

MY Connection

Issue 2 Spring 2017/ Tishrei 5778

Enriching
Lives
Together

"Without a sense of caring, there can be no sense of community." ~ Anthony J D'Angelo



Bill Appleby, CEO



Mike Debinski,
President

Enriching Lives Together

The title of this issue, 'Enriching Lives Together' perfectly refers to the decades of dedicated volunteering from sisters Rosalie Silverstein OAM and Delysia Pahoff OAM, who are featured on our cover. Equally, every article you will read inside these pages highlights the work we do as a community, together, to enrich and enhance the lives of people in need.

Jewish Care's focus has always been to support and enhance the wellbeing of the Victorian Jewish community. Thousands of community members over the years have played their part in this work. It says a great deal about the character of an organisation which not only looks forward with vision and clarity but also pauses to reflect and appreciate those who have laid the foundations for our success.

During August, we paused. We took time to host a special gathering that celebrated and recognised the valuable work of our past Presidents, Board members and Life Governors. Each person present played an important role in the history of this organisation guiding us along the path we are walking today.

We are proud to be part of Jewish Care, whose values of family, respect, kindness and charity have been a constant. We see these values demonstrated every day in life-changing services to more than 5,000 people in need in our community every year.

Speaking of community support, the 2017 Annual Appeal concluded on 30 June and was a resounding success! Thank you all for your generosity and spirit displayed throughout the Appeal. The \$3.2 million raised will help others live a better and happier life. We will continue to innovate and transform our services and facilities to deliver best-in-class programs and services.

Current examples of how we are transforming our service delivery can be witnessed with the construction of the Hannah & Daryl Cohen Family Building - a leading-edge senior living and community centre on St Kilda Road, and other major building projects which form part of our 'Growing. For Our Community' Campaign; the innovative Coppel & Piekarski Disability Respite Centre and our new Hand-in-Hand™ model of care. These transformations are turning Jewish Care from a provider of necessity to a provider of choice, through the delivery of the highest quality of care, coupled with real choices and real options. In addition, aligning our disability services to the NDIS as early as possible has been fundamental in offering innovative and quality support services to our disability clients and families. Our commitment to community binds us together during these periods of change. From the youngest donor to long-time dedicated volunteers, you all help in meaningful ways and engage others to join our efforts to make Jewish Care stronger and more responsive to the needs of others. We are grateful for your support.

At this special time of year, we must remember those who are facing challenges in our community and in need of Jewish Care's services. Please consider a donation to our 2017 Rosh Hashana Appeal. With your support, you can make the New Year a sweet one for everyone.

Wishing you and your loved ones a Shana Tova!

Bill Appleby
Chief Executive Officer

Mike Debinski
President

I have been a volunteer for over 20 years, coming each Friday morning to 'light candles' and sing for the residents in the Smorgon wing. I have been very impressed with Razimiera's services. I have watched her cut hair, polish nails and use hand creams. She serves morning tea in floral china teacups – making them feel special and she treats them kindly with respect. She is to be commended!

~A volunteer

What an incredible Purim party and atmosphere! The rabbi's beautiful reading of the megillah, Vesa on piano and melodic singing, it was all delightful. Every detail was cared for from seating to music and refreshments. My mother couldn't stop singing. It was an overwhelming effort by all including nurses, carers and staff.

Good on you Gary Smorgon House for the amazing care of our loved ones.

~Beverley et al

We are very happy with the activities provided by Jewish Care. The team should be complimented for their exceptional efforts in arranging various activities for our mother such as trips to the beach, McKinnon Cultural Centre and exercises. These bring lots of joy to our mother and are appreciated by the family. Thank you!

~Family members



Share your feedback about our services by emailing yoursay@jewishcare.org.au

2017 Jewish Care AGM

Date: Wednesday 22 November

Time: 6.00pm – 8.30pm

Venue: Glen Eira Town Hall Auditorium
Cnr Glen Eira and Hawthorn Roads, Caulfield

Please register your attendance online at jewishcare.org.au/2017agm

Front cover:

Rosalie Silverstein OAM (right) and Delysia Pahoff OAM at the Posh Opp Shoppe in Elsternwick





A home-grown drumming performance of Young Achievers program participants, Montefiore Homes residents and Manders Villas residents



The Australian and Israeli anthems sung by Moshe Fried and Shannyn Gelbart, accompanied by Chazan Dov Farkas on the piano



A packed room of 400 supporters at the Annual Appeal Dinner



David Slade, urging the younger generation to continue the tradition of giving

Drumming for Success

Jewish Care's Annual Appeal Dinner held on 22 May 2017 was a spectacular night with over 400 people gathering at Leonda by the Yarra to support our valuable work for the community.

This year's dinner was a culmination of many events. Major donor dinners were held from February to May, followed by a series of telethons. In June, we held our first appeal luncheon, making it a fantastic engagement opportunity for older community members. All these events contributed towards raising \$3.2 million, exceeding the Annual Appeal target by \$200,000.

Jewish Care President, Mike Debinski said: "With your support, we will provide programs vital for many people in our community, helping

them to maintain their dignity and independence."

Guest speaker, Sandi Gabriel explained that her daughter, Samantha, is a recipient of Jewish Care Respite services and her family has been supported through other services for almost 20 years. "Jewish Care has positively changed the lives of all of my family members, and that could not have happened without the community's support."

This year's event was filled with heartfelt personal stories and musical entertainment from 'home-grown' talent from aged care residents and staff, disability services clients and participants from our Young Achievers Program.

We thank our sponsors for playing a vital part during the Annual Appeal. Your support of Jewish Care is sincerely appreciated.

Platinum Sponsors

Kay & Burton | Gary Peer | JB Were
Scott Winton

Gold Sponsors

Newmark Capital | Teska & Carson
Lowe Lippmann | Guests Accounting
James Richardson Furniture | Qualitas
Mattress & Pillow Science | SEEK
Wingate



To make a donation, visit jewishcare.org.au/donate or call 1800 JEWISH (1800 539 474) or complete the coupon on the back page.

Make the New Year Sweeter for All

As we dip apples in honey this Rosh Hashana with family and friends, let's not forget about the thousands of people in our community who are going through difficult times.

Jewish Care is the first point of contact for Jewish people in need and as a community, we must stand together to help each other. Please give generously at this special time of year by donating online to Jewish Care's 2017 Rosh Hashana Appeal at jewishcare.org.au/donate or by calling 1800 539 474 or by mailing the coupon on the back page.



From left to right: Mike Debinski, President Jewish Care; Jeffrey Appel OAM, Co-Vice President Jewish Care; Nick Pavlovic, Victoria State Manager, Watpac Construction; Jason Prentice, Commercial Manager, Watpac Construction

Preliminary Works Begin at St Kilda Road

Jewish Care and Watpac Limited signed an \$85 million construction contract in June to commence work on the St Kilda Road Senior Living and Community Precinct.

The 9-storey building will be named the Hannah & Daryl Cohen Family Building, in honour of the late Daryl Cohen, and will be located on the Punt Road side of the current Montefiore Homes site. This crown parcel of land occupied by Jewish Care since 1848, was successfully acquired from the Victorian State Government in 2016.

This exciting development will house seven levels for residential aged care

accommodation and two levels offering essential community, allied health and medical services, a synagogue, gallery, as well as light retail spaces.

Bill Appleby, Jewish Care CEO says he was delighted after years of planning and negotiation that this state-of-the-art project will commence. "This has been such an amazing collaborative effort by so many people over so many years. To see it finally come out of the ground will bring so much pride to the entire Jewish community."

The first stage of preparing the St Kilda Road site for construction is underway with the relocation of the kitchen

and cafe, and a new link to ensure continuity of meals for residents of Smorgon Family Nursing Home and Montefiore Homes Community Residence, whilst decommissioning the Slutzkin Wing. Once these alterations are in full operation and able to provide a seamless service, construction of the new facility will commence.

The Hannah & Daryl Cohen Family Building is expected to be completed mid-2019.



To find out more about Jewish Care's Capital Campaign, please contact (03) 8517 5999, visit jewishcare.org.au/growing or email info@jewishcare.org.au

Partnering for Better Family Outcomes



From left to right: Nussen Ainsworth, Lisa Zeleznikow, Marilyn Kraner, Melinda Kidgell, Tayce Ross

Jewish Care's Individual and Family Support Service entered into a partnership with the Jewish Mediation Centre to offer family dispute resolution for individuals and families.

This partnership will further strengthen the work we do in response to individuals and families experiencing family and parenting difficulties including counselling, financial support, housing, access to pro-bono legal advice, difficult court processes and social work services.



Residents of Montefiore Homes Community Residence together with tech helpers celebrating the end of a successful program



Resident, Paul D'ornay's portrait taken at the end of the Tech, Tea & Tales program

Stories Told, Friendships Made

The Tech, Tea & Tales program saw its completion in May, having documented personal stories of our residents and training them to use technology more often to communicate with family and friends.

At the end of the 6-week program, each resident received a stunning black

and white photographic portrait of themselves and a video of their personal story recorded during the program.

They also formed new friendships across generations and shared their experiences with Tech & Story helpers, making the opportunity both stimulating and enjoyable.

Jewish Care thanks everyone involved in this program, especially StoryPod and Lively for the groundbreaking concept.

Take a few moments to go to our Facebook page and look at some of the magnificent portraits taken by Riley, one of the Tech & Story helpers.

Parenting Forums Attract Large Crowds

Our popular Parenting Forums have continued to gather momentum. Featuring expert speakers, these sessions are an instant hit amongst parents who are looking for guidance to help support their children to grow into happy and healthy adults. Three prominent guest speakers have taken to the stage in recent months to present on a variety of topics related to youth mental health and wellbeing.

Earlier this year best-selling author, speaker and Forbes columnist Margie Warrell presented on the topic of 'Girl Power', sharing inspiring tips and insights to help close the confidence gap for girls and encourage young women to chase their dreams.

Soon to follow was Dr Michael Carr-Gregg, renowned psychologist, author and



Dr Michael Carr-Gregg and Cassandra Barrett of Jewish Care at the Parenting Forum on '6 Steps to Family Peace'

Family Peace Foundation board member. '6 Steps to Family Peace' drew a record-breaking crowd of over 150 parents who learned how to use a range of tools and rituals to help strengthen families.

The most recent forum, 'Let's Talk About Sex', was presented by Margie Buttriss, founder and director of HUSHeducation. This session answered a range of common questions about bodies, boundaries, sex and relationships to

help parents navigate this sometimes-awkward topic with confidence.

As well as informative and educational, our forums are entertaining, and a great way to get out and meet like-minded parents!



To attend a forum or be added to the Parenting Forum mailing list, please contact Cassandra Barrett on cbarrett@jewishcare.org.au or phone 8517 5908.



Mia with her mother Simone receiving a certificate from CEO Bill Appleby

Mia Donates to Jewish Care on Her Birthday

Mia Singer's kind gesture to donate to Social Housing on her ninth birthday was greatly appreciated by Jewish Care. Mia was inspired to help others in the community after completing a topic at school on wants and needs.

We share this letter with you to show that making a positive impact on our community can begin at any age.

May her mitzvah inspire others!

At my school our unit has been NEEDS and WANTS. We have been learning the differences between needs and wants and how needs can be met in different ways. Like for example, a need is something that you can't live without where as, a want is something that you can live without. Like saying, compare a toy to clean air, clean water, shelter, food and so on. You can definitely live without a toy but you definitely can't live without the other things.

It was just before my 9th birthday when my mum was asking me what presents I wanted. I was thinking and thinking. I couldn't think. I went blank! But then, I got it!

I should donate money to people who don't have homes. After all, I've been learning about it at school and I really wanted to do something about it.

So Mum said that we could donate money to Jewish Care. About ten days after my birthday, my mum and I went to Jewish Care to give the money.

I got shown around Jewish Care with this amazing lady, Emma and amazing man, Bill. They showed me the art studio, the gym, where all the residents eat, the games that the residents play and a lot more. I really loved meeting all the people there. They were very nice indeed! They also looked very happy!

Jewish Care is a place where they help people who don't have homes and people who need help in their lives. There are over 100 people who are living at Jewish Care.

After meeting all the residents there and learning about Jewish Care, I have realised that I am making a very big difference in the world.

Senator Visits Jewish Care

Senator Hellen Polley, the Federal Shadow Assistant Minister for Ageing, made a visit in June to Jewish Care and met with Bill Appleby CEO, Hugh Cattermole Chief Operating Officer and Stephen Thomas, General Manager Innovation and Quality.

During the meeting the Senator was briefed on our transformational Capital Campaign and innovative changes to the model of care and support. It was also a valuable opportunity to discuss with the Senator our insights and observations of how the industry is responding to the national reform agenda and the areas where we feel government should focus its attention. Overall, the Senator was excited about Jewish Care's plans for the future.



From left to right: Jewish Care's senior executives seen with Senator Hellen Polley during her visit to Jewish Care



From left to right: Guest speaker Martine Harte, Delysia Pahoff OAM and CEO Bill Appleby at the Friends of Montefiore Brunch

Engaging Women at Friends of Montefiore Brunch

Martine Harte was the guest speaker at the 34th Annual Friends of Montefiore Brunch, held at Leonda by the Yarra, Hawthorn.

Sponsored by the Pratt Foundation, the annual event raised more than \$80,000 which will contribute towards new services that will enhance the lives of aged care residents of Gary Smorgon House who live with dementia.

Martine Harte was a senior journalist for Network Ten in 2005, where her coverage of the Bali 9 arrests earned her a Gold Quill Award for excellence in journalism and a Logie award nomination. She is the founder of the website and blog 'Engaging Women'.

Ms Harte said: "I encourage more women – YOU – to put your hand up... to tell stories and to challenge the dominant norm. The absence of women's voices means a narrow perspective and undermines our power. Silence means everything stays the same."

Gaining a Real World Perspective

In enabling a nurturing environment for young graduates and to make them job-ready, Jewish Care embarked on its first Internship program in 2017, and inducted 3 talented and creative young people. Over 6-weeks, each intern was tasked with a project and exposed to various facets of Jewish Care giving them a real world perspective into working in a Not-For-Profit organisation.

We are delighted to announce that one of the interns, Rachel Fuchs, has joined Jewish Care as a Jewish Life Programs Coordinator, following the successful completion of the Internship program.

Here are their reflections of the Internship program:



EDDEN YEMINI, 23

"For me, as an animator, the program was a huge learning experience. It was the first time I was exposed to a NFP organisation and it really opened up my eyes to the amount of amazing philanthropic work going on in our community.

This was an irreplaceable experience, where I got to network with some amazing people, expand my horizons and test my creativity in new ways. I would highly recommend this program to any one that is graduating and looking for invaluable work experiences to help support their professional development."



RACHEL FUCHS, 25

"I was taken aback by the multitude of work that goes on within one building; from aged care, to financial services, mental health services, family support, housing support, disability support and various other forms of care. In addition, the various facilities available to those in our community expedited by Jewish Care reflect the generosity and

dedication of both our employees and our donors. Moreover, I have been inspired by the goal of Jewish Care to assist each individual with their needs – simple or multifaceted. I have also been positively surprised by the office environment and 'teamwork' attitude in Jewish Care. The environment is warm, welcoming and shows a strong sense of family.

I am both proud and grateful to have been able to contribute to an organisation such as Jewish Care."



OREN SMITH, 25

"I had the opportunity to network with dedicated professionals who were always more than willing to share the experiences with me. The Internship provided with many learning and development opportunities to help me grow professionally and personally.

To be part of a place which provides a holistic service, which caters to every need of the client, is something unique and a chance not to be missed."

We've Got the Registered Charity Tick of Approval

Jewish Care received the Registered Charity Tick of approval from the Australian Charities and Not-for-profits Commission (ACNC), indicating that we have met financial reporting and governance standards set by the regulator.

The Charity Tick assures the public that charity organisations are transparent and accountable, and helps to identify a registered charity such as Jewish Care, when decisions are made about donating.



We are NDIS Ready

Following the accreditation of Jewish Care as a National Disability Insurance Scheme (NDIS) Registered Provider, we have had 9 successful clients enrolled to The Coppel Piekarski Family Disability Respite Centre and in our Daily Living Supports program.

To lead the transition of all eligible current and future Jewish Care clients and their carers into the NDIS, and align our current services to relevant NDIS service types, a new Planning and Carer Support position was introduced recently. Through this appointment, we aim to make the transition to NDIS less complicated and easier to navigate for our clients, and more accessible for others seeking disability services in the community.



For more information on NDIS services, please call our Front Door on 8517 5999 or email us at info@jewishcare.org.au



Special guests Jeffrey Appel OAM (second from left), Rodney Horin (fourth from left) and John Rawling (second from right) with Jewish Care staff

Transitioning into Aged Care Made Easier

Transitioning into aged care is not only an emotional decision but also financial. Having the right financial and legal advice and understanding how best to fund a move into aged care can help reduce stress and uncertainty.

Special guests Jeffrey Appel OAM, Rodney Horin and John Rawling presented to an engaged audience on how to financially prepare for residential aged care and in-home care. They discussed the importance of documenting and communicating individual wishes regarding treatment, life and end-of-life care.

Tell Us What You Think

In this issue of My Connection, we enclosed our Supporter Survey which includes questions to help us understand how we can communicate with you better.

Complete the survey and be eligible for our prize draw, generously sponsored by our business partners, Classic Cinemas, St Johns Gifts and Kraus Foods.



The survey can also be completed online at www.surveymonkey.com/r/supportersurvey2017



Jay and Shira Ruderman Visit Jewish Care

For two days in August, Jewish Care and the Australian Jewish Funders were pleased to host Jay and Shira Ruderman of the Ruderman Family Foundation, a leading voice for disability rights and an innovator in strategic approaches to philanthropy.

During their visit to the Coppel & Piekarski Family Disability Respite Centre, they spoke to leaders from other Jewish community organisations on how Jewish values guide philanthropy and partnerships. They were also taken on a tour of the Centre before networking with local disability community leaders and groups to learn, exchange ideas and further collaborate together.



Jay & Shira Ruderman with Bill Appleby hosting the community event



Bill giving Jay Ruderman and family a tour of the Coppel & Piekarski Family Disability Respite Centre

Book Launch at Gary Smorgon House

Gary Smorgon House hosted the launch of a new book 'Make Mine a Mensch' by Talli Kimmelman, daughter of one of our residents in June this year.

The book launch held in honour of her parents, Rabbi Yekutiel and Tikvah Broh (z'l), is about creating momentum for a movement, which recognises that "our children are our future" and nothing is of greater importance than raising a mensch – a happy, well-adjusted resilient child. One who possesses a strong self-identity, and who respects not only himself and others, but most essentially his parents – something so sadly missing today.

Tikvah Broh, sadly passed away in August 2017. She was much loved by everyone at Gary Smorgon House and well respected in the community.

In memory of Tikvah, a special musical performance was held at Gary Smorgon House by world renowned pianist, Menachem Bristowski. The event was organised by Avi Kimmelman, Tikvah's grandson.



Talli Kimmelman with her mother Tikva Broh (z'l) at the book launch of Make Mine a Mensch



The award winning design – The Coppel & Piekarski Family Disability Respite Centre. Photo credit to John Gollings

Architectural Awards for Disability Respite Centre

The Coppel & Piekarski Family Disability Respite Centre embraces Jewish life, spirit and togetherness of our community. The architects, who were inspired by our community and model of care to design a building that was reflective of our Jewish culture and heritage, was recently awarded the highest accolade in the category of Commercial Architecture in Victoria, the Sir Osborne McCutcheon Award.

The award winning inspirational building

and model of care empowers clients of all ages to maximise independence and community participation within a responsive, sensitive, accessible and inclusive environment.

"I congratulate Jackson Clements Burrows Architects who were a pleasure to work with in the co-design of what is a really unique facility, that supports many families in our community to have a brighter future," Jewish Care CEO Bill Appleby said.

Jackson Clements Burrows Architects Director, Graham Burrows said: "I am delighted that the Disability Respite Centre received this award. It is a project that I am incredibly proud of and the outcome is testament to the hard work and dedication of all involved in the project.

The Coppel & Piekarski Family Disability Respite Centre also provides a combination of respite, support and community engagement services.

Jewish Care Recognised as Aged Care's Best

Jewish Care was awarded the highly regarded Better Practice Commendation Award on 17 August 2017 at the Better Practice Conference in Sydney, for its excellence in driving continuous improvement in the quality of care.

The Commendation Award received for Jewish Care's unique and innovative customer satisfaction survey methodology was developed four years ago. The survey methodology is used to obtain, understand and report on the client and resident experience of the various services Jewish Care provides. The innovative approach has been presented at a number of conferences and forums over the last 4 years, gaining interest from a range of organisations and peak bodies.

The Better Practice Awards recognises outstanding examples of high quality aged care initiatives across a broad spectrum of aged care services including environmental management/living



Better Practice Conference held in Sydney

environment, health and personal care, innovation, resident lifestyle, and staff development and retention.

There were 119 submissions for the award and 37 commendations were announced; Jewish Care being one of the winners. Also heartening is that Jewish Care was recognised in the Award Descriptors of Diversity, Consumer engagement and co-design, and Health & Wellbeing. We were 1 of 7 organisations nationally who won in the Diversity descriptor.



Making a Positive Impact Through Technology

Increasingly, Jewish Care uses digital marketing methods such as social media and video to connect with our supporters, donors and volunteers, and to keep them abreast of the most up-to-date information in real time. Videos, in particular, are used to create awareness on a variety of topics ranging from disability services and mental health to fundraising.

This year, our videos, which contained compelling stories about why we support our community and advocate for vulnerable groups were recognised with Gold, Silver and Bronze awards by various organisations. The list below highlights the awards won by Jewish Care in 2017 for excellence in all areas of video production.




HORIZON INTERACTIVE AWARDS

The Horizon Interactive Awards is an International competition that recognises, promotes and awards the best websites, videos, online advertising, print media and mobile applications.

-  **GOLD AWARD**
Short Film/Documentary for 'Reach Out Speak Out'
-  **SILVER AWARD**
Promotional Video for 'Imagine a World Doubled'



AUSTRALIAN VIDEO PRODUCERS ASSOCIATION

The Australian Video Producers Association is a non-profit organisation encouraging and promoting excellence in all areas of video. Their primary objectives include to encourage and promote excellence in all areas of video production.

-  **WINNER**
Online Commercial for 'Hand Up for a Home'
-  **FINALIST**
Testimonial Video for 'Reach Out Speak Out'
-  **FINALIST**
Corporate Video for 'The Butterfly Effect'

MUSE CREATIVE AWARDS

Muse Creative Awards is an international competition for creative professionals who possess the unique ability to inspire with a concept, idea or design - whether through traditional materials or electronic media.

-  **GOLD AWARD**
Non Profit/Religious - The Butterfly Effect
-  **GOLD AWARD**
Non Profit/Religious - Hand Up for a Home

PLEASE CHECK OUT OUR LATEST VIDEOS ON:



jewishcare.org.au



[@jewishcarevictoria](https://www.facebook.com/jewishcarevictoria)



[youtube.com/jewishcarevic](https://www.youtube.com/jewishcarevic)



Anne's Under the Spotlight

Anne Bernstein, 101-year-old resident of Gary Smorgon House was featured on the popular ABC TV series 'You Can't Ask That'.

The episode on 'Centenarians,' saw a range of people answer questions about their lives that are normally too awkward to ask. Anne was no amateur; she regaled the ABC TV crew with tales of her upbringing in London and moving to Australia, the best invention she's witnessed in her lifetime and everything in between.

All episodes were released on ABC2 and ABC iView. Last year, the series was hugely successful on iView, with over 1.6 million views, and was the second most-watched ABC program for the year.



Anne Bernstein at the ABC Studio, minutes before her interview

Our Centenarians

We are proud of our centenarians. Emil Roth celebrated his 100th birthday with family and friends at the Active Living Centre, a place he visits often.

We also had the pleasure of celebrating Rebecca Zylberman's 104th birthday before she passed away.



Emil with his family (left) and Rebecca (z'l) cutting her 104th birthday cake



Ludwik Herschtal (z'l) with wife Ruth and daughter Annette at Annette's wedding

Education Change Lives

Jewish Care recently received a gift of resource material for its Strengthening English course from the family of Ludwik Hershtal (z'l).

Jewish Care's Strengthening English Course plays a pivotal role in improving language skills, literacy skills and confidence, as participants learn to speak and listen more accurately.

Conversational skills, grammar and spelling are all integral parts of the course, and are delivered by professionals and volunteers who are passionate about serving the community.

Ludwik Hershtal (z'l) was one such exemplary volunteer who was passionate about causes. He devoted 20 years in his retirement teaching English to Russian immigrants at Jewish Care's Fulton

Street Community Housing, having experienced first-hand the challenges and struggles faced by newly arrived immigrants. He was a Polish immigrant who spent his war years in Russia.

His wife Ruth and daughter Annette recalls how he would spend hours in the library researching and preparing notes for his lessons. A touching video made for his 70th birthday expresses how his efforts were greatly appreciated by his students. Furthermore, Jewish Care's Volunteering Manager remembers Ludwik as a "lovely modest man, dedicated to the volunteering that he was doing, and passionate about helping migrants learn English".



For more information, please call us on 8517 5999 or email eec@jewishcare.org.au

An Extraordinary Gift

Delysia Pahaoff OAM and Rosalie Silverstein OAM are two extraordinary sisters. Together, they have contributed over 80 years of volunteer services to Jewish Care, with the aim of making others' lives better.

They both attribute their love of giving back to their community to their mother, Adele Southwick OAM. They each learned about and experienced volunteering by helping their mother to organise and manage fundraising events, as well as providing opportunities for older people to be part of an inclusive community.

Delysia's forte is fundraising. She is the founding member of Friends of Montefiore, which was formed in 1984 with 12 other people. Through their fundraising events, the Friends have purchased 2 buses, blood pressure machines and other medical equipment, beds, bed supports and hoists, furniture for Gary Smorgon House and most recently, a Liberty Swing for our disability clients at the Coppel & Piekarski Family Disability Respire Centre.

Passionate about helping the aged and women and children in distress, Delysia says, "Volunteering has given me a lot of fulfillment. It has been an honour to help the aged and people in need, to give them the quality of life and the extra things in life they deserve".

Rosalie's journey began 40 years ago. She is both happy and content about the positive impact she has made on the lives of others. She and her fellow volunteers have chauffeured residents to picnics, BBQs and parks for over 25 years, introduced dance classes, bingo sessions, luncheons and provided manicure services for almost 8 years. Thanks to her sponsors - Elizabeth and Allan Finkel, and her husband Michael Silverstein, she currently devotes her time conducting three concerts every month at Montefiore Homes Community Residence and Gary Smorgon House in Freeman Street, which she started 15 years ago. She believes that these events have made residential environments *heimish* and more enjoyable, relaxing, and



Rosalie cutting her birthday cake at Montefiore Homes Community Residence

culturally and spiritually engaging.

She said, "The most important thing about volunteering is that it makes others smile and that's my biggest inspiration."

Delysia Pahoff OAM and Rosalie Silverstein OAM were both appointed Life Governors for 2007 and 2005, respectively, honouring their outstanding support and contributions to Jewish Care.

We Care About Your Wellbeing

Isabel Freiman was a package supported client of Jewish Care since 2012, and received funding from the Claims Conference for much needed extras. When Isabel was unable to look after herself, her daughter Jessica, gave up her job to attend to her needs and began living with her.

This became overwhelming for Jessica, having to deal with other domestic issues, so she contacted Jewish Care to explore her options. She was extremely relieved to discover that they both could receive much needed support from Jewish Care.

Isabel became bedbound in March 2016, and Jessica was fiercely determined to look after her at home. Although the idea of having to get used to different people come into the

home to attend to her mother was slightly daunting, Jessica accepted Isabel's new weekly "In-Home" care plan.

Employing Jewish Care's occupational therapy services and heeding their professional recommendations and hoist training, Isabel's bedroom was safely set up for hoist transfers with Jewish Care's BlueStar staff, providing hands-on assistance required for Isabel's daily needs and support.

After Isabel passed away, Jessica sent an email to management praising all the Jewish Care staff involved in her mother's care and added "I can only sing Jewish Care's praises. It was the only way I could cope with my mother and keeping her at home, which is where she wanted to be till the end".

i ***Our BlueStar in-home support services provide quality, affordable care to people who need assistance to maintain or regain their independence to live at home. Please contact our Front Door on 8517 5999 or email us at info@jewishcare.org.au for more information.***





Moshe Raymon



Ellie Davis



Amelie Cher



Jake Wrobel

Thank You!

We thank the following community members for sharing their special occasions with us:

Bar Mitzvah

Oscar Kaye
Walter Minc
Jake Wrobel

Bat Mitzvah

Amelie Cher
Ellie Davis

8th Birthday

Shamir Freedman

40th Birthday

Leah Miller

50th Birthday

Debbie Weinmann
Jacob Weinmann
Sharlene Lustig

60th Birthday

Myron Rogers

70th Birthday

Michael Aisenberg
Lilli Dubs
Estelle Redlich
David Smorgon OAM
Jack Silberscher

80th Birthday

Janet Bromberger
Brian Davis
Anna Jacobs
Louis Silber
Fay Winston

90th Birthday

Ruth Barton
Sheila Green
Leila Rolan
Brucha Weinberg

100th Birthday

Emil Roth

50th Wedding Anniversary

Stephen and Betty
Briggs

60th Wedding Anniversary

Sonya and Saville
Bransby
Alan and Ruth
Rubenstein

70th Wedding Anniversary

Heniek and Danka
Cyngler



To share your simcha, please contact our Community Team on 8517 5786 or donations@jewishcare.org.au

Mark Polonsky In Fanaticus!

Here's a chance to see Mark Polonsky perform at the upcoming Melbourne Fringe Festival from 14 September to 1 October. Mark is a resident in one of our disability houses and much loved and well known person to Jewish Care. We are happy to show our support of his fantastic acting talents.



Renew Your Membership

Being a member enables you to vote at the AGM and help us shape the future of our organisation. Our annual membership fee is \$40 per person and \$15 for pensioners. Please renew by 14 November 2017 by calling Rebecca Tuszyński on **8517 5786** or email rtuszyński@jewishcare.org.au

Photo Gallery



Myra Fisher and Inge Sommer at the Circle of Care lunch held in August



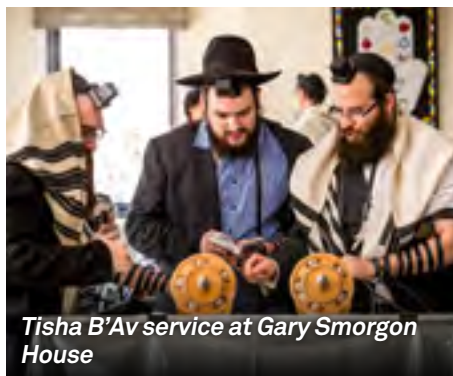
Barbara Berlin seated at the piano she donated to Jewish Care



Jewish Care and Selmar Education Services with students completing the Certificate III in Individual Support (Aged)



Marilyn Challinor (left), Val Granat and Lady Anna Cowen AM (right) at Friends of Montefiore brunch



Tisha B'Av service at Gary Smorgon House



Rabbi Kohn delivering the last prayer at the Montefiore Shul, before it was closed for St Kilda Rd Stage 1 construction



Helen Szer and Esther Barton at the Annual Appeal luncheon



Shelly Mahkin, Talia Menashe, Laura Ellenbogen and Mitch Kaspi at YAP survival skills workshop



Tzeddy and kids at the Yom Ha'atzmaut Family Festival



Rose Regan and Peter Goldring celebrating Pesach at Montefiore Homes Community Residence



2017 Yesod participants



Bluma (left) and Paul at the Footy with Samuel Murray (centre)



Like us on Facebook to see more photos of events and activities around Jewish Care – facebook.com/jewishcarevictoria

Five Minutes With Adam Joel - Newest Member of Our Board



1. Tell us about you

I was born and raised in Melbourne and spent some time in New York where I worked and completed my Masters. I believe it's important to be an active member of our community and value equal access to Jewish education. I love spending time with my family, running, theatre and bike riding with my children.

2. How did you get involved with Jewish Care?

My involvement originally started as a mentor in the Young Achievers Program (during its second year of operation). Last year, I participated in the Yesod program and was privileged to be offered a co-op position on the Board and subsequently offered a full Board position.

3. What was your experience working together with other members of Jewish Care?

I have been formally and informally mentored by different leaders of our community over the years. These experiences have assisted me in all aspects of my life. We are blessed to be part of such a strong and diverse community. As part of the Yesod program, I was mentored by Jeffrey Appel which was extremely rewarding. Jeffrey has such a wealth of knowledge about Jewish Care as well as the broader community which he

generously shared. My experience with Jeffrey was inspirational and motivational. The mentoring I received was critical to appropriately equip my transition to the Board.

4. What have you learnt about Jewish Care through your involvement?

The biggest insight has been the extensive range of services offered by Jewish Care for a cross section of our community. As an organisation, its people and services can make a lasting impact to strengthen our community for future generations. Like with most organisations, it's all about the people. Everyone I have met through my involvement with the organisation have been very professional and passionate about achieving Jewish Care's mission and vision - it's a very impressive and professional team.

5. What is our vision and what do you like to achieve now that you are a Director at Jewish Care?

I am passionate about driving outcomes through social justice programs. Being able to support and assist people in their time of need is what will strengthen our entire community.

6. Tell us about your family

I am married to Shelley Kline and we have 3 amazing children, Tema, Amiel and Liat. Tema and Amiel attend Mount Scopus College and Liat is at Yavneh crèche.

7. What is your favourite Jewish holiday and why?

Passover, I love all the learning the children do prior to the holiday and then reading through the Haggadah with the whole extended family around the table. Our house is filled with weeks of singing and recanting of the story of Passover.

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Please direct any feedback regarding *My Connection* to marketing@jewishcare.org.au



Yes, I want to support the 2017 Rosh Hashana Appeal

☐ Please find my cheque enclosed (made payable to Jewish Care)

OR Please debit my

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☐ MasterCard

☐ Amex

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Expiry Date

Signature

Name on Card

Mobile

DOB

Email

So that more of my dollar can go to those in need, I am happy to cover the Credit Card surcharge (optional) ☐ Amex 1.5% ☐ Visa/MasterCard 1%

☐ Yes, I would like to make monthly donations to Jewish Care. I authorise my credit card to be debited

\$ per month (minimum \$10)



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