

MY Connection

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Life to its Fullest

Life to its Fullest



Bill Appleby, CEO



Mike Debinski, President

We have just finalised our Annual Appeal for 2013 and would like to extend our sincere gratitude to the extraordinary number of people who have assisted us to raise the resources needed to support and enhance the wellbeing of the Jewish community of Victoria. To our donors, corporate sponsors, canvassers, organising committees, dinner hosts and keynote speakers, our staff and volunteers and the many people who assisted with our telethons – we give our sincere thanks.

The theme of this edition is 'living life to its fullest'. It is such a pleasure to read some of these vignettes of life which clearly demonstrate how Jewish Care is creating an inclusive community for all. Together, we help people to be the best they can possibly be in all pursuits of life.

We have taken time out to salute some of the many heroes within our community who give tirelessly of themselves to help us deliver our mission. People like Yvonne Rosengarten who was recently recognised by the Victorian Minister of Health for 60 years of volunteering; Barry Fradkin OAM who was awarded our newly named Leo & Mina Fink Community Service Award; Miriam Suss OAM & Phillip Shulman OAM for their recent Medals of the Order of Australia; and Delysia Pahoff for 30 years of service leading the Friends of Montefiore Annual fundraising brunch.

In March, we celebrated the excellence of our staff at Jewish Care's Annual Service and Excellence Awards ceremony. Finally, National Volunteer Week during May enabled us to say thank you to each and every volunteer at Jewish Care. The 1000 staff and volunteers at Jewish Care should be proud of their wonderful work and we are certainly appreciative of your ongoing loyal support!

Sadly we said goodbye to Avram Zeleznikow OAM, an icon of the Melbourne Jewish community. We thank Avram for his selflessness and compassion, his energy, and his conviction to supporting those most vulnerable. Avram has left a lasting legacy in the hearts of thousands within our community.

In closing, we hope you enjoy this publication and again extend our gratitude to each and every person who has helped Jewish Care in delivering its mission.

Bill Appleby
Chief Executive Officer

Mike Debinski
President

Thanks for Coming on Board!

We are truly thankful to community members, shops, schools and shuls for promoting our Annual Appeal billboards, generously provided by the following real estate agents:

Gary Peer & Associates, Hodges, Luxe, Rodney Morley Persichetti and Run Property.

Your willingness to spread our appeal message will help Jewish Care to assist the most vulnerable members of our community.

Annual Appeal board outside
Penhalluriack's Hardware Store in Caulfield



Personal experience says it all. Read what our clients and residents think about Jewish Care and share your experiences with us. Please note that we reserve the right to edit the material to suit the available space.

Please send your letters to yoursay@jewishcare.org.au

"I watched your new Annual Appeal video, I Found a Fruitful World, which inspired me a lot. It is a great legacy for each generation to adhere to, and it is a real testament to the values of giving and appreciation not only for the actions of our past and our present but, most of all, for our future... A pictorial artistry with interviews that depict a hopeful future in a busy world of instant engagement and gratification.

Well done!"

~ Gladys Sariusak

"I want to express my deep gratitude to Jewish Care for great help and support provided to us.

My husband is 84 and I am 76. We truly appreciate the opportunity to live at Fulton Street residence where we moved in 2009. Thank you very much for helping my husband to receive hearing aids which he needed badly, and thank you for assisting me to buy an automatic blood pressure monitor in 2012.

We are old people and aren't so healthy anymore. Suffering from asthma, I am not able to clean my apartment any longer. Jewish Care's BlueStar service helped me to overcome these difficulties by sending me a special person to take care of this problem.

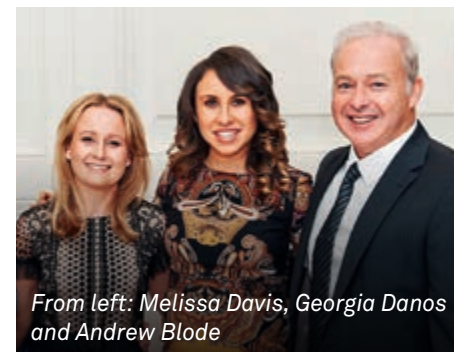
I am not the only person who receives help from BlueStar. All of us are really touched by your mother-like care."

~ G.G

Front cover:
Mark Polonsky, Jacqui Shafar and Daniella Abraham participated in the All Abilities Holiday Program



Jewish Care Annual Dinner Unites Generations



From left: Melissa Davis, Georgia Danos and Andrew Blode



Susie Ivany and Nathan Fink introducing the Leo and Mina Fink Community Service Award

On 21st May at Leonda by the Yarra in Hawthorn, nearly 400 philanthropists and supporters came together to raise money for Jewish Care Victoria's 2013 Annual Appeal.

Under the banner of 'Celebrating 165 Years' of Jewish Care and its predecessor organisations, the audience was treated to an evening of tender emotions, warmth and laughter which showcased the heart of Jewish Care and its importance in the community throughout the generations.

The night opened on a humorous note with a short video of aged care residents telling jokes. This was followed up later in the evening with an equally amusing video of residents reacting to the popular music video 'Gangnam Style'.

Entertainment was provided by Eva Migdalek who sang in English and Yiddish. Eva, who regularly sings for Gary Smorgon House residents, including her husband who suffers dementia, brought tears to many eyes. The home grown theme continued as Eva was joined by our talented Young Achievers Program graduate Ilana Charnelle.

Guest speaker Kate Weiss gripped the audience with her heartfelt story of daughter Amy, who lives with a disability and attends Jewish Care's Children's Respite House and how the service has allowed her family to have 'a life' again. She also conveyed the importance of Jewish Care in providing her family much needed 'time out' to rest and re-energise.

Melissa Davis, Appeal Dinner Chair challenged guests with an honest comparison of 'first world problems' versus 'real world problems', and rallied them to give generously to those less fortunate. In keeping with the generational theme, Davis urged the younger generation to recognise that it is now their turn to 'take the baton' from our elders.

Other highlights of the evening included the Appeal video titled 'I Found a Fruitful World', a thought-provoking story of the Victorian Jewish community's growth over the generations using interviews and authentic images of past and present.

Past President of Montefiore Homes for the Aged, Barry Fradkin OAM was awarded the newly-named Leo and Mina Fink Community Service Award, for his outstanding and long-standing service to Jewish Care and the Jewish community of Victoria. The award was presented by Leo and Mina's son Nathan.

Jewish Care's Appeal slogan this year is Our Community. Our Responsibility, which asks every person within the Victorian Jewish community to be responsible for each other and for our future wellbeing. Bill Appleby, Jewish Care CEO said, "It is incumbent on every person to evaluate what they can give to this year's Annual Appeal to ensure we can continue the vital services for the coming 12 months."

To support Jewish Care, please call 1800 JEWISH (1800 539 474) or donate online at: www.jewishcare.org.au/donate

Telethon Success

We would like to thank our extraordinary volunteers for their generous contribution of time and support given to our Annual Appeal Telethon.

As a result of their amazing efforts, we were able to raise in excess of \$160,000. This money will assist Jewish Care to fund our important community services receiving little or no government funding such as financial services, counselling, supported accommodation, information and referral, healthy ageing programs and mental health services.



From left: Volunteers Elliot Blau, Matani Rubinstein, Chelsey Karp, Jaimee Krawitz and Rami Maserow

I Found A Fruitful World

Produced for the 2013 Annual Appeal, Jewish Care's short film *I Found a Fruitful World*, will take you on a captivating historical journey. The video recounts the growth of the Victorian Jewish community throughout the generations and highlights the vital role of Jewish Care and its predecessors who always opened their arms to refugees, orphans and widows, people with disabilities, seniors and all those who couldn't support themselves.

I Found a Fruitful World is dedicated to thousands of individuals who have given, generously and selflessly for the betterment of the Jewish Community of Victoria.



To view the video, visit the Jewish Care YouTube channel at www.youtube.com/jewishcarevic or contact (03) 8517 5718 to order your free copy.



Rabbi Yoni Reyder with Munzer resident Otto Lazar

Second Chance

When Otto Lazar arrived at the Mark and Dina Munzer Community Residence for respite, no one could have imagined his age. Despite limited mobility, he was very independent and quickly made friends with everyone around him including Rabbi Yoni Reyder, Minister of Munzer Community Residence.

Upon visiting Otto in his room, Rabbi Reyder noticed quite a few framed certificates on the wall. One of them was a letter from Queen Elizabeth congratulating Otto on the occasion of his recent 100th Birthday.

Rabbi Reyder offered Otto to put on *Teffilin*, which he readily agreed to do. When Rabbi Reyder wrapped the *Teffilin* around Otto's head, his eyes were full of tears. He slowly repeated the prayer after the Rabbi, word by word. Then they spoke for a while and Rabbi Reyder left the room feeling very touched.

Soon after, Rabbi found out that Otto never had a proper Bar Mitzvah. The next Saturday in *shul*, Rabbi offered Otto to be called up to the Torah for an *aliyah*. When Otto gazed at the Torah he suddenly began to cry. The congregants and staff started to worry that something may have happened to him.

Indeed, something truly special did happen. Otto had just experienced his Bar Mitzvah. A celebration followed, with cakes, songs and words of encouragement.

"A B'nei Mitzvah is one of the fundamental events in the life of every Jewish person," said Rabbi Reyder. "It's about inclusion and becoming a responsible member of the Jewish community. It was an honour to organise a proper celebration for Otto."

"I always thought that a Bar Mitzvah was intended for 13-year-olds and, therefore, I missed my opportunity long ago in 1926," said Otto. "But, thanks to Jewish Care, I've learnt that it's never too late to be included in communal life and to celebrate our Jewish heritage. As a result of my Bar Mitzvah, I feel much better; not exactly as a 13-year-old but certainly not my age."

An Inclusive Community for All

Each year, Jewish Care touches the lives of more than 5,000 people in our community experiencing issues associated with disability, ageing, mental and physical illness, financial obstacles, unemployment, family violence, trauma, grief and loss.

Jewish Care offers culturally-sensitive services which promote independence and capacity building in a friendly, supportive environment. We endorse social inclusion and assist our clients and residents to explore a scope of opportunities for self-development for people of all ages and abilities.

From weekly therapy sessions at the Active Living Centre to Disability Fun Days, Jewish Care offers a complete range of programs and services for people from all walks of life.

We believe in the potential of every individual to overcome difficulties, reach higher and lead meaningful, rewarding lives.

Celebrating Together



A model Shabbat Dinner at The Manders Villas for residents and families



B'nei Mitzvah volunteers making pizza with Prahran Grove residents



Margit, Susan and Pinchas Tidor enjoy Shabbat at Prahran Grove together



From left: Sheryl Sacher, Bronwen Taylor, Marilyn Weinstock, Gail Kaplan and Chani Goldberger

Offering a Healing Hand

Jewish Care hosted an exhibition of artwork by adults living with a mental health condition to raise awareness and to support participants in their journey to recovery.

The program of art-based workshops began in October 2012 and enabled participants to create works that represent their own concepts of 'safe places'.

Mental Health Team Leader Bronwen Taylor said it was not coincidental that the works used as their basis the 'hamsa', a palm-shaped amulet, which is a recognised symbol of protection for Jewish people.

"The Safe Places Project encourages and supports clients to create art and stories reflecting ideas about places

which make them feel safe, comforted and protected," Ms Taylor explained.

"Whilst creating art is a rewarding process in itself, the opportunity to display these works is a unique experience that enables our clients to share their journey with family, friends and the broader community."

Jewish Care's Mental Health Program provides recovery orientated groups for adults living with a mental health condition. Delivered by caring professionals, the service aims to foster a sense of belonging and connection with the community, and assist each person to recovery and independence.

i For more information about Mental Health services, please contact (03) 8517 5999 or info@jewishcare.org.au

Crowds of Joy

On Lag B'Omer, a group of Jewish Care residents boarded three minivans to participate in the annual community parade.

Gary Smorgon House resident Gittle Roth joined the group for the very first time. Being a part of a major community celebration and hearing Jewish songs, made Gittle very emotional.

"The last time I saw so many Jewish children outside was in Poland when the Nazis rounded them to send to gas chambers," she said with tears in her eyes. "It was truly beautiful today to see so many happy and smiling *Yiddishe Kinderlach* (Jewish children) on the streets. Thank you so much for inviting me to attend."

In addition to community celebrations, Jewish Care offers regular outings, excursions and incursions to aged care residents, providing opportunities for social inclusion and improving their emotional wellbeing.



Jewish Care residents participating in the Lag B'Omer parade on Hotham St

All Abilities, All Activities



A proud group of All Abilities participants, parents and friends

Jewish children and adults with special needs attended the inaugural Maccabi Victoria & Jewish Care All Abilities

Holiday Activities Program which ran during recent school holidays.

Activities on offer included tennis, soccer, cricket, volleyball, lawn bowls, dance and art & craft.

All 34 participants had an absolute ball being involved and active in a variety of sport and recreational activities carefully designed for people with disabilities.

Parents and carers were both very excited and appreciative about the program, and admitted that physical activity is an important avenue of camaraderie and good health.

One parent commented, "Exercise is vitally important for people with additional needs but is often hard to access in the general community. Offering a program that is fun and has a variety of activities fosters a positive attitude to exercise."

We hope that this will be the first of many such holiday activity programs!

i To find out more about the All Abilities program, please contact (03) 8517 5999 or info@jewishcare.org.au

165 Years of Community Service

In February, Jewish Care's 165th anniversary was launched at the Windsor Hotel Grand Ballroom in the presence of the former Premier of Victoria, Mr Ted Baillieu MLA.

He spoke glowingly of the contribution the Victorian Jewish community has made to the history and development of Victorian political, social, cultural and economic life and wellbeing. He also acknowledged Jewish Care as one of the most respected and oldest philanthropic organisations in Victoria, assisting the Victorian Jewish community for so many years.

Jennifer Huppert, Vice President of the JCCV addressed the guests with words of encouragement and support, thanking Jewish Care for being such an important and integral organisation



From left: Jennifer Huppert, Bill Appleby, Jeffrey Appel, Mike Debinski, Ted Baillieu MLA, David Southwick MLA and Elizabeth Miller MP

for the Victorian Jewish community throughout so many generations.

Jewish Care CEO Bill Appleby said he was delighted that the event attracted such a wonderful list of strong supporters with over 200 people in attendance, including members of Parliament, past Presidents, Life Governors, major philanthropists and other dignitaries and guests.

President Mike Debinski gave a heartfelt speech to a very appreciative audience.

"Jewish Care and its predecessors helped society's most vulnerable since the mid-1800s. We accommodated

children fleeing from Nazi Europe in the 1930s, assisted the Holocaust survivors as they arrived penniless and traumatised from their experiences, and assisted immigrants from Eastern Europe and the former USSR in the 1940s and then again in the '70s and '80s. We also established Victoria's largest Jewish aged care residence, Montefiore Homes, in 1948," said Mr Debinski. "Jewish Care will continue to build an inclusive community where elders are valued and given opportunities to live full and active lives; and where families and individuals are supported to be capable, resilient and strong."

Leading by Example



Team of the Year Award recipients: Management and Staff of Smorgon Nursing Home with guest speaker Rachael Robertson (far right)

Jewish Care acknowledged its staff and volunteers for their exceptional contributions at the Annual Staff and Volunteers Service and Excellence Awards ceremony that was held on 20th March at the Carousel in Albert Park.

Keynote speaker Rachael Robertson compelled the audience to reach higher, with her own inspirational story of leading an Australian Antarctic Expedition.

For 9 months, Rachael experienced an intense leadership journey in total isolation, in the coldest, driest, windiest place on earth, reliant upon 17 other people she hardly knew. Rachael highlighted the significance of team work which is crucially important in achieving common goals.

"Jewish Care has been so fortunate in the support that we receive from our 615 staff and 415 volunteers who contribute their skills and talents so generously," said Jewish Care CEO, Bill Appleby. "I cannot thank them enough for their ongoing commitment to the provision of dignified, quality care and support of our community."

In recognition of the amazing work of Jewish Care staff and volunteers, the Service and Excellence Awards were presented to the true stars of our organisation who lead by example:

Excellence Award recipients 2013:

The Samuel H. Harris Award –

Jenni Colliver, Facility Manager Gary Smorgon House;

President's Award – Joanne Strauss, Counselling & Case Management Team Leader;

CEO Customer Service Award – Joint recipients: Galit Sarig, Team Leader Disability Services and Jina Lo, Registered Nurse, Gary Smorgon House;

Ethos Award – Joint recipients: Feygl Cylich, Business Development Manager and Rabbi Yoni Reyder, Minister at Munzer;

Team of the Year Award – Management and Staff of Smorgon Nursing Home;

Volunteer of the Year Award – Yvonne Rosengarten ;

Jewish Care Ethos Mission to Israel – Maureen Flaherty, General Manager, Community Services, and Sammantha Hewitt, Manager of Organisational Development.



Tour de Tassie

Experience the thrill, challenge and excitement of riding around picturesque East coast of Tasmania over 6 days, while knowing that your efforts will be supporting Jewish children living with a disability.

The Great Jewish Charity Bike Ride will take place on 10-15 November 2013 and will help to raise \$100,000 to support Jewish Care's services for children with disabilities in our community.

Each participant is required to make a minimum commitment of \$5,000 towards the ride.

i To register your interest and for more information about how you can be part of this amazing event, please visit www.jewishcare.org.au/cyclingtour

What a Run!

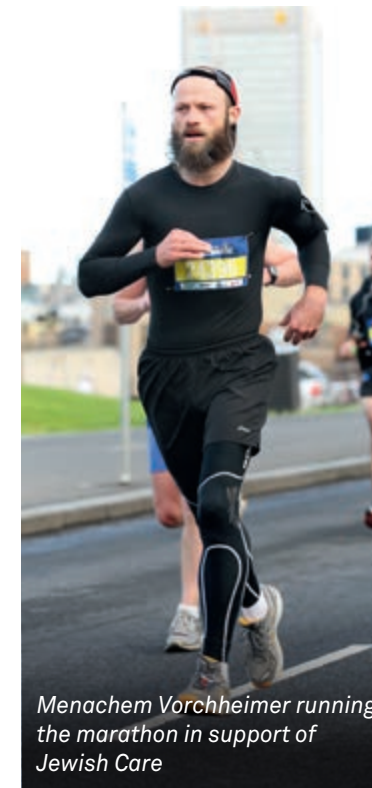
The 45 km Great Ocean Road Marathon, from Lorne to Apollo Bay, is one of the world's most spectacular annual runs. This year, Menachem Vorchheimer joined the marathon to raise money for Jewish Care Victoria.

"The most challenging part was running up Mount Defiance and Cape Paterson; the climb seemed to go on forever," said Menachem.

Despite the difficulties, he finished the marathon 174 out of 1500, and managed to exceed his fundraising target of \$1,800 to over \$3,000.

"I am grateful that I was able to achieve my goal, which is a testament to the great work Jewish Care does and the pride that Jewish Care holds in our community," added Menachem.

Mazal Tov to Menachem and thank you for thinking of Jewish Care while pounding the asphalt!



Menachem Vorchheimer running the marathon in support of Jewish Care

Minister for Health Recognises Lifetime of Volunteering

The 2013 Minister for Health Volunteer Awards were held during National Volunteer Week in May and Jewish Care is extremely proud to announce that Mrs Yvonne Rosengarten was awarded the "Outstanding Individual Achievement" in the Primary Care category.

The award was presented by the Minister for Health, Mr David Davis MP, at a special ceremony celebrating the commitment, dedication and achievements of all volunteers in Victorian healthcare and, in particular, those nominated in the 2013 Awards.

For her entire life, Yvonne has selflessly given her time and love to those in need in the community. She started her journey of giving as a committed volunteer of the Frances Barkman House for Jewish Orphans, run by the Australian Jewish Welfare Society in the 1950s.

Over the years, she opened her hearts to numerous post-war child refugees, foster care recipients and aged care residents, in particular, those living with dementia.

"Winning the award is a great honour but I never volunteered for myself," Yvonne said, "I always did it for the benefit of others, especially worthy causes like the Jewish Welfare Society and now Jewish Care."

Today at the age of 90, Yvonne spends time each week volunteering at Gary Smorgon House in Caulfield as a friendly companion to lonely residents. Although Yvonne visits all residents, she pays special attention to isolated dementia clients. This is extremely challenging, especially as the individuals she visits are often her peers.

Yvonne sits with these residents, entertains them with stories and news



Minister for Health David Davis MP with Yvonne Rosengarten

and listens to what they have to say. She provides a connection for them with the outside world where possible and acts as a passionate advocate for their needs.

Mary Scott, Jewish Care General Manager of People & Culture said, "Yvonne exemplifies respect for others, charity, family and kindness and serves as an example for generations to come. She serves as an example to her family and those around her and inspires them to participate in the same way."

Well-Deserved Recognition

Our warmest congratulations go to Phillip Shulman and Miriam Suss for both being honoured this year with a Medal of the Order of Australia in the General Division.

Phillip has been honoured for service to the community of Victoria through a range of multicultural, charitable and social welfare organisations.

Phillip was President of Jewish Care (formerly Jewish Welfare), 1986-1990; Honorary Solicitor, 1967-2002; Board Member, 1967-2002 and is a current Life Governor.

Miriam is honoured for services to the Jewish community. Miriam's history with Jewish Care includes

Social Worker, JCS, 1972-1987; Manager, Social Work Services, JCS, 1987-1998; Acting CEO, JCS; General Manager Development 2010-2011.



Miriam Suss OAM



Phillip Shulman OAM

Colour for Care Winners Announced!

A big Mazal Tov to all winners of Jewish Care's Colour for Care competition. Thank you for submitting your wonderful work and making Tzeddy really proud!

We are excited to announce Abby Lederman, aged 6, as the winner! Congratulations also to first runner-up Jacob Irons, 9, and second runner-up Remy Zail, 10.

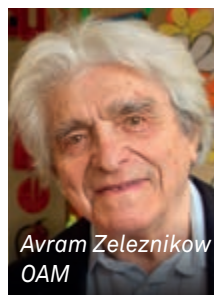


Remy Zail, Aged 10

Abby Lederman, Aged 6

Jacob Irons, Aged 9

In Memory of Avram Zeleznikow



Avram Zeleznikow OAM

Jewish Care extends its deepest sympathy to the Zeleznikow family on the recent passing of our past President, Life Governor, long-term supporter and dear friend, Avram Zeleznikow OAM.

Born in 1924 in Vilna to Jewish revolutionaries, Avram was a strong leader, who always fought for social justice and gave of himself for the benefit of the most vulnerable people in his community. In fact, his surname, Zeleznikow, is translated from Slavic meaning 'iron ore', which truly represents Avram's strong beliefs and values.

He was the only member of his family who survived the Holocaust, by crawling through 50 km of pipelines and joining the partisans in the Lithuanian and Polish forests.

In 1946, he met his wife-to-be, Masha at the University of Lodz. Separately the couple fled the prospect of communism in Poland. They were refugees in Paris, where they married in 1948 and moved to Australia in 1951. It was difficult starting a new life in Melbourne, especially without knowing how to speak English. Avram worked a range of jobs, from driver to dry cleaner and Yiddish teacher, prior to opening the iconic Café Scheherazade with Masha.

Located on Acland St, Scheherazade quickly became a famous hub for many Holocaust survivors, local actors, writers and artists, providing them with food for body and soul.

For over forty years, Avram was involved in a myriad of community causes including the Victorian Jewish Board of Deputies, Executive Council of Australian Jewry, Mount Scopus College and, of course, the Australian Jewish Welfare Society and Jewish Care.

He was our dedicated Secretary, Treasurer, President, Chairman of Claims Conference Committee and a member of various committees including Financial Aid and Healthy Ageing. In addition, together with Masha, Avram ran the Tuesday Club for Jewish seniors for over 32 years.

The day before Avram's heart attack which led to his sad passing at the age of 89, he delivered an emotional speech at the Tuesday Club about the life of the famous humanitarian Raoul Wallenberg, who rescued thousands of Jews in WWII. Avram will be long remembered for his selfless work in helping Holocaust survivors to integrate into Australian society and reconstruct their lives.

"Avram will be greatly missed by his loving family, friends and community members for his exceptionally caring personality impacting so many lives around him." said Mike Debinski, President, Jewish Care.

Spreading Jewishness the Moishe Way



Galit Klas, Yosl Cylich and Brett Nathan outside the Moishe House Melbourne

Brett Nathan, Yosl Cylich and Galit Klas are young, ambitious and passionate about Jewishness and making the world a better place. They are pioneers of the very first home-based Jewish community for young adults in Australia called Moishe House.

Founded in 2006 in the US and now in 13 countries, Moishe House envisions itself as the global leader of pluralistic Jewish life for adults in their 20s and aims to promote new Jewish leadership by providing young adults the opportunity to create and develop their own communities.

Inspired by the model's international success, environmentalist and community activist Brett put together

a group and applied to become the residents of Moishe House Melbourne. Brett, Galit and Yosl are in their twenties and leading a busy life; be it finalising a university degree, working or volunteering. They have one thing in common – a strong desire to nourish a young Jewish community.

"The best part of living a Moishe House life is being able to meet people from all walks of life, all sharing one goal – to experience Judaism in an inclusive, comfortable environment," said Yosl.

From regular Shabbat dinners, shiurim and movie nights to workshops, boot camps and concerts, the Moishe House life is booming in Melbourne.

Understanding the importance of this development, Australian Jewish Funders and Jewish Care have partnered to help facilitate the establishment and operation of Moishe House Melbourne.

David Werdiger, Director of Australian Jewish Funders, who strongly supports the cause says, "The Moishe House concept gives young people the latitude and autonomy to find their own expressions of Jewishness and to use this to connect with their peers."

i To find out more about Moishe House email moishehousemelbourne@gmail.com

Kicking Goals and Supporting Community

The annual Over 30s Kick for a Cause charity footy match was played on a sunny Queen's Birthday long weekend at East Caulfield Reserve where 40 friends got together to help raise money for Jewish Care Victoria and Melbourne Jewish Charity Fund (MJCF).

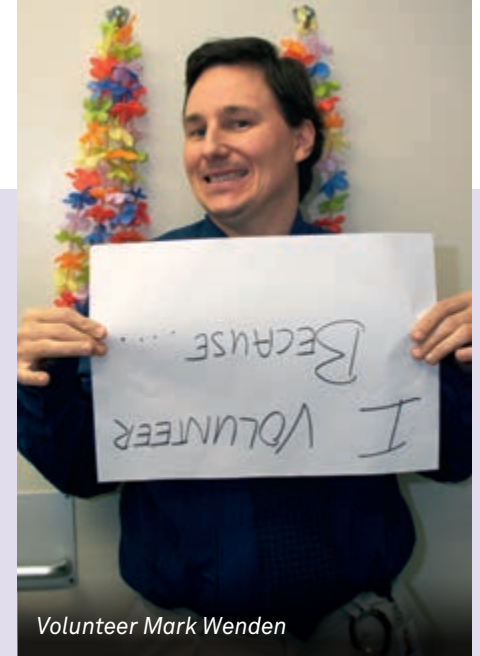
It was a closely contested and physical match with Jewish Care getting the early lead on MJCF. However, a 7 goal last quarter by MJCF saw them fight back valiantly but still fall short to see Jewish Care win by 17 points.

Organised by Reuben Zelwer, Dion Epstein and Joel Fixler, the event is now



Menchi Schneir attempts a one handed mark under pressure from Andrew Zielinski

in its 4th year of supporting the two community organisations. This year the players raised over \$6000 from friends and families who sponsored them. The money will be shared equally between the charities.



Volunteer Mark Wenden

Thank You Volunteers!

To celebrate National Volunteer Week in May, Jewish Care launched a Facebook and Twitter campaign showcasing the wonderful motivations of our dedicated volunteers and the gratitude of the staff they assist.

We asked our volunteers to pose with a sign saying "I volunteer because..." and let us know what inspires them to volunteer.

There were many fantastic responses, including this one by volunteer Mark Wenden which was re-tweeted by Volunteering Victoria. Mark wrote, "When you can make a valuable contribution back to society, I say do the best in the moment, live now, reflect later. If I did not become a volunteer now, I sincerely believe that would be a deep seated regret. So make people smile today – donate your time and energy! Volunteering makes me feel great, please consider volunteering like I do!"

We also asked our staff to pose with a sign saying "Thank You Volunteers" and explain the importance of volunteers in their work. To check out some of our staff and volunteer posts, visit our facebook page at facebook.com/jewishcarevictoria

It's not too late to add your own post, too!

i To find out more about current volunteering opportunities at Jewish Care, please contact Sharon Malecki on (03) 8517 5700 or volunteers@jewishcare.org.au

From New York with Love



Fundraising in Central Park for Jewish Care

What would you do if you saw a group of young Australian school children in New York's Central Park, dancing and performing tricks with hula hoops to support Jewish Care Victoria?

It all started with 10 year old Jack Davis' idea around his dinner table in New York, where his parents Laura and Mark Davis moved from Melbourne.

"My 7 year old sister Ellie and I decided to arrange a fundraiser for Jewish Care because we know that it is a very kind charity helping people in need," said Jack. "We agreed that dances and tricks would attract many people to our cause."

Laura and Mark Davis, who are committed supporters of Jewish Care, encouraged their children to make their dream a reality. Very soon, Jack, Ellie and their good Australian friend Nathan Lenga chose the props for the show and went to Central Park to collect donations.

Thanks to their terrific show, an interested crowd surrounded the performers, complimenting their talents and showing interest in Jewish Care's work.

As a result, \$50 was raised, giving much happiness and confidence to the young activists of social justice.

On the way home, Jack, Ellie and Nathan met their neighbour Betsy Billard who

heard about their success and also decided to contribute another \$100 to Jewish Care. The children were thrilled.

"It was such a great feeling to help others. We would certainly encourage others to do the same," said Jack.

"We felt very proud of our children and Nathan," said Laura. "During their performance, they took time to stop and passionately explain to passers-by what Jewish Care does for the less fortunate members of our community. It was amazing to see strangers stop and listen to three young children, who inspired them to reach into their pockets and give."

We extend our most sincere gratitude to Jack, Ellie and Nathan who taught us a very important lesson of unconditional giving, at any age, time and place.



Esther Werblud always stays positive

Looking on the Bright Side

She is always on the go, rushing to a concert or a lecture, reading, writing or giving a talk at a community function.

Her name is Esther Werblud; a 90-year-old Holocaust Survivor and resident of Gary Smorgon House, Esther is a true inspiration to everyone around her.

Born in Bialystok, Poland and leaving behind seven concentration camps including Majdanek, Auschwitz and Bergen-Belsen, she moved to Australia in 1947, suffering from an unbearable loss of her parents and fiancé. However, despite her horrible memories, Esther decided to reconstruct her life and stay positive.

"My experience of the Holocaust taught me that my positive thoughts helped me to survive and be able to assist my camp sisters," said Esther. "I've also learnt to have hope in every situation and to look on the bright side."

Together with her late husband Philip, Esther had two children, Israel and Shirley, and today is a happy grandmother of five and great-grandmother of two.

Over the years, Esther has been actively involved in various community organisations such as the Kadimah, Jewish Holocaust Centre, WIZO, MDA, UIA and Jewish Care.

Being a passionate supporter of Jewish Care, Esther still attends our AGM, Friends of Montefiore and Circle of Care functions. She is a committed bequester who strongly believes in leaving a legacy for future generations.

"It is very important to support Jewish and local organisations; I still remember how hard life was for Jewish people in Poland, where anti-Semitism was prevailing," said Esther. "We should be grateful to this country for allowing us to start a new life here, and we need to give back to our community."

A Recipe for Success

In April, Jewish Care's Young Achievers Program Alumni (YAPA) held a cooking night with former MasterChef contestant Alice Zaslavsky at the home of Amanda and Colin Sacks.

During the night, Alice demonstrated how to prepare some of her acclaimed dishes and gave insight into what it was like to be a contestant on MasterChef, to the great delight of YAPA participants.

Alice said she was very excited to be involved with Jewish Care as the organisation which does so much for our community – especially migrants and the elderly – including her own two beloved grandmothers.

"The Young Achievers program is a fantastic initiative for the future wellbeing of our community. It nurtures the next generation of Jewish leaders, from all school-systems and backgrounds, and encourages them to connect and inspire each other, to follow their passions and achieve their full potential. It's my pleasure to help," said Alice.

In addition to the cooking demonstration, the 2013 YAP camp at Angelsea brought together a group of 14 students who enjoyed fun team-building activities including surfing, trivia, horse riding and night coastal walks.



From left: Stuart Lew, Jonathan Maybloom, Alice Zaslavsky and Sarah Lewis



2013 Young Achievers camp participants had a ball!

i To find out more about the Young Achievers Program, please contact Lana Block on (03) 8517 5626 or lblock@jewishcare.org.au

\$1 Million and 30 Years of Friendship



From left: Delysia Pahoff, Warren Wills, Fem Belling and Lisa Blode

In its 30th year, the Friends of Montefiore Annual Brunch served up a Broadway style event that had an audience of 280 singing, whistling and humming to well-known Broadway theatre and show tunes.

The fundraising event was held at Leonda by the Yarra in Hawthorn, with special guest this year, renowned Australian born composer, musical director and performer Warren Wills.

After speaking about his incredible journey from his days at Mount Scopus

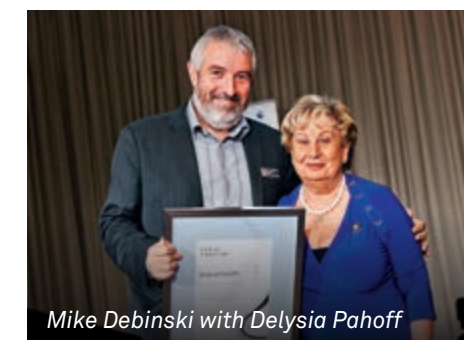
College to his rise at becoming a world renowned composer and performer, Wills took to the stage and performed a solo piece on the piano and was later joined by the amazing voices of Fem Belling and David Gould.

Delysia Pahoff, who has chaired the Friends of Montefiore committee for the past 30 years, was extremely proud to announce that \$950,000 has been raised over that period. The additional funds raised from this year's event will

take total donations over \$1 million and will be used to purchase new low beds and pressure relieving tub and mobility chairs for our aged care residents.

To celebrate and honour Mrs Pahoff's dedication and service, Jewish Care President Mike Debinski presented her with a certificate and gift.

"The commitment, hard work and generosity demonstrated by Delysia is something we are extremely proud of. Supported by her loyal and long standing committee, their contribution to the health and wellbeing of the Jewish community is worth a million and more!" Mike Debinski said.



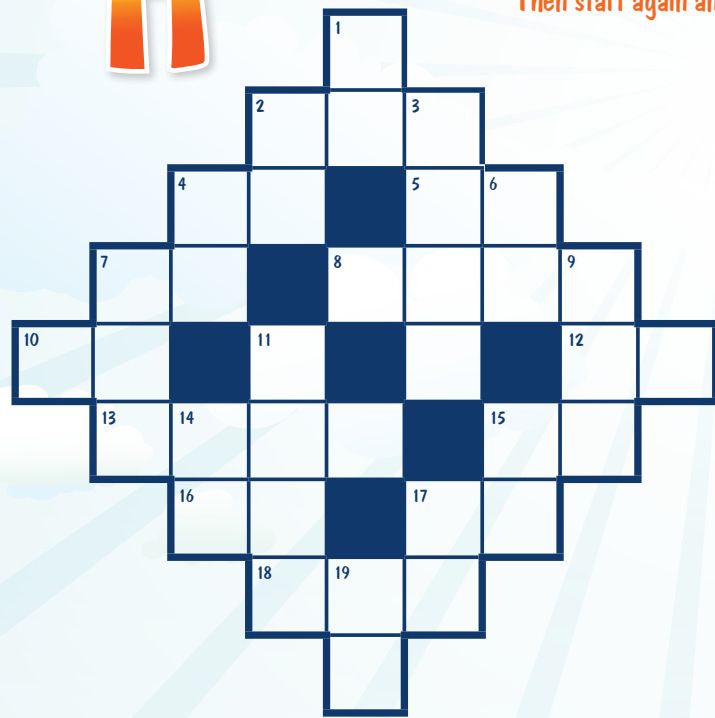
Mike Debinski with Delysia Pahoff

KID'S CORNER

Hi Kids!

This new section of our newsletter has puzzles, mazes and other great activities just for you! It's all about having fun and learning along the way. Let's get started!

FIGURE IT



Look at the clues below and fill all the numbers you can into the grid. Then start again and use your answers to help solve the other clues.

Across

2. 7 down minus 482
4. Number of weeks in a year
5. Number of days in 4 weeks
7. 7 times 9
8. 8617 re-arranged
10. 15 down plus 42
12. Quarter of 100
13. Half of 10486
15. Half of 10 across
16. Quarter of 4 across
17. 4 times 22
18. $82+62+78$

Down

1. 4 times 8
2. 12 across minus 16 across
3. 1640 doubled
4. 6 down minus 5 across
6. 9 times 9
7. 5 times 121
9. Half of 1450
11. 716 doubled
14. A third of 63
15. Number of hours in two days
17. Half of 164
19. 100 divided by five

L	L	U	F	T	H	G	U	O	H	T
D	I	O	E	R	A	H	S	A	G	O
S	D	S	V	H	E	L	P	I	N	G
E	X	E	T	E	X	P	V	R	F	E
C	F	J	D	E	Y	I	P	U	A	T
U	A	A	Z	U	N	V	Y	O	M	H
R	M	R	S	G	L	I	O	B	I	E
E	Q	Y	E	J	K	C	N	H	L	R
B	E	L	O	N	G	I	N	G	Y	N
F	R	I	E	N	D	S	H	I	P	E
S	R	U	O	B	H	G	I	E	N	S
C	O	M	M	U	N	I	T	Y	A	S

WORD SEARCH

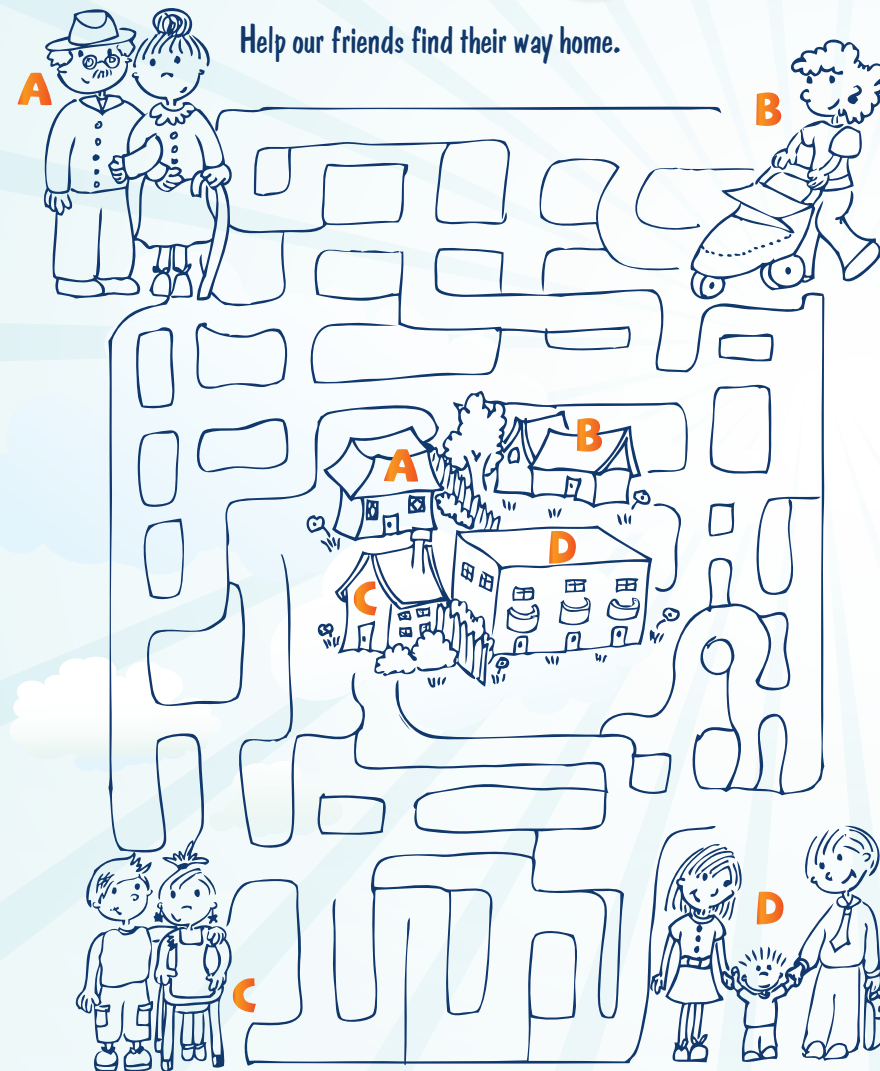
These words appear up, down, forwards, backwards and diagonally. Can you find them all?

Belonging
Care
Community
Family
Friendship
Giving
Happy
Helping

Included
Listening
Neighbours
Safe
Secure
Share
Thoughtful
Togetherness



AMAZEING



SUDOKU PUZZLE

3					5
	5			2	
6					1
1					3
	3			5	
5					2

Place a number between 1 and 6 in each empty cell so that every row, every column and every 2x3 box contains all the numbers 1 to 6.



WORD JUMBLE

S	L	A	U	V	E
M	A	I	L	Y	F
P	E	C	R	E	S

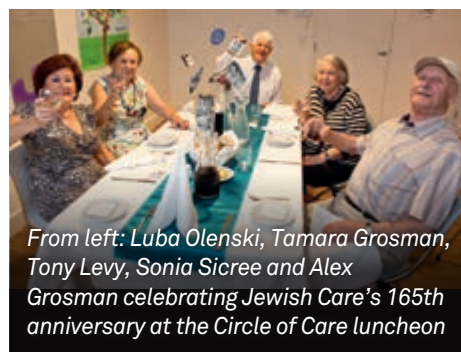
I CARE ABOUT ...

				O	M	M					
T	H	Y	A	I	R	C					
S	K	E	S	D	I	N	N				

See if you can unscramble the words below and then use the highlighted letters to find the answer to the puzzle above.



Stephanie Lewis celebrated her Bat Mitzvah by donating to Jewish Care



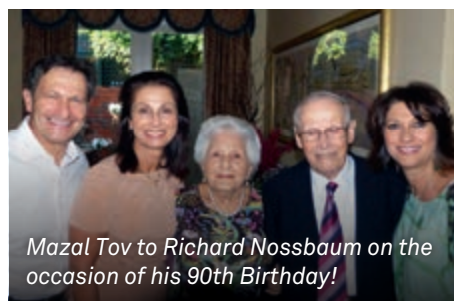
From left: Luba Olenski, Tamara Grosman, Tony Levy, Sonia Sicree and Alex Grosman celebrating Jewish Care's 165th anniversary at the Circle of Care luncheon



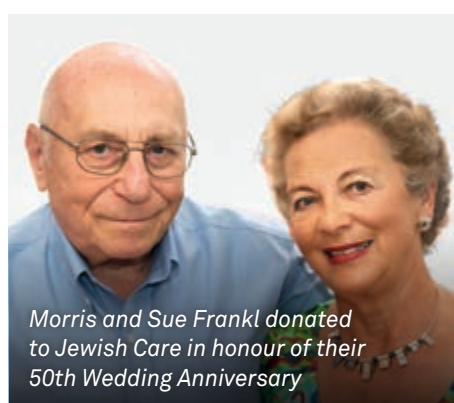
Jeremy Abrams celebrated his Bar Mitzvah in Jerusalem and donated to Jewish Care in lieu of gifts



Happy Birthday to David Southwick who donated to Jewish Care in honour of his 90th Birthday!



Mazal Tov to Richard Nossbaum on the occasion of his 90th Birthday!



Morris and Sue Frankl donated to Jewish Care in honour of their 50th Wedding Anniversary



Menachem Vorchheimer (right) receives his certificate from Paul Ashton as thanks for his Apollo Bay Marathon fundraising efforts

Thank You!

Jewish Care thanks the following people for their donations on the occasion of their simcha.

Birth

Ayla Jackson

1st Birthday

David & Gabriel Goodman

Bar Mitzvah

Jeremy Abrams

Guy Davis

Matthew Issko

Sonny Moshinsky

Bat Mitzvah

Stephanie Lewis

Wedding

Morris Bloom and Robyn Raleigh

50th Wedding Anniversary

Morris and Sue Frankl

Sandra and Lothar Prager

Harry and Norma Hertz

65th Wedding Anniversary

Bernard and Rose Rothschild

Special Birthday

Lorelle Krulis

60th Birthday

Adrian Blashki

Fay Kohn

Herschel Landes

Marshall Segan

70th Birthday

David Couzin

80th Birthday

Nick Friedland

Hanka Krauskopf

Dora Obel

Mary Rettig

85th Birthday

Joe Eisenberger

90th Birthday

Felix Hiller

Solly Joss

Sadie Lurie

David Southwick

Yvonne Rosengarten

Leonard Singer

Richard Nossbaum

Leon Velik

Esther Edelsten

i To share your simcha, please contact our Development Team on (03) 8517 5963 or development@jewishcare.org.au

Photo Gallery

Purim Festivities



Bella Krechman, Klara Reslova and Luba Soukhomlinova



Montefiore residents Irene Melnik and Yakov Brodskyy enjoying the Purim party

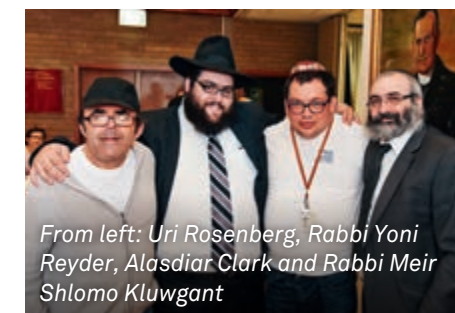


Munzer resident Pauline Malkinson (right) with grandchildren and daughter Denise Liebowitz

Pesach and Shavuot



Healthy Ageing Program participants celebrating Pesach at Caulfield Shul



From left: Uri Rosenberg, Rabbi Yoni Reyder, Alasdair Clark and Rabbi Meir Shlomo Kluwgant



Grade 1-3 Gandel Besen House students kindly donated Shavuot fruit baskets to Montefiore residents

Getting Involved



Sholem Aleichem students helped decorate Purim cards for residents



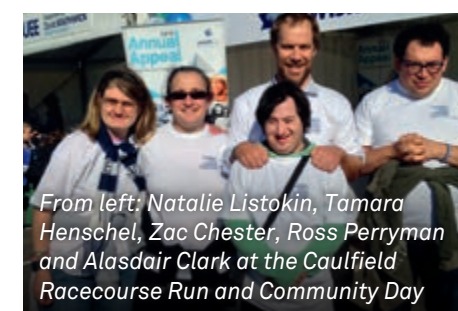
Alon Abraham and Natalie Herscu man the phones at the Appeal telethon.



First graduates of Melton Melbourne Program at Jewish Care



David Southwick MLA and Tzeddy supporting the Caulfield Racecourse Run and Community Day



From left: Natalie Listokin, Tamara Henschel, Zac Chester, Ross Perryman and Alasdair Clark at the Caulfield Racecourse Run and Community Day



Montefiore resident Toyva Levit lighting candles in honour of Yom HaShoah

You Tube For more photos, go to the 'News and Media' page at www.jewishcare.org.au
To watch our videos, visit www.youtube.com/jewishcarevic

A Good Place to Start



Rabbi Meir
Shlomo Kluwgant

If you have ever ventured down the cobble-stoned streets of the Old City in Jerusalem, you would have beheld the image of the remnants of the Western Wall.

This wall serves to remind us not only of the Jerusalem Temple's past glory back in the good old days but also of future possibilities to strive for.

Our daily prayers focus on the return of Jewish people to Zion, to Israel, to our homeland; but is this just a prayer and a wish or can it become a reality?

We are told that the destruction of the temples came about because of hatred and divisiveness within the ranks of our own people; and we are told that the rebuilding of the temple

and the realisation of our hopes will be built on selfless love; on acts of goodness and kindness.

There is a long road to the recovery of this state of existence, where we can all live together in harmony, like the 'wolf and the lamb'; but perhaps the idea of social inclusion – making sure that everyone is included and no one is left out or left behind – is a very good place to start.

The famous Jewish leader Moses was known as a faithful shepherd for going out of his way to ensure that every last sheep in his flock was included and taken care of. This is a lesson for all of us and is emulated at Jewish Care. Our work in supporting and enhancing the wellbeing of our community begins with the individual and makes sure that no one is left out.

May we merit the rebuilding of the *Bait Hamikdash*, the holy Temple in Jerusalem, and an era of everlasting peace for all mankind.

Rabbi Meir Shlomo Kluwgant

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Please direct any feedback regarding *My Connection* to marketing@jewishcare.org.au



Yes, I want to support Jewish Care and help turn lives around

MC22013

Please accept my donation of ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$150 ☐ \$250

OR my choice \$ (All donations over \$2 are tax deductible)

☐ Please find my cheque enclosed (made payable to Jewish Care)

OR Please debit my ☐ Visa ☐ MasterCard ☐ Amex

Card Number

Expiry Date

Signature

Name on Card

Email

Home Phone

Mobile

☐ Yes, I would like to make monthly donations to Jewish Care

I authorise my credit card to be debited \$ per month. (Minimum \$10)

Please send me more information on

- ☐ Wills and bequests
☐ Simcha giving (donations in lieu of gifts)
☐ Becoming a volunteer
☐ Programs and services

Name

Address