support in the 2022 Community Appeal.

Thanks to our Capital Donors

We sincerely thank our most recent donors to our Capital Campaign which ensures Jewish Care can provide outstanding environments in our Aged Care Homes and our Disability Respite Centre for generations to come.

We are delighted to recognise the Nossbaum Family, the Estate of Raymond Borowich, Karen and Tom Zafir and Blanka Wise for their most generous support.

Inbox

Thank you for your outstanding communication. The staff are doing such an amazing job. We realise what a difficult job it must be and we are grateful to you all.

- Anonymous GSH

Thank you to the staff who are doing a wonderful job during these terrible COVID times. We are so very grateful to you for all the care our loved ones receive.

- Anonymous GSH



**Share your
feedback about our
services by emailing
yoursay@jewishcare.org.au**

2022 Community Appeal

Raises \$3.67 Million

During another challenging year, the Victorian Jewish community showed their amazing generosity and support by donating \$3.67 million to our 2022 Community Appeal.

Thank you to those in our community who gave so generously. Your support will enable Jewish Care to respond to requests for help from those in serious need in our community. Thanks to you, Jewish Care can continue to provide crucial support and services to assist those:

- Experiencing mental health issues
- Struggling to put food on their table
- Seeking a job
- Impacted by family violence
- Facing housing insecurity
- Needing financial aid.

These services rely on your support as they receive little or no government funding.

Adjunct Professor Alan Lilly, Chief Executive Officer said "I am thrilled with the generous community response. Together we can create positive change to help those doing it tough in our community."

Jewish Care's 2022 Annual Dinner

Oh what a night!



Annual Dinner Committee (L-R): Miriam Farkas, Georgia Danos (Co-Chair), Melissa Davis (Co-Chair) and Hilary Cohen

After a two-year hiatus, the community came together for the 2022 Annual Dinner and experienced a wonderful night of entertainment and celebration. Multiple award-winning singer, Kate Ceberano AM captivated the audience with her incredible voice, performing songs written by Jewish composers.

The highlight of the night was Kate's rendition of Hallelujah when she invited rising stars Sidra Nissen and Camilla Burrows to perform with her after she heard them rehearsing in the green room.

Adjunct Professor Alan Lilly, Chief Executive Officer said "It was wonderful to meet so many of our generous supporters – some I had known for many years, but would never have known they were supporters of Jewish Care. There was so much appreciation of the work we do for the community."

Georgia Danos, who has been on the organising committee for over eight years was MC for the evening and warmly welcomed His Excellency, Mr Amir Maimon, Ambassador of the State of Israel to Australia. Ambassador Maimon said "It was a pleasure to be surrounded by such a passionate community who support each other especially in times of need. That is a sign of true commitment."

Cassandra Barrett, Program Manager, Healthy Communities spoke of the ways in which Jewish Care helps support those in our community in need, particularly those experiencing mental health issues or family violence.

Phillip Kingston from Gary Peer and Associates transfixed the audience with his heartfelt story of his beginnings as a young boy growing up in regional NSW to arriving in Melbourne to such a strong Jewish community. That sense of community is what drives him and his business partner, Gary Peer to give generously to our community.

It was a fabulous evening and so wonderful to be able to run the dinner as a live event for the first time since 2019.

Thanks to our sponsors for their generous support.

DIAMOND SPONSORS



GOLD SPONSORS



Jewish Care leads Mental Health Review

Jewish Care recently engaged an external consultant, Impact Co. to review our mental health response to the community in light of recently announced state government mental health reforms and increasing referrals for support and mental health education.

As part of this review, a public survey was distributed widely inviting community members to share their experiences of mental health and their views about the role Jewish Care should play.

Additionally, interviews were held with key community and sector leaders. Over 150 surveys were received and over 20 interviews conducted. The results confirmed the community's strong support of Jewish Care's mental health promotion, education and training activities with many recommending an expansion of these offerings.

The need for direct support to those community members experiencing mental health needs and their families, especially in the form of information provision and navigation support was a common theme.

Jewish Care's mental health review will help inform the development of strategic directives for the Individual & Family Services Division and will link to the development of Jewish Care's broader strategic planning commencing later this year.

Not just a roof over a head

You can't open the paper these days without seeing an article that talks about housing affordability and the increasing price of rents. As a society we are struggling to afford increasing rents, let alone consider how to even plan to buy a home.

Support from family has never been more important especially for those starting out on their own. But not all have families and not all families are in a position to financially support themselves, let alone their children.

Jewish Care's social housing offers an affordable roof over the heads of individuals, families, elders, those with varying abilities, those fleeing violence or struggling with mental health issues within our community.

Keeping people connected to community and to those around them is not just a matter of having a safe space to live. Connections require support and assistance. Some need to be helped to build confidence to engage, others need to just know what they can connect to. For some, cultural connections are vital and for others, it's all about mixing with people that won't judge.

In response, Jewish Care's Housing Program has made a commitment to connect people to community. Our Housing Engagement Worker, Flavia Kaplan works with renters in our social housing to understand their interests, their needs and has created a program of activities and events aimed at connecting often very lonely and isolated people with community and culture.

Flavia also engages with local councils to inform renters of local community

programs they can access to build social connections.

Interest from renters has been strong and continues to grow. As the sun slowly returns, barbeque sessions and outdoor gatherings are sure to occur. We feel proud to offer more than a roof over a head.

Cultural connections and events are also held on site in collaboration with Jewish Care's Jewish Life program.



(L-R) Sydney Spark, Genia Goikhman and Robin Boroda

Introducing the BlueStar Mobility Device App



Jewish Care recently launched an app for support workers which enables rosters and other information to be viewed electronically on their mobile phones.

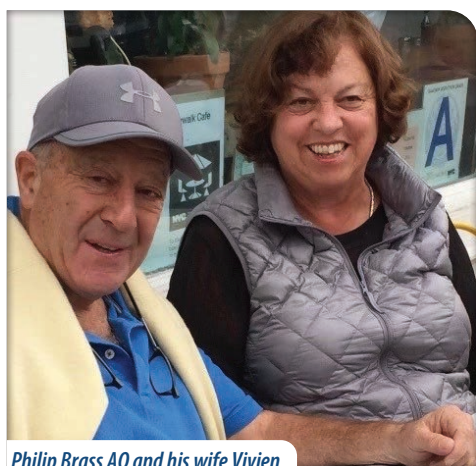
This new technology is a great improvement and means that our home care clients will no longer be required to sign any paperwork or timesheets from support workers as the visit will now be recorded in the app on their mobile phones.

Support workers will log in via the app on their mobile phones when they arrive at your home and log out when they leave. The

mobility app can also track kilometres and enables support workers to view relevant care plans and shift information.

The app allows support workers to communicate directly with the client management system and records information on our database. Launched in July, the app will be progressively rolled out to all our support workers by the end of 2022.

Mazel Tov to Philip Brass AO



Philip Brass AO and his wife Vivien

Mazel Tov to Philip Brass AO who was awarded an Officer of the Order of Australia (AO) in the 2022 Queen's Birthday Honours for distinguished service to business, to youth leadership and charitable organisations and for philanthropic contributions.

Philip has been a Life Governor of Jewish Care since 2011 and is also the founder of our highly successful youth mentoring *Young Achievers Program*, which is now in its 20th year.

"I am thrilled and humbled by the recognition that this award gives me. Over 200 young people have been provided the opportunity to realise their dreams which wouldn't be possible without the enthusiasm and commitment provided by Jewish Care," says Philip.

We are so grateful to Philip and Vivien for their ongoing support and generosity to Jewish Care over so many decades.

Tuning in to help kids thrive

Jewish Care's Healthy Communities and Service Coordination teams were excited to once again offer the renowned *Tuning In To Kids* program. Developed by the University of Melbourne, the six-week program equips parents and carers with the skills to 'emotion coach' their children, supporting them to recognise and manage their feelings.

We were pleased to deliver the program in partnership with Mt Scopus Memorial College, to a group of 12 parents from the school community. The response to the program was overwhelming: "It has completely changed the way I interact with my kids"; "I feel so much closer to my children since doing this program"; "It has helped me to grow the softness I want to have as a parent"; and "I'm recommending this course to everyone I know" were just a few of the comments shared by participants.

"Co-facilitating the *Tuning In To Kids* program is one of the greatest joys of my role at Jewish Care. Getting to know the participants, hearing their reflections and insights and watching them grow together over the six weeks is truly an honour – and running the program in partnership with Mt Scopus was a fantastic collaboration," said program facilitator Cassie Barrett.



To express interest in the *Tuning In To Kids* program, phone 8517 5999 or email cbarrett@jewishcare.org.au.

Meet Jewish Care's *Residence Managers*



Jodie Cain
Residence Manager
Gary Smorgon House

Jodie joined Jewish Care in late July and brings more than 30 years' experience in acute and aged care nursing to Gary Smorgon House.

Prior to joining Jewish Care, Jodie worked at Japara Aged Care for seven years, first as a Home Manager and then as the Quality Business Partner overseeing all Japara's aged care homes in Melbourne and regional Victoria.

As Residence Manager, Jodie is looking forward to working with all the staff, elders and families to continue to strengthen the clinical governance oversight, care management and compliance across the home.

Meeting and getting to know the elders and staff is Jodie's top priority in her first few weeks at Gary Smorgon House.

Jodie shared with us that what drives her every day is her commitment to fulfilling her personal mission, which is to "make a difference to everyone I come into contact with. Jewish Care has been incredibly welcoming and supportive."

Jodie loves animals and is looking forward to meeting our volunteers who visit our homes with their pets.



Louise Temminghoff
Residence Manager
Residential Home Windsor

Louise is another recent Jewish Care hire, having joined us in June 2022. Louise brings more than 15 years of aged care nursing and education experience to Residential Home Windsor.

Prior to joining Jewish Care, Louise worked at Arcare for nine years. She managed Arcare Carnegie and Caulfield and was responsible for commissioning two new homes for Arcare. Louise's passion for operationalising new homes cannot be underestimated and her enthusiastic approach is definitely appreciated by all who meet her.

Louise shared with us that what brought her to Jewish Care was the opportunity to contribute to a not-for-profit organisation. "My personal mission is to bring all my previous skills, knowledge and enthusiasm to Jewish Care with a fresh set of eyes. Jewish Care staff have been welcoming."

Working with the elders and getting to know all the staff and families has been top of Louise's agenda since starting with us and she has learnt an enormous amount about Jewish culture in her short time with us.

Louise has a young family who keep her busy outside of work and she is looking forward to introducing her children to everyone at Residential Home Windsor in the future.



Marcelle Arcangel,
Acting Residence Manager
Residential Home Carnegie

Marcelle joined Jewish Care in 2021 as the Clinical Support Manager at Carnegie and earlier this year commenced as the Acting Residence Manager.

Originally from the Philippines, Marcelle moved to Australia in 2014 and her first role was at Sapphire Care as a nurse. Marcelle has continued to progress her knowledge and experience across aged care and worked for both Blue Cross and Mecwacare as a Clinical Manager prior to coming to Jewish Care. She also studied a Bachelor of Business.

Marcelle shared with us that what she has enjoyed most about working with us is that "everyone has been so welcoming."

Marcelle is very committed to increasing her knowledge and grabbing any opportunity to expand her experience. The balance of a Bachelor of Business and nursing enables Marcelle to offer a broad range of skills to Jewish Care and we are definitely the beneficiaries.

Marcelle's unique mix of Filipino, Japanese and Spanish ancestry definitely contributes to fantastic conversations with the elders who enjoy unravelling her family tree and sharing history.

Marcelle also has a young family who keep her on her toes outside of work too.

Volunteers: Out and about

Jewish Care volunteers are exceptional. They significantly improve the lives of many in our community.

The list of contributions made by our volunteers is extensive. Our volunteers help with meal deliveries, visit and call isolated clients, mentor young people and help with administrative tasks. Some volunteers contribute their knowledge to committees, while others bring joy to elders in our residential aged care homes by playing music, running group activities, paying social visits and more.



Elder, Ruzi, wearing a scarf provided by volunteer group Joining Threads



Elders, Barbara and Paul painting wooden fruit handcrafted by volunteer Martin



Volunteer group Abby's army visiting elders at RHC



Volunteer Judy and her dog, Snowy, visiting elders at RHC

Meet our volunteers

Why did you decide to become a volunteer at Jewish Care?



"Because, I wanted to give back to the Jewish community. Especially since it was a Jewish organisation which provided much needed support to our family, when we left Ukraine as refugees 30 years ago." – **Mikhail**



"I needed something to do during the school holidays so I decided to try volunteering and my mother suggested Jewish Care as the place to go to give back to the community." – **Jacob**

What impact has your volunteering had on others?



"I feel that the variety of music that I play brings memories back to the elders. I see their reactions to the various rhythms. Some sing, some get up and dance and for some it's emotional." – **Raymond**



"The positive benefits I see in the elders and the thrill I get out of giving and helping others. My volunteering is always appreciated by everyone. I love receiving photos of the paintings that the elders have done – the joy in their faces is the ultimate reward." – **Martin**



"Volunteering means making a difference to someone's life who is less fortunate than me." – **Helen**

Current Volunteering Opportunities

- **Volunteers to help run group activities**
Board games, backgammon, cooking, knitting, dancing, gardening, sing-a-longs and arts and crafts
- **English and Russian speaking volunteers**
Visit an elder to provide companionship
- **Volunteers to help in Residential Home**
Carnegie's Greg & Anne Rosshandler Cafe
Serve coffee and tea to our elders
- **Volunteer with your pet**
Visit elders with your dog, rabbit or guinea pig.



How to Apply – If you are interested in any of the above roles, please contact Anatie at alivnat@jewishcare.org.au to find out more.

Rabbi Ralph's *Rosh Hashanah message*



Each year in the lead-up to Rosh Hashanah we start to sound the shofar, the ram's horn at our morning services. Every morning during the month of Elul, the month preceding Rosh Hashanah, we blow the basic notes: tekiah, shevarim, teruah.

Each morning those ancient eerie notes hover in the air and we hope their tremulous tones will enter into our hearts, pierce our habitual apathy, assail our indifference and make a small difference to the way we go about our business of living.

In this sense, the shofar is intensely personal, a *cri de coeur*, a cry to take time out to look at our lives, to consider our achievements and to reflect on our relationships. To think not only what I am going to live from in the coming year but also what am I going to live for. A consciousness and mindfulness that has hopefully been heightened and sharpened over this long and ongoing COVID period.

The shofar is also a public call to us: a type of town crier, a reminder to look at our communal priorities. In rabbinic thinking, the shofar is even more than this. It is nothing less than a clarion call, a challenge to take action; it was blasted at wartime and it will be blown to herald a messianic and more harmonious age for the world.

One day at Shacharit (morning prayer service), a few years ago as we readied to blow the shofar, I went to my office to collect it. I had always kept it on my bookshelf but that day it was missing. Was it a case of things being hidden in plain sight? Did someone borrow it? Or did I misplace it inadvertently? Perhaps it was taken by some disgruntled cleaner as a memento. Nonetheless, with no time to waste and no shofar in sight, one of the participants took out his phone and downloaded the sounds of the shofar: tekiah, shevarim, teruah!

The experience made me think about the objects and the people we take for granted – the assumptions that they will always be there for us and how one day we will reach for them, only to find them absent. It happens often during that first year of mourning when out of habit, we begin to call our deceased loved one to talk on the phone. We need to look after our cherished relationships (and our precious things); we need to keep our eyes on what really counts.

If this applies on a personal level, it is certainly also relevant to our communal and global concerns. We are living in dangerous and difficult times with demagoguery replacing diplomacy, with terror on the streets of so many cities across the world and fear and anxiety in too many hearts. At times like this, we need to be vigilant in protecting our democratic institutions and cherished values and ensuring that we look after people and look out for the things that matter.

This is a critical part of our mission at Jewish Care and fundamental for our Jewish Life team. It's embodied in our values; it's exemplified in our practice – respect, community, inclusion and social responsibility.

I will do another search for my shofar and whether or not I find it, I am planning to be more conscious and aware of those around me. I will not take them for granted. I will let those piercing shofar sounds awaken my soul and prod me into becoming a better version of myself.

Shanah Tovah to you and your families, *Ketivah VeChatimah Tovah*

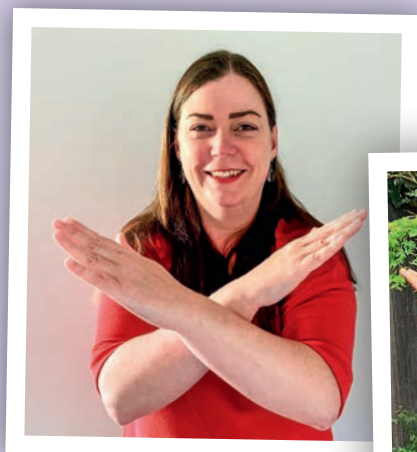
Rabbi Ralph Genende OAM



Rabbi Ralph Genende OAM



This article is adapted from Rabbi Ralph's debut book – *Living in an Upside Down World* launched at Jewish Care. Available at Golds World of Judaica in Balaclava, the Avenue Bookstore in Elsternwick or online at shop.retrospect.agency



Diversity & Inclusion Update

Jewish Care acknowledges that there is embedded prejudice and discrimination against members of many groups within Australian society who, similar to the Jewish experience have suffered atrocities, persecution, marginalisation and dislocation.

Our four organisational values – Derech erez (Respect), Kehilla (Community), Hachlala (Inclusion), and Achrayoot chevratit (Social Responsibility) – guide us in how we think about the community we serve.

Our values have a strong influence on how and what we do and resonate deeply as we continue our work to create a diverse and inclusive organisation, where diversity is celebrated and all people are warmly welcomed.

We are delighted to share some of our diversity and inclusion highlights during the year.

International Women's Day: 8 March

International Women's Day provides an opportunity to recognise and celebrate the social, economic, cultural and political achievements of all women. The theme this year was to #BreakTheBias and we are very proud of the strong representation of women at Jewish Care, where 42% of our Board, 50% of our Executive team and 72% of our workforce are women. Our Board, Executive and staff celebrated by striking the #BreakTheBias pose to show their support.

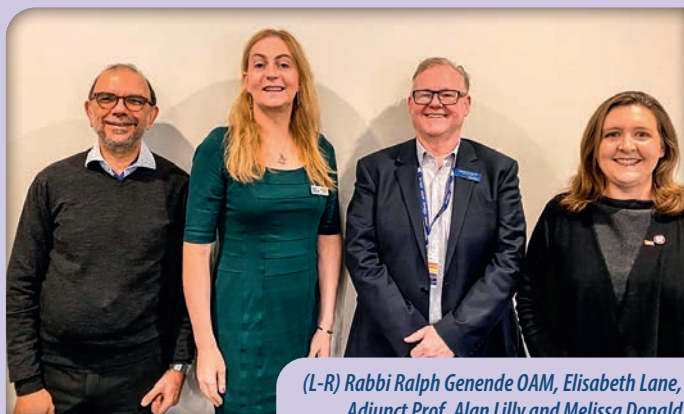
Harmony Day: 21 March

Harmony Day celebrates that Australia is one of the most culturally diverse countries in the world and provides an opportunity to mark a day of cultural respect for everyone who calls Australia home – from the traditional owners of the land to those who have come from many countries around the world.

Our close relationship with the Victorian Multicultural Commission continues and we were thrilled that Chairperson Vivienne (Viv) Nguyen AM, and Deputy Chairperson Bwe Thay took the time to share personalised video messages for everyone at Jewish Care about inclusion and the pandemic impact on multicultural and multifaith communities. Our teams also got into the spirit of Harmony Day by holding team events, trying different cultural foods and sharing stories about their backgrounds.

IDAHOBIT (International Day Against Homophobia, Transphobia and Biphobia): 17 May

IDAHOBIT celebrates LGBTI+ people globally and raises awareness for the work still needed to combat discrimination. Jewish Care celebrated by holding a learning lunch, where staff heard from guest speaker Elisabeth Lane from Pride in Diversity, who shared some of the barriers LGBTI+ people face at work and accessing services. She shared some of her LGBTI+ experiences and recommendations on how we all can be LGBTI+ allies.



(L-R) Rabbi Ralph Genende OAM, Elisabeth Lane, Adjunct Prof. Alan Lilly and Melissa Donald

NAIDOC (National Aboriginal and Islanders Day Observance Committee) Week: 3 – 11 July

NAIDOC week events are held annually to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Our staff completed Reconciliation Australia's Share our Pride learning to create a greater awareness of the vast history and cultural heritage of Aboriginal and Torres Strait Islander peoples.

Many of our elders also celebrated NAIDOC week by immersing themselves in Aboriginal and Torres Strait Islander culture by learning First Nations symbols and language and creating art and traditional dance.

Rosh Hashanah 2022 Appeal

Many individuals and families find themselves in situations they could never have foreseen. For many, including those who have never sought help before, Jewish Care has been the only place they could turn to.

"We received nearly 20% more calls in the first six months of this year than in the same period in 2021. This is putting an enormous strain on our services that receive little or no government funding," says Marilyn Kraner, Divisional Manager, Individual & Family Services at Jewish Care.

One of the calls we received this year was from Sarah.* Sarah arrived in Australia with her parents as a young girl in the 1970s. She later went on to marry and had two daughters.

In 2012, she followed her passion and opened a shop. However, as with many small businesses, COVID-19 saw the closure of Sarah's shop.

"Suddenly my income diminished and with it my self-esteem. Before COVID-19, I thought I was invincible but suddenly I was thrown into a spiral of despair. I had to move my daughters out of our home into a cheaper rental and this was a huge disruption to our lives."

Unfortunately, Sarah's marriage broke down and she was left as a solo parent to care for her two daughters and her ageing parents.

Sensing her mother's financial and mental health struggles, Sarah's daughters suggested she contact Jewish Care for assistance.

To help her long term prospects, Jewish Care's Employment Centre provided Sarah with support and guidance in seeking employment.

"With assistance from the team, I was able to develop a new resume, highlight my skills in retail and encouraged to think about using my skills in a new direction such as a teaching aide. Over the next few weeks my self-esteem grew and most importantly, the trust and respect from my daughters was regained."

Within six months Sarah was offered a new job, and is now working as a Retail State Manager overseeing 12 retail sites.

"My life has completely turned around and if by telling my story I can help others, I would be thrilled."

For people like Sarah, your gift has the capacity to change lives – those in serious need in our community continue to depend on you, now more than ever.

You can make a real difference.

"On Rosh Hashanah and Yom Kippur, in one of the most famous of our prayers, the Unetaneh Tokef, we think about what we can do to improve ourselves, better our relationship to God and the culminating act of growth which is to give to others," says Rabbi Ralph Genende OAM, General Manager Jewish Life.

Wishing you a Shana Tova. May we all keep healthy and be blessed with a sweet new year.

"It was the hardest call I had to make, but I'm so thankful I did. I was immediately greeted with a friendly voice and for the first time in a long time, I felt hopeful. My biggest regret is not contacting Jewish Care sooner."

Sarah was referred to a financial adviser to assist with drawing up a budget and navigating outstanding bills and debts.

Adding to Sarah's fragile mental state, her psychiatrist was in the process of closing their practice. Jewish Care's social worker assisted her to look for alternative clinical support and provided emotional support in the interim.

Sarah also received financial aid to assist with rent so she could remain in her current property whilst she sought more affordable housing. She was soon able to find an alternative property which increased her housing and financial security.

Donate now to help make a sweet new year for someone in serious need this Rosh Hashanah. Your gift could help those in our community at risk of homelessness, experiencing domestic violence, facing challenging times and financial hardship.

To make a donation to Jewish Care's Rosh Hashanah Appeal visit jewishcare.org.au/RH2022, complete the enclosed donation coupon and return in the reply paid envelope, scan the QR code or call 1800 539 474.

**Names and image have been changed to protect client privacy.*



Rosh Hashanah is a time of reflection not only about our own goals and aspirations but also the needs and dreams of others.

There has never been a more important time to help make this new year a sweeter one for those in serious need.

5 easy ways to donate ...

MAIL

Complete the enclosed donation coupon and return in the reply paid envelope

DIRECT DEPOSIT

Please include this reference in your payment:

RH2022 Appeal

BSB: 013-423 A/C: 836 062 666

A/C Name: Jewish Care (Vic) Inc



Use your phone to scan this QR code

ONLINE

www.jewishcare.org.au/RH2022

CALL

1800 539 474

Disability Services News

Jewish Care's Disability Services have always focused on supporting people with disabilities to live an independent and empowered life. We are well known for providing National Disability Insurance Scheme (NDIS) supports.

A lesser known and equally important focus is to support people with disabilities, carers and families with information and resources to empower and enhance their everyday lives.

Our Planning and Carer Support team have held events including estate planning, open employment and NDIS training sessions. These events featured key experts and were popular with clients, carers, families and members of our professional network who were looking for information about often complex topics delivered in a simple format.

In January 2020, we broadened our reach by establishing a bi-monthly newsletter. Our newsletter seeks to provide updates on all things in the disability sector and the NDIS but also features other information that might be relevant to people with a disability and their families or carers such as the Victorian State Disability Plan. The newsletter provides disability resources, new assistive technology items and new disability specific programs. We also feature events that are happening in Melbourne that are interesting, accessible or have reduced sensory stimulus options.

The newsletter aims to foster inclusion within the Jewish community and promote activities, events or resources that are



happening in the community to encourage people with a disability to attend.



To receive a copy of the newsletter please email dsplanning@jewishcare.org.au



Enjoy a change of scene, learn something new and meet new people



Jewish Care's Active Living Centres in Windsor and Caulfield are vibrant, bustling, light-filled spaces that offer a range of programs to support seniors living independently.

Our Social Support Groups have been running for over 15 years and are facilitated by our highly experienced staff.

- We enable you to keep connected with the community, enjoy a day in a Jewish environment and learn new skills
- We provide a safe space where you can converse about the important things in your life
- We strive to create a warm, welcoming environment that alleviates isolation and loneliness
- Social Support Groups run from 9am – 3pm Monday to Friday and we can arrange transport to and from our Active Living Centres.

For more information, contact ☎ (03) 8517 5775 🌐 www.jewishcare.org.au/alc

Share your *Simcha*



Judd Simon



Noa Shiffman & Layla Field



Kim and Joel Jaffa



Ruth Oviss

We are extremely grateful to the following supporters for requesting donations to Jewish Care in lieu of gifts to mark their special occasions:

Bar Mitzvah

Judd Simon

8th Birthday

Noa Shiffman

9th Birthday

Layla Field

60th Birthday

Kim and Joel Jaffa

90th Birthday

Ruth Oviss



To share your simcha, please contact our Community Team on 8517 5963 or lshostak@jewishcare.org.au

B'nei Mitzvah Double Your Impact Morning



A B'nei Mitzvah Double Your Impact Morning was held before Pesach at Residential Home Windsor. All funds donated to Jewish Care for Bar/Bat Mitzvahs are matched dollar for dollar by the Sunraysia Foundation to double the impact. Participants attended a morning session which included an hour of volunteering with our elders.

Participants and their parents heard from Jewish Care leaders including a representative from our Individual & Family Services team to learn more about the social justice programs and how their donation makes a difference to the community. Each participant was presented with a unique "My Tzedakah Journey Starts Here" folder to inspire and record their future community giving. A tour of the Windsor building was also conducted.

Next Gen dinner

Eden and Rihanna Raleigh generously hosted a Next Gen dinner in their home. Guests heard from a representative from our Individual & Family Services team about the important services we provide to those in need. Everyone was so happy to be out and about again and supporting our community. It was a very enjoyable and successful evening, raising funds towards our 2022 Community Appeal.



(L – R): Karina Shpigel, Shelley Kline, Louise Shostak, Next Gen Manager



Rihanna and Eden Raleigh



(L – R): Danny Benjamin, Gabi Crafti, Jonty Rzechta, Dionne Rzechta

PHOTO Gallery

Like us on Facebook to see more photos of events and activities around Jewish Care – facebook.com/jewishcarevictoria

Anne & Eric Smorgon Active Living Centre Italian Lunch



All Things Equal Opening



Annual Dinner



National Volunteer Week Morning Tea





5 Minutes with Adjunct Professor John Zelcer

How did you first get involved with Jewish Care?

Based on my expertise and experience as a medical practitioner, patient safety advocate, information technology expert and roles on healthcare boards, I was invited to join the Quality and Service Review Subcommittee of the board by Prof. Sharon Goldfeld.

What is most rewarding about being part of Jewish Care?

Being part of an amazing organisation, extended team and network of volunteers who are highly capable, values driven and committed to doing the very best they can to support the needs of our aged care, disability care and other individual and family needs.

As a Board member, what are your immediate goals for Jewish Care?

To contribute to the work of continually improving the most vital governance and management responsibilities of the organisation, especially for the quality of care of all our frontline services.

What are you most passionate about?

Supporting and mentoring leaders at all levels of organisations to help them to be their most effective, fulfilled and impactful in their roles and in their own lives.

What is your favourite Jewish festival?

Pesach, because it is the time of the year when all generations of the family shares in experiencing and celebrating one of the most remarkable stories of Jewish history. The food is a bonus!

How do you spend your free time?

Reading voraciously, spending time with family (especially my grandchildren), meeting friends over excellent coffees and camping in many remarkable locations anywhere in this breathtaking country.

B'NEI MITZVAH
בני מצוה



Your T'zedakah journey starts **HERE!**

Becoming a young adult includes taking on the responsibility of giving back to your community.

You can **double your community impact** by donating to Jewish Care on the occasion of your Bar/Bat Mitzvah. All funds raised by participants are **matched dollar for dollar by the Sunraysia Foundation.**

Your mitzvah also includes two hours of volunteering with Jewish Care. This is **an invaluable experience** as you start your T'zedakah journey.

Together, we can make a real difference.

NextGen
JewishCare
Strength in Community

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