

MY Connection

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Get Supported
Get Connected



Front cover:
Three siblings residing at
Gary Smorgon House: Rose Zmood,
David Lowe and Anne Bernstein
Photo credit: Sav Schulman

Message from our President and CEO



Bill Appleby
CEO

Bruce Rosengarten
President

Giving Back

"It's not the years in your life that count. It's the life in your years."
Abraham Lincoln

At Jewish Care, we celebrate the beauty of all ages, and consider senior years an opportunity to continue a healthy life; stay connected with family and friends and pursue one's passions and interests.

We dedicate the summer issue of *My Connection* to the role models of our community—the elders who devoted their lives to creating a solid foundation for our generation and taught us to give. It is our duty to give back to our elders, support choice and independence, and enhance their quality of life by assisting them to remain healthy, happy and socially connected.

We are excited to be able to support the needs of older people by providing them with various healthy ageing services whether in the comfort of their own home, at our facilities, at other communal buildings, or in our *heimish* community residences.

The following pages of *My Connection* will describe a full spectrum of our Healthy Ageing programs and services, including:

- Capacity building therapies and recreational activities for the elderly

at the Active Living Centre, Leo Baeck Centre and Kew Hebrew Congregation;

- Direct support programs maintaining independence of our elders in their home;
- Holocaust survivor support programs, helping people to live with the post-war trauma on a physical, social, and emotional level, and;
- Jewish Care's initiatives in preserving the precious stories of our residents' lives.

Change has been a constant in the Australian Jewish community, shaped by the waves of migration during the 20th century. While offering a comprehensive range of services for older people today, we are investing resources towards planning for tomorrow.

Evidence-based research is crucial in guiding Jewish Care's long-term service planning to accommodate future needs of our community. According to the Gen08 report on *Older Jewish Australians*, released by Monash University and proudly sponsored by Jewish Care, Australia's Jewish community has a far higher proportion of people aged over 65-84 than the general community and that proportion will increase substantially. For example, Victoria's Jewish population aged 75-84 is projected to grow from 4,130 in 2021 to 7,469 in 2031—an 81% increase over the decade.

This will place significant pressure on the community's resources and funding. Within the Jewish population of Victoria, presently more than 18% are aged 65 and over, and the proportion is projected to exceed 22% by 2026, almost a quarter of a century earlier than within the total population of Australia. Equipped with the research findings, we regard the

upcoming demographic changes as an opportunity to become the Aged Care industry leaders.

We will continue attending to the diversified needs of our community by expanding our programs and providing our community with top-of-mind services, in their home and at our facilities, reflecting the desires and expectations of our clients and their carers.

We believe in the successful continuity of the Victorian Jewish community. However, there is just one way to build a strong, vibrant and sustainable community. And that's together. It's only by combining the commitment of our supporters with the resources of Jewish Care that enable us to continue supporting thousands of people.

As the 2012 Annual Appeal is on our doorsteps, we invite the entire Jewish community of Victoria to assist us in raising the necessary funds to improve lives of people of all ages and abilities, help them to overcome challenges, bring their dreams to life and let their inner light shine.

Please donate generously to our Annual Appeal. It is this unity that will allow us to turn lives around, together.

Bill Appleby
Chief Executive Officer

Bruce Rosengarten
President

2012 Annual Appeal

Giving is in Our Nature

We are born into this world with unique genetic characteristics given to us by our parents and providing us with distinct appearance and character traits.

As children, we grow in the community with a rich cultural and spiritual heritage and a wealth of experience inherited from our forefathers. As adults, we give back to the community by developing its resources, raising future generations and offering a helping hand.

One of the fundamental pillars of Judaism is *tzedakah*. Unlike charity, the Hebrew word *tzedakah* means justice and constitutes a moral obligation to assist people in need.

While often financial in nature, *tzedakah* is also about sharing your skills and knowledge with others. The reward is in the giving.

Founded as the Melbourne Jewish Philanthropic Society in 1848, we helped new migrants to establish their homes in Australia, find jobs and place food on their tables.

We have grown with the community for over 160 years, assisting its members and helping them to thrive. And today, Jewish Care continues the tradition of turning lives around.

Thanks to your generous support, we are able to respond to the diverse needs of our community by delivering a full range of social justice programs, including financial services, employment and training, housing assistance, mental health programs, counselling, healthy ageing programs, kosher food service and cultural and spiritual services.

These programs do not receive government funding and rely heavily on \$5 million per annum of community donations.

This year, as we are launching our Annual Appeal 2012, we are calling out to the community once again. In order to help thousands, we need millions. Don't break the generational chain of supporting each other.

Let's assist people at all stages of life to build their capacity, establish long-term security, achieve their goals and live full and meaningful lives.

Let's continue to give. After all, it's in our nature.

To donate to our 2012 Annual Appeal, go to www.jewishcare.org.au

A History of Annual Appeals

A picture is worth a thousand words. Take a walk down memory lane and view some of Jewish Care's archived Annual Appeal posters, depicting community needs from 1960s until today.

To view more of our Annual Appeal posters, go to the 'Events' page of our website at www.jewishcare.org.au



1965



1976



1978



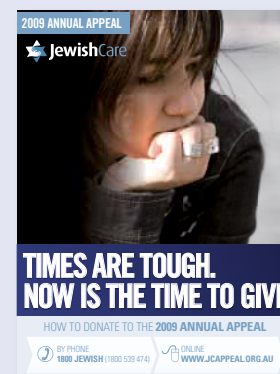
1979



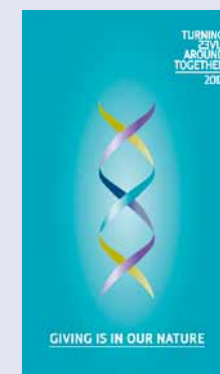
1980



1981



2009



2012

GIVING
IS IN OUR
NATURE



2012 Jewish Care Annual Appeal

We're born with the spirit of *tzedakah*, a willingness to give, that helps build a strong, vibrant, sustainable community. So let's turn lives around – together – in 2012 by giving generously to the Jewish Care Annual Appeal. It's in our nature, after all.

Donate now at jewishcare.org.au or call 1800 JEWISH (1800 539 474)

TURNING
23VL
AROUND
TOGETHER
2012

JewishCare
My Community. My Choice.

Get Physical, Get Supported, Get Connected

One Big, Happy Family

Being surrounded by your family in a safe, supportive and cosy home is a dream of every person. This dream came true for three siblings living at Gary Smorgon House: Anne Bernstein (aged 95), Rose Zmood (aged 91) and their baby brother, David Lowe, aged 86.

Today, after many years of work and raising their own children, they are reunited under one roof again. Like all siblings, Anne, Rose and David share jokes, relive childhood memories and take care of one another.

"We are very lucky to be at Gary Smorgon House," says Anne Bernstein. "As I get older, I have to overcome my health challenges, but here I get help and exceptional support without asking twice."

"We are one big, happy family," adds Rose Zmood with a smile. By 'family' she means all residents, staff and visitors. Just like family members do, Anne, Rose and David actively participate in decorating Gary Smorgon House before each holiday. So too, at their respectful age, they still join community volunteering projects such as Jewish Care's Working Bee Days.



(From left) David Lowe, Rose Zmood and Anne Bernstein at Gary Smorgon House

"We give back to the community in the way we can," says David Lowe.

Together, these three siblings like to attend various activities at Gary Smorgon House, including physiotherapy sessions, bowling, bingo, prayer services at shul and Shabbat celebrations—all of which help them to stay healthy and in good spirit. They also enjoy socialising and playing board games with their friends, many of whom they have known for over fifty years.

Their children, grandchildren and numerous great-grandchildren often come to visit Anne, Rose and David, giving them lots of *nachas* and making their ageing years truly happy.

Direct In-home Support Prolongs Independence

Just like anyone else, most elderly people prefer living in the comfort of their home.

Jewish Care supports seniors to continue living independently through BlueStar and Keshar programs which assist clients with customised case management, home cleaning, meal preparation, personal and post-hospital care as well as shopping, transportation and recreational activities.

For more information about Keshar and BlueStar, contact (03) 8517 5999 or info@jewishcare.org.au



Marta Hartman enjoying a coffee outing with her BlueStar support worker, Charmaine Genziuk

A Typical Day in the Lives of Our Residents

- 8:00am** Breakfast
- 9:00am** Newspaper delivery and reading
- 10:00am** Morning tea
- 10:30am** Relaxation with aromatherapy/ Baby visiting group
- 12:00pm** Lunch
- 1:00pm** Day trip to Williamstown
- 1:30pm** Arts & Crafts/ Board games
- 2:00pm** Afternoon tea
- 3:00pm** Sensory activities
- 4:00pm** Classical music session
- 4:30pm** Neighbourhood walks: Stretch your legs
- 5:00pm** Dinner
- 6:00pm** Movie night presentation
- 7:45pm** Torah learning class
- 8:30pm** Good night!



Morris Broder, volunteer bus driver, welcomes residents on a day trip to Williamstown

Did You Know?

Jewish Care provides home safety improvement services to seniors, including the installation of ramps, rails, appropriate seating and shower safety devices. Equipment recommendations are based on assessed needs of clients.

For more information, contact (03) 8517 5999 or info@jewishcare.org.au

Living an Active Life

Each month 700 people attend Jewish Care's Active Living Centre (ALC) on Kooyong Rd in Caulfield and our Healthy Ageing programs offered at Leo Baeck Centre and Kew Hebrew Congregation.

As part of our Healthy Ageing program, the ALC enhances the physical, emotional and spiritual wellbeing of seniors. It operates five days a week, Monday to Friday, offering a range of social, therapeutic and recreational services.

Our counsellors help clients and their families through individual and group sessions aimed at enhancing their quality of life.



David Morris exercising at the ALC gym

To download the monthly timetable of the Active Living Centre activities, go to the 'Community Aged Care' page of our website at www.jewishcare.org.au



Margit Meier and Max Sussman participating in a trivia quiz at the Active Living Centre

The schedule of activities is carefully designed to assist seniors in staying active, independent and connected, while considering their personal needs and interests. Throughout each week, participants attend physiotherapy and balance exercising sessions, yoga and Tai Chi, music and trivia, as well as dancing, counselling, art classes and other exciting activities.

Jewish Care's staff and volunteers provide culturally-specific support in several languages, including Yiddish, Russian and Hungarian, creating an inclusive environment for all.

To find out more about the Active Living Centre's programs, please contact Deborah Harvey on (03) 8508 6326 or dharvey@jewishcare.org.au

Strengthening the Wellbeing of Holocaust Survivors

Melbourne has the largest number of Holocaust survivors per capita outside of Israel. They come from a variety of countries after suffering the horrors of the Second World War, impacting on their lives for years.

The Holocaust Survivor support program is one of the biggest areas of Jewish Care's Healthy Ageing program, attended by 140 seniors at Slome Hall, generously provided by Temple Beth Israel. The sessions are run in English and Russian.

These weekly gatherings provide an opportunity for seniors to socialise and meet new friends, exercise and hear inspirational lectures, followed by a delicious lunch and entertainment.

Participants also look forward to monthly Tuesday Club meetings at the Kadimah in Elsternwick, which has been going for over 32 years and wonderfully run by Masha and Avram Zeleznikow.

To find out more about the above programs, please contact Deborah Harvey on (03) 8508 6326 or dharvey@jewishcare.org.au

Building Capacity at the Right Time

Like any other stage in life, ageing has its own challenges associated with frailty, difficulties in accessing services or social isolation.

The Alan Rabinov program, based at Jewish Care's Active Living Centre, addresses the needs of our elderly community members by providing capacity building activities, restorative care and social inclusion.

Operating under the Home and Community Care (HACC) Active Service Model, the program is run six days a week from 10am to 3pm (except for Saturday).

Participants enjoy news reviews, guest speakers' lectures, games and exercise sessions.

The program is run in both English and Russian in a friendly and supportive atmosphere.

The residents of Port Phillip, Stonnington, Glen Eira, Bayside and Kingston areas are eligible to attend the Alan Rabinov program.

Transportation can be provided based on assessed needs of clients.



Maria Bakun playing Dominoes with her friends at the ALC

For more information on the Alan Rabinov program, please contact Susan Lyon on (03) 8508 6322 or slyon@jewishcare.org.au

News, Views and Advocacy

The Power of Art

In December, the Atrium at Federation Square hosted an inspirational art exhibition, called *Wild Love Imaginariums*, created by a gifted 17-year-old artist and a client of our Children's Respite House, Marley James Wright.

Diagnosed with autism and epilepsy in early childhood, Marley has been unable to speak coherently for years and seems to dwell in a parallel world. However, he powerfully communicates his feelings of love, dreams and thoughts through the medium of art.

From a very young age, Marley was an observer, who could spend long periods of time standing without movement, mesmerised by objects and colours. Unfortunately, that often led to epileptic seizures. Marley's mother, Nancy Bekhor, used art to encourage her son to sit.

She never imagined that this simple introduction to art would eventually develop into an incredible artistic talent.

Marley's art is proudly featured on the walls of Children's Respite House that he loved to attend for many years,

making new friends and discovering the world around him.

"Maria (Children's Respite House carer) taught him to laugh. Now he is hilarious—she brought out his latent comedian. And I began to laugh too," said Nancy Bekhor.

In her book, *Secrets of Autism*, due for release in 2012, Nancy describes her uneasy journey through motherhood. She admits that in the past, it was extremely difficult for her to overcome depression and a sense of false guilt. As time went by, Nancy realised that those feelings were counterproductive and damaging to the lives of both parents and their children with disabilities. Now, she encourages parents to calm down and accept the challenges associated with their children's limited abilities and help them to unveil their full potential and discover their talents.

Once Nancy forgave herself, she began taking great joy in Marley's art.



Marley with his mother Nancy, at the Wild Love Imaginariums art exhibition

"Life began to blossom and bloom for us. Marley is progressing quickly, acquiring new words and developing his artistic talent," said Nancy.

Presently, Marley and Nancy are planning more exhibitions locally and internationally. We wish Marley and his family even more success in future!

Visit Marley's website at www.marleyjameswright.com
For more information about Nancy Bekhor's book, *Secrets of Autism*, go to www.secretsofautism.com

Anti-Poverty Week at Jewish Care

Jewish Care has marked the National Anti-Poverty Week in November by hosting a morning tea for Jewish community financial aid providers including the Mizrahi Charity Fund, Melbourne Hebrew Ladies' Benevolent Society and Jewish Care's representatives.

Participants discussed the financial challenges facing the Victorian Jewish community members including unemployment and high educational expenses.

Financial stress can place unbearable pressure on families, jeopardising the wellbeing of its members.

Jewish Care offers financial assistance to relieve immediate distress and a range of comprehensive services designed to improve the financial situation of individuals and families, such as interest-free loans, financial



Participants showing support for Anti-Poverty Week

counselling, Saver Plus matched savings program and financial aid.

As a result of utilising Jewish Care's services, our clients gain a better understanding of financial management, budgeting and capacity building strategies, improving their skills and confidence to establish long-term sustainability.

For more information about Jewish Care's Financial Services, contact (03) 8517 5999 or info@jewishcare.org.au

Investing in Leadership Development

Effective leadership development was the key focus of Jewish Care's Annual Nefesh Retreat – a two-day professional workshop for Jewish Care's Program Managers held in November.

Participants learnt efficient leadership techniques and discussed performance improvement strategies in a friendly, relaxing atmosphere.

The Nefesh Retreat is a part of the Ethos Program, focusing on our staff's professional growth, linked to Jewish Care's values and mission.

Furthering the education and development of our staff, Jewish Care provides an annual opportunity for two managers to undertake the JNF Mission to Israel creating a holistic understanding of Jewish culture.

Future Trends of the Australian Jewish Community

The Jewish community faces a huge demographic shift over the next 10-20 years, as the generation of Baby Boomers begins to age, according to the Gen08 report on *Older Jewish Australians*.

This research project, released by the Australian Centre for Jewish Civilisation at Monash University and sponsored by Jewish Care, represents a first time collation of census data and survey findings, to provide detail and direction for Aged Care planning.

Professor Andrew Markus, the report's lead author, commented that "Australia's Jewish community has a far higher proportion of people aged over 65-84 than the general community and that proportion will

increase substantially. This will place significant pressure on the community's resources and funding."

The evidence-based findings demonstrated clear need for Jewish organisations to work in partnership with one another and with government in creating a responsive support system to the distinctive and diverse needs of the community.

Jewish Care is committed to understanding our community's present and future needs, directions and trends. The Gen08 research outcomes have influenced our long-term decision making, including growing capacity and expansion of Jewish Care's services.

"Jewish organisations have always been at the forefront of this issue – providing some of the earliest models of care for older people. It's now our goal to ensure we respond responsibly, proactively and sensitively to meet the needs within our growing community," said Bill Appleby, CEO.



Cr Jamie Hyams (left) with David Southwick MP (right) at the launch of the Gen08 Report

To download your copy of the Gen08 Report on *Older Jewish Australians*, go to the 'Research and Innovation' page at: www.jewishcare.org.au



New Look, More Comfort

Over the past 12 months, Montefiore Homes residents were choosing and testing an extensive range of new furniture, generously donated by the Mandie family of the JR Group.

The brand new furniture consisted of indoor and outdoor settings,



Haim Legalka and Iris Swain enjoy the new look and comfort of their home

including couches, chairs, tables and coffee tables, designed in Europe and customised for the safety, accessibility and comfort needs of our community.

The residents believe that the new interior design has significantly improved their quality of life.

"It's comfortable and beautiful," said Haim Legalka. "What else do we need? It's like living in a hotel."

"We express our sincere gratitude to the Mandie family. Their contribution has enhanced the wellbeing of our clients and added to the *heimish* feel of the residence," said Jenni Colliver, Facility Manager, Montefiore Homes Residence.

AGM Panel Discussion Sheds Light



The panelists shed light on the future developments of the Aged Care industry

Jewish Care's AGM held on 23 November was an engaging, informative event. The audience of over 100 people listened to a positive organisational overview of the milestones and achievements of the past financial year and the future directions, outlined in the strategic plan, *2011 Towards Tomorrow*, delivered by the President, Bruce Rosengarten, and the CEO, Bill Appleby.

Life Governorship Awards were presented to Bronka Kaplan, Jack Smorgon AO, Robert Smorgon AM and Philip Brass for their extraordinary commitment to Jewish Care and the Jewish community of Victoria.

A thought-provoking panel discussion based on the Productivity Commission's landmark report on *Caring for Older Australians* followed, professionally hosted by ABC Radio National broadcaster and journalist, Peter Mares.

Distinguished panelists included Prof. Andrew Markus of the Australian Centre for Jewish Civilisation at Monash University and principal author of the Gen08 report on *Older Jewish Australians*; Susanne Macri AM, Former Associate Commissioner, Productivity Commission - Inquiry into Caring for Older Australians; and Gerard Mansour, CEO, Aged & Community Care Victoria (ACCV).

Download our Annual Report 2010/2011 from the 'Annual Reports' page of our website at www.jewishcare.org.au



Partnerships and Community Engagement

Young Achievers Celebrate Success

What a fantastic year it has been for Young Achievers, who expanded their skills, knowledge and experience in so many ways!

During the past 12 months of exciting workshops, participants have learnt cooking, rock climbing, self-defence and horse riding, while improving their teamwork and communications. Each mentee was paired with a caring mentor, helping participants to achieve their goals.

In December, Jewish Care hosted its ninth graduation ceremony for mentees and mentors, proud relatives, friends and supportive community members.

Evelina Kaganovitch, mentee, shared her feelings about the program in her speech: "The friendships you will form will be lifelong, the things you'll do will be unforgettable and the experiences that you'll have will be reflected upon for years to come."



Young Achievers received recognition of their personal accomplishments



Philip Brass, the co-founder of the Young Achievers Program, with Evelina Kaganovitch

Kate Weiss, keynote speaker, inspired the graduates to overcome challenges and create the future they desire.

Michael Debinski, Jewish Care Co-Vice President, acknowledged the amazing dedication of the mentors, sharing their talents with the mentees and making a true difference to their lives.

Participants were awarded with a Certificate of Completion and a wonderful album of photographs which captured the Young Achievers' memories of 2011. They greatly appreciated receiving recognition of their individual achievements, and a feeling of accomplishment and success buzzed around the room.

Leadership Luncheon

Over 60 community Rabbis and lay leaders gathered at Jewish Care for the annual Leadership Luncheon in November.

Bill Appleby, Jewish Care's CEO, delivered an inspirational speech raising the awareness of Jewish Care's work and highlighting the importance of collaboration and partnership across Jewish organisations.

The event helped to build networking opportunities and connections with many local Jewish congregations.

Meet the Jewish Care Family

Did you know that Jewish Care holds site tours for supporters of our community?

In just 2 hours of your time we'll take you to Glen Eira Villas, Children's Respite House, the Active Living Centre and Gary Smorgon House. Our managers and staff look forward to welcoming you and answering your questions.

Visit Jewish Care and find out how we positively impact on thousands of lives.

If you would like to participate in our site tour, please contact Feygl Cylich on (03) 8517 5602 or fcylich@jewishcare.org.au

Finding the Voice of Munzer Residents

Sadie Goldsmith and Trudie Aldor, two Holocaust survivors living at Mark & Dina Munzer Community Residence, have preserved their precious memories for future generations.

Both ladies participated in Jewish Care's project, *Finding Your Voice*, and shared their fascinating life stories with two dedicated volunteers, Joelle Barnett and Anne Korman, who carefully recorded the biographies and produced their original photo books, called *Reflections*.



(Front) Sadie Goldsmith, Trudie Aldor (Back) Joelle Barnett, Sylvia Drever, Anne Korman

Before the war, as teenagers, Sadie and Trudie lived peacefully with their families in Europe. Soon, their lives changed drastically. Sadie suffered the unbearable loss of her parents and siblings; Trudie was sent to Auschwitz, where she went through a life-threatening condition after losing her mother in the gas chambers. After the war ended, both ladies married and established their lives in Australia.

In December 2011, the celebration of the official photo book launch took place at the Munzer residence to the great excitement of all. Children, grandchildren, relatives, friends, community members and staff united together to show support and recognition of Sadie's and Trudie's life journeys.

Generations of Women Learn Resilience

Over 200 women gathered at the International of Brighton for the annual Generations of Women fundraising brunch, contributing to Jewish Care's counselling and financial support services.



Melissa Davis (left) with guest speaker Ingrid Poulson



Generations of Women Committee

Our guest speaker, Ingrid Poulson, inspired the audience with her presentation on resilience. She spoke about her own compelling journey after suffering an unimaginable tragedy related to family violence, on how to 'rise, survive and thrive' and find joy in life.

Giving Beyond Her Lifetime

We have recently received an unexpected bequest from Lily Barbanell, who was a longstanding supporter and member of Jewish Care, donating regularly to our services for over 28 years.

Born in the Polish city of Czeszochowa in 1918, Lily lived with her parents and a younger brother until the war broke out. Tragically, Lily's family perished in the Holocaust and she escaped from a labour camp and hid in the countryside.

Throughout the war, Lily managed to save a unique photo album of her



Lily Barbanell (right) with her friend Maria Kamm (left)

family's pre-war images—the only memory of her loved ones, giving her strength to survive.

After the war, Lily married Michael Barbanell, a Polish survivor, and the newlyweds moved to Paris and later to Australia. Unfortunately, they were unable to have children following Lily's labour camp experience.

For many years, Lily saved money in a separate bank account for an unknown cause. In 2011, Lily passed away at the age of 92, leaving a bequest to Jewish Care.

Lily never informed us of her intention to make a bequest. We only wish we could have shared with her the impact of her wonderful gift beyond her lifetime.

If you are considering making a bequest to Jewish Care, or if you already have included us in your will, please let us know—so we can thank you, today.

If you would like to register and learn more about volunteering opportunities, contact Feygl Cylich on (03) 8517 5602 or fcylich@jewishcare.org.au

11 Tips on how to Rise, Survive and Thrive

1. Choose to be a survivor, not a victim.
2. Believe in a good universe.
3. Take the next step.
4. Work on being happy.
5. Hold on to your values.
6. Surround yourself with goodness.
7. Give.
8. Be gracious in accepting support.
9. Be grateful.
10. Remember your physical self.
11. Celebrate!

Source: Ingrid Poulson

The Value of Volunteering

Chanukah is a time of community spirit, commitment and miracles. Last Chanukah, 130 Jewish Care volunteers packed 1600 Chanukah gift bags for our residents, friends and isolated community members. Their tremendous dedication and unity created a wonderful holiday atmosphere and lit up the souls of many. Following the packing, participants enjoyed a luncheon in honour of International Volunteer Day, which acknowledged the amazing contribution of our volunteers.



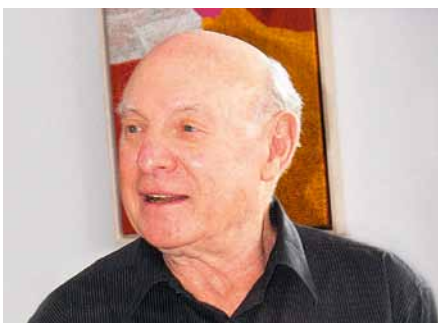
(From left) Reut Eisen, Shelley and Lisa Oboler

To register and learn more about volunteering opportunities, contact Adriana Smith, our new Volunteer Resource Program Manager, on (03) 8517 5700 or asmith@jewishcare.org.au

Sharing the Simcha



Harry and Cera Newhouse marked their 50th wedding anniversary by donating to Jewish Care



Ben Burstin made a donation to Jewish Care in honour of his 80th birthday



The Gandel Besen House Kindergarten students received Certificates of Appreciation for their donation to our Children's Respite House



Mazal Tov to Gerald Frank who celebrated his 60th birthday by making a donation to Jewish Care



Isabella De Winter donated to Jewish Care in lieu of her Bat Mizvah gifts



A simcha for Jewish Care staff at the end of year Hawaiian Staff Party

A Word of Thanks!

Thanks to your generous donations to our September campaign and Phantom Tea, we have raised a combined total of \$111,000 allowing us to continue delivering our social justice programs and disability services. We appreciate your ongoing contributions supporting the wellbeing of the Victorian Jewish community.

 To make an online donation to Jewish Care, simply go to www.jewishcare.org.au/donate

Thank-You

A tremendous thank you to all those who have made their recent celebrations an opportunity to donate to Jewish Care.

Bat Mitzvah Nina Peer Isabella de Winter	40th Birthday Daniel Goldman	75th Birthday Leon R Cohen	50th Wedding Anniversary Harry and Cera Newhouse
Bar Mitzvah Jared and Matthew Blode	50th Birthday Danny Shavitsky	80th Birthday Ben Burstin Elaine Efron Raymond Kupfer	
Special Birthday Carol Shapiro Faye Lux Raymond Vidor	60th Birthday Morry Fraid Rodney Smorgon Robert Dindas Gerald Frank Mary Hoenig	Wedding Sol and Tal Zehnwrith Justine and Guy Olian	

To share your Simcha, please contact our Development Team on (03) 8517 5963 or development@jewishcare.org.au

Volunteers needed for our Telethon

Support our 2012 Annual Appeal and help turn lives around by donating a couple of hours to our Telethon.

Session Times

Sun 26 Feb	10:30am – 8:00pm*
Mon 27 Feb	5:30pm – 8:00pm
Sun 4 March	5:30pm – 8:00pm
Mon 5 March	5:30pm – 8:00pm
Tue 6 March	5:30pm – 8:00 pm
Sun 1 April	10:30am – 8:00pm*
Tue 17 April	5:30pm – 8:00pm
Wed 18 April	5:30pm – 8:00pm
Tue 12 June	5:30pm – 8:00pm
Wed 20 June	5:30pm – 8:00pm
Thu 21 June	5:30pm – 8:00pm

2hr shifts available

Location & Contact

Jewish Care
Education Room
619 St Kilda Rd, Melbourne
Contact Emma on (03) 8517 5933
telethon@jewishcare.org.au

Celebrating Chanukah at Jewish Care

We have recently celebrated Chanukah with words of inspiration, entertaining plays, delicious food and dreidel competitions making the eight-day holiday truly special for our residents, family and friends.

 To view more images of our events and celebrations, go to the 'Events' page of our website at www.jewishcare.org.au



Rabbi Yisroel Kohn reviewing the holiday customs with Smorgon Nursing Home residents



Janet Mitchell (left) dancing with Phoebe Sher at Gary Smorgon House



Munzer resident Magda Rose with granddaughter Hayley and great-grandchildren Paige and Tyler



Debbie Lissek brings light to the Chanukah celebration for Disability Services at Toorak Shul



Betty Silberman playing dreidel at Montefiore Homes Residence



Mona Rosenfield with Paul Kurta at the Active Living Centre Chanukah party



George Neuhauser and Sheryl Sacher sharing latkes at Glen Eira Villas Chanukah party



Enid Elton (left) with Irene Slavutin (right) tasting doughnuts



Moshe Fried lights up the chanukia at Gary Smorgon House



(From left) Lior, Avital and Elliya Caplan colouring Chanukah cards for our community members



Waclaw Krol playing accordion at the Active Living Centre Chanukah party



(From left) Tali Troy, Lara Kuran and Anne Korman volunteering at the Chanukah Working Bee Day

Message from our Rabbi

Connection to Our Roots



Rabbi Meir Shlomo Kluwgant

The Jewish festival of Tu B'Shvat, or the 'New Year' of trees, which we have recently celebrated, highlights the importance of all forms of life and reminds us of personal growth and

longevity. The Torah compares people to trees: "A person is like a tree of the field." (Deuteronomy 20:19)

Just like trees, humans need to be nurtured carefully in order to grow strong and blossom. Similar to damaged trees, people also experience times of hardship. Being firmly connected to one's roots is a crucial ingredient to withstanding the challenges and overcoming turbulent times.

For many decades, Jewish Care has supported the Victorian Jewish community, helping its members to overcome their personal difficulties and indeed to celebrate their own successes. We believe in the potential of all individuals, and consider it our duty to assist them in their time of

need. Together with our generous donors, we turn lives around, helping our clients to bear the fruit of their own achievements.

We can all learn from the giving nature of trees providing us with oxygen to sustain our lives. With the 2012 Annual Appeal fast approaching, we ask you to turn to Jewish Care and help us to sustain lives and support the wellbeing of our community.

And, as we turn yet another Gregorian calendar, I extend my personal wishes and blessings that we may all be blessed with long and meaningful lives, surrounded by our loved ones, and good health to enjoy it.

Rabbi Meir Shlomo Kluwgant

Yes, giving is in my nature and I want to help turn lives around.

Please accept my donation of ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$150 ☐ \$250

OR my choice \$ (All donations over \$2 are tax deductible)

☐ Please find my cheque enclosed (made payable to Jewish Care)

OR Please debit my ☐ Visa ☐ MasterCard ☐ Amex

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Email

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☐ Yes, I would like to make monthly donations to Jewish Care

I authorise my credit card to be debited \$ per month. (Minimum \$10)

Please send me more information on

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