

# THE COMMUNITY HERALDS IN A NEW ERA OF AGED CARE

**JOBSEEKER DEMAND RISES 62% AT ALWAYS MOVING FOWARD**

PAGE 2

**JEWISH CARE RECEIVES 2.2M SURPRISE BEQUEST**

PAGE 5

**CELEBRATING A LIFETIME OF VOLUNTEERING**

PAGE 9

## MESSAGE FROM OUR PRESIDENT



Robyne Schwarz, President, Jewish Care

### We are deeply grateful for our community's outstanding response to this year's Annual Appeal.

Of the more than 3500 supporters who contributed to this year's campaign, the majority either matched or exceeded their previous appeal donation.

Your support, in these difficult times, has made a tremendous difference to our ability to provide assistance to those members of our community hardest hit.

However, for many families and individuals in our community, the struggle continues daily, and with the New Year come new needs.

Although we endeavour to provide short term emergency assistance when it's needed, our goals must be long term. We are focused on empowerment, and our programs are designed to enhance resilience and self-sufficiency. In this issue we will share with you how Jewish Care provides confidence for the jobless, self-respect for those confronting mental illness, independence for our elderly, a future for people with disabilities, and leadership for our youth.

We also are pleased to report on several significant government funding and research grants we have received. But our programs will always need your long-term support as well.

By committing to ongoing giving to Jewish Care, you can help ensure the stability of our vital services, by enabling us to improve program delivery through proper planning and long term goal setting.

By doing so, we enhance the wellbeing of our community not just for today, but into the future as well.

Wishing you all Shana Tova – a happy and healthy New Year.



Robyne Schwarz  
President, Jewish Care

## JOBSEEKER REGISTRATIONS RISE 62% AT ALWAYS MOVING FORWARD

The economic downturn is fuelling unemployment figures, with the number of Australians unemployed in the past 12 months rising by 180,000 to 664,000. More and more members of the Jewish community are confronting joblessness – and the challenges which accompany it.

People often define themselves in terms of their employability. The shock of unemployment, regardless of the reasons for job loss, can be extremely demoralising.

Always Moving Forward (AMF) is Jewish Care's training and recruitment service. It is the first port of call for many Jewish jobseekers in Melbourne, whose job search skills are rusty after being in the same job for 10 or 15 years, or who are facing critical skill gaps in areas of technology and communications.

Jobseeker registration at AMF has far outstripped the national average, with a 62% rise in the number of jobseekers registering with the organisation in 2009.

AMF's mission is to see each individual as a whole person and to restore confidence.

Always Moving Forward's quality training programs include computer courses in key business essentials such as MYOB, Word and Excel. The staff assist with resume writing, job search and interviewing skills.

First established in 2004 to address the needs of the orthodox community, AMF has expanded to cater for all segments of the Jewish community, assisting 109 jobseekers to secure employment since January 2008.

With rigorously screened candidates covering the entire spectrum of professional expertise, and a no-fee policy to either employer or candidates, AMF offers a recruitment solution for companies of all sizes.

Employers who wish to list job vacancies or jobseekers who wish to explore employment opportunities are invited to contact Always Moving Forward on 9528 4466.



To donate to Always Moving Forward, contact the Development Team on 8517 5963.

## GIVING TODAY – HELPING TOMORROW

Jewish Care's Community Support Services are vital to people in need, particularly during these challenging economic times. Many of these programs do not receive government funding and depend entirely on community support.

Triennial giving, where donors commit to three or more years of program funding, can ensure the financial stability of our vital services and enables us to improve program delivery through enhanced planning, service innovation and the development of long range strategic goals.

Jewish Care is grateful to those donors who have already made this commitment – but there is still a significant need for additional long-term donor support.

For more information about long-term sustainable funding, please contact the Development Team on 8517 5963.



## “THOSE WHO CAN, HELPING THOSE WHO CAN’T”

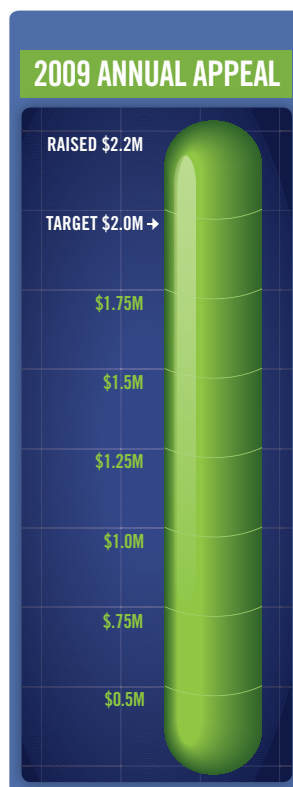
### Jewish Care Exceeds Annual Appeal Target

Thank you to our wonderful supporters, who have helped to raise nearly \$2.2 million for Jewish Care, exceeding our Annual Appeal target.

We are grateful to have achieved this outstanding outcome, particularly in light of the global economic crisis, which has led many not-for-profit organisations, both in Australia and around the world, to struggle to meet their budgetary demands.

This funding enables our range of services to go even further, providing more assistance to more families who call on Jewish Care for assistance.

The financial year 2009/2010 still presents challenges ahead, but with your ongoing support, we will continue to deliver our services, that are so vital to the wellbeing of our community.



## BEST INVESTMENT WE’VE EVER MADE

**Jump Start, Jewish Care’s Jewish Mutual Loan Fund, has been providing interest free loans to Victoria’s Jewish community for over 120 years. The Jewish Mutual Loan Committee was launched in 1888 with a donation of ten guineas; that same ten guineas is effectively still in circulation today.**

Jump Start loans are part of Jewish Care’s suite of financial services. The concept is simple: Jump Start lends money to individuals without charging interest, but with the expectation that every loan will be repaid. A 99% repayment rate shows that the system works.

To help more families manage their financial challenges, Jewish Care has revised eligibility criteria to facilitate easier borrowing.

Funds are currently available to enable members of the Jewish community to improve their quality of life through the purchase of a new appliance

or better health care, or by undertaking vocational or personal development.

Repayment schedules are flexible and eligibility is based on a demonstrated ability to repay the loan. Enquiries are private and all information is treated with the highest degree of confidentiality.

For further information about Jump Start loans, contact Anna Barbakh on 8517 5653.

## SETTING UP A FAMILY CHARITABLE TRUST

Are you thinking about taking your giving to a higher level? Are you:

- Successful in business and keen to use those skills for the common good?
- Making donations but keen to get involved in more meaningful, creative and sustainable ways?
- Interested in the ‘social fabric’ and issues close to home?
- Concerned about personal wealth and its associated issues?
- Interested in an opportunity to enhance family relationships and build a tradition of philanthropy within your family or organisation?
- Interested in having your own charitable foundation?
- Ready to start giving in a way that creates lasting good?

If you share some or all of these characteristics, you may like to consider setting up a Prescribed Private Fund (PPF) and nominate Jewish Care as a beneficiary organisation. PPFs are soon to be renamed Private Ancillary Funds; however, you may be more familiar with the term Prescribed Private Fund, as they have become a popular legal structure used by families, individuals or companies to establish grant-making foundations.

PPFs are relatively simple to establish and maintain, and enable families to control their giving. They do not require public donations and offer valuable tax benefits. For further information about establishing a PPF, you may like to contact Leigh Goldberg at Perpetual Private Clients on 8628 0429 or email [leigh.goldberg@perpetual.com.au](mailto:leigh.goldberg@perpetual.com.au).

If you already have a PPF and would like to nominate Jewish Care as a beneficiary, please contact our Development Team on 8517 5963.

## HERE ARE SOME OF THE WAYS YOU CAN HELP JEWISH CARE

[Make a Donation](#)
[Include Us in Your Will](#)
[Share Your Simcha](#)
[Make a Capital Gift](#)
[Become a Volunteer](#)

**TO FIND OUT MORE, CALL OUR DEVELOPMENT TEAM ON 8517 5963**

## GLEN EIRA ROAD

# THE VISION OF GLEN EIRA ROAD TAKES SHAPE

In December this year, Jewish Care's Glen Eira Road complex will be officially opened to provide full time accommodation for 16 adults with disabilities as well as our first respite relief for those looking after family members.

We are looking forward to our first residents moving in early next year.

The Glen Eira Road project was launched nearly four years ago at Jewish Care's Gala Dinner in 2006 in response to the community's pressing need for disability care.

Designed in consultation with members of the community, the complex will offer a variety of private and communal spaces. The project represents a conceptual breakthrough

in community inclusiveness for people with a disability, providing opportunities for a dramatically enhanced quality of life.

Residents will be able to take part in social activities and get involved in community events, while also enjoying their independence and freedom of choice in a safe, structured environment.



The Glen Eira Road Development begins to take shape.

# CHEQUE FOR GLEN EIRA ROAD PRESENTED AT PARLIAMENT HOUSE

The Premier John Brumby together with the Hon Jennifer Huppert MP and the Hon Tony Lupton MP presented Jewish Care with a cheque representing the final instalment of the Government's \$400,000 assistance package to fund the Glen Eira Road complex for adults with a disability.



The Hon Jennifer Huppert MP, the Hon Tony Lupton MP, Premier John Brumby, Jewish Care Board Member Bruce Rosengarten and CEO Bruce Salvin.

# GLEN EIRA ROAD FUNDING OPPORTUNITIES

Thank you to our generous donors who have already provided funding for this magnificent project.

The following funding opportunities in support of this innovative development are available for your consideration:

Glen Eira Road Facility Naming Rights	\$1,500,000
South East House Naming Rights	\$800,000
North East House Naming Rights	\$720,000
North West House Naming Rights	\$720,000
South East House, Respite Facility	\$500,000
Sukkah	\$180,000
Respite Courtyard	\$150,000
North West House Communal Lounge	\$150,000
South West Upper House Communal Lounge	\$150,000
Chai Board (each)	\$18,000



If you would like to donate to Jewish Care's Glen Eira Road Complex, please contact Alyson Miller, Director of Development, on 8517 5715.

## JEWISH CARE RECEIVES AN UNEXPECTED \$2.2 MILLION BEQUEST

The Aaron Arthur Smith Estate has bequeathed a surprise \$2.2m to Jewish Care.

Astute management by the estate executors increased the size of the original bequest to an astounding \$4.4 million, distributed equally between Jewish Care and Mount Scopus.

The late Mr Smith, who never married, was actively and lovingly involved in the lives of his niece, Thelma Meerkin, past President of the Mount Scopus Mothers' Club, and nephew, Charles Lux, former President of the Montefiore Homes. Their respective commitments to both the needy and to Jewish education impressed Mr Smith, and it was this dedication that inspired his Will.

To mark this outstanding contribution, Jewish Care will be naming a floor at the Glen Eira Road supported accommodation complex for adults with disabilities in honour of the Aaron Arthur Smith bequest.



Aaron Arthur Smith, 2nd from right.



Thelma Meerkin co-executor of the Aaron Arthur Smith Bequest, and Robyne Schwarz, President, Jewish Care surveying the Glen Eira Road site.

## THE HON LISA NEVILLE MP CONFIRMS FUNDING FOR SUPPORTED ACCOMMODATION HOUSES



The Hon Minister Lisa Neville and Robyne Schwarz, President, Jewish Care.

On 26 August, the Hon Lisa Neville MP, State Minister for Mental Health, Community Services and Senior Victorians, joined Jewish Care executives, staff and residents of the Prahran Grove supported accommodation house for an afternoon tea.

The visit provided an opportunity to celebrate an additional \$248,847 recurrent funding for two of Jewish Care's five supported accommodation houses for adults with a disability.

The recurrent injection of these funds enables Jewish Care to continue to provide essential services to meet the changing needs of our residents such as personal care and daily living skills as well as overnight support.



Mark, a resident of Prahran Grove supported accommodation house, and Maureen Rogerson, House Supervisor.



Back row: Rabbi Meir Shlomo Kluwgant, the Hon Tony Lupton MP, the Hon Minister Lisa Neville MP, Denise, Bruce Salvin, CEO Jewish Care, Robyne Schwarz, President, Jewish Care  
Front row: Mark, Andrew, Shabtai and Deborah.



## GARY SMORGON HOUSE

# THE HON JUSTINE ELLIOT MP OFFICIALLY OPENS GARY SMORGON HOUSE

Gary Smorgon House, Jewish Care's newest aged care facility, received an enthusiastic reception at its official opening on July 7th.

Around 300 guests, including representatives of Federal, State and Local Government and key leaders of the Jewish community attended the festive event, together with residents. The Hon Justine Elliot MP, Federal Minister for Ageing, praised Jewish Care for the successful culmination of its vision to service the growing aged care needs of the Victorian Jewish community.

Gary Smorgon House raises the bar on the level of culturally-sensitive aged care service delivery available to members of the Jewish community. Visitors appreciated the attention to detail evident throughout the facility – from fully furnished bedrooms with private ensembles to stunning communal areas and garden spaces.

Gary Smorgon House's ageing-in-place model means that the changing care needs of residents can be accommodated, in many cases, without having to move rooms.

The facility's central location on Freeman Street, Caulfield, is within easy access of relatives and friends.

The residence offers a blend of fine cuisine with traditional Jewish cookery, prepared by an in-house chef in a purpose-built kosher kitchen. Artist-designed stained glass windows adorn the in-house shul, and a specially pre-programmed Shabbos lift – a unique feature in Australia – contributes to the uniquely heimish atmosphere.



Vicki and Robert Smorgon, The Hon Justine Elliot MP, Robyne Schwarz, President of Jewish Care, Jack and Val Smorgon.



Guests at the Grand Opening of Gary Smorgon House.



The Hon Justine Elliot MP assists Rabbi Heilbrunn affix a mezuzah (encased scripture parchment) at the opening of Gary Smorgon House.

## FUNDING OPPORTUNITIES AT GARY SMORGON HOUSE

Thank you to those who have donated so generously to Gary Smorgon House.

The following donation and sponsorship opportunities are still available for your consideration:

Synagogue	\$720,000	Level 1 Dining Room	\$250,000
Environmental Systems (energy & water)	\$500,000	Level 1 Acacia Courtyard	\$80,000
Level 3 Family Lounge	\$360,000	Level 1 River Garden	\$80,000
Hair & Beauty Salon	\$350,000	Internet Lounge	\$75,000
Level 1 Family Lounge	\$300,000	Oasis Activities Room	\$50,000
Theatre	\$300,000	Chai Board (each)	\$18,000



If you would like to donate to Jewish Care's Gary Smorgon House, please contact Alyson Miller, Director of Development, on 8517 5715.

## A MORNING WITH PETER ALEXANDER RAISES \$40,000



Peter Alexander poses with the Friends of Monte organising committee.

Two hundred women joined Peter Alexander on May 6 for a special fundraising event hosted by Jewish Care's Friends of Montefiore.

The well known pyjama king entertained the crowd with his rags to riches tale, which began at his living room table and has since taken Alexander around Australia and the globe.

The event raised about \$40,000 towards the purchase of special audiovisual equipment for Gary Smorgon House.

Led by Delysia Pahoff, the Friends of Montefiore organising committee, 21 highly dedicated and energetic women, celebrated their 26th anniversary supporting the residents of Jewish Care.

## KEY DONORS CHAMPION GARY SMORGON HOUSE

We would like to thank the outstanding generosity of those who have shared our vision of first class aged care services from the beginning. Your contributions have set an exceptional benchmark in ensuring quality facilities for the elderly members of our community.

**The Jack and Robert Smorgon Families Foundation** provided generous support for the facility, named in memory of Jack and Robert's late brother Gary.

**Don and Sonia Marejn** have maintained their commitment to the organisation that was their lifeline when they first landed in Australia as postwar refugees.

**Raymond and Mary Lou Orloff and Family** donated to the project in honour of Raymond's late father, Joe Orloff.

**Marietta and the late Richard Manders** have been longstanding supporters of Jewish Care for over 25 years.

**Joseph and Helen Frolich West** have remained committed to providing care for the vulnerable and elderly members of our community.

**Rae Rothfield and Family** donated the cafe of the Montefiore Community Homes Residence and is continuing this tradition at Gary Smorgon House by sponsoring Walter's Café, named in memory of her late husband. With assistance from Andrew Blode and the Jewish Museum, Rae has also coordinated the display of a magnificent collection of original artworks on loan from private benefactors.

**Sadie and Jack Fink and Family** were major donors of the Melbourne Hebrew Memorial Nursing Home in Ashwood, and their treasured memory accompanies the former residents of Ashwood to their new home.



Sandy Khazam, Curator at the Jewish Museum, positions artwork at Gary Smorgon House.



Some of the magnificent collection of artwork on display at Gary Smorgon House, coordinated by art aficionado Rae Rothfield with assistance from Jewish Care Board Member Andrew Blode, CEO of the Jack and Robert Smorgon Family Foundation, and the Jewish Museum.



Mark and Rae Rothfield at Walter's Café.

## SIMCHAS, YOUNG PEOPLE

### SIMCHA GIVING RAISES \$280,000

This past financial year, 130 members of our community chose to share their special simcha with those who are less fortunate. By requesting donations to Jewish Care in lieu of gifts, nearly \$280,000 was raised for our vital programs and services.

For more information on simcha giving, please contact our Development Team on 8517 5963.



Mazeltov to Illana and Steve Ehrenreich on their recent wedding.



Mela Groch celebrated her 90th birthday with family and friends.

### YOUNG PHILANTHROPISTS WANTED

Jewish Care is launching a youth philanthropy and development initiative to equip the community leaders of tomorrow.

Geared towards young people of Bar/Bat Mitzvah age and upwards, the program will create long term relationships with youth as ambassadors of Jewish Care. This program aims to encourage young people to get involved with their community and develop skills along the way.

The program will be named by young people, with projects and activities guided by them. Peer education, social networking and fundraising are key components on offer.

If you know a young person who may be interested, please encourage them to contact Donna Nuttall, Manager of Youth Engagement, on 8517 5933.



Twins Joel and Jasmine Bassat



Joel Tauber celebrates his Bar Mitzvah.

### CALLING ALL MENTORS

Research has shown that one of the key elements that help contribute to the resilience of young people is the presence of a significant adult figure in their lives.

Jewish Care's mentors fulfil this important role for the participants of our Young Achievers Program. By modelling positive values and taking the time to listen, our mentors help guide young people to discover their inner strengths and realise their true potential.

Our team of mentors is a diverse group aged between 25 and 65 and includes teachers,

lawyers, engineers and business owners. One thing they share is the deep sense of satisfaction that comes from giving to others. Says mentor Debra Pose, "These young people have so much energy and optimism. It is inspiring for me to see them achieve."

Jewish Care is currently recruiting mentors for the coming 2010 academic year.

To find out more about mentoring opportunities, please contact Donna Nuttall, Manager of Youth Engagement, on 8517 5933.

### THANK YOU!

A tremendous thank you to all those who have made their recent celebrations since April 2009 an opportunity to donate to Jewish Care.

#### BAT MITZVAH

Jasmine Bassat

#### BAR MITZVAH

Joel Tauber

Joel Bassat

#### 30<sup>TH</sup> BIRTHDAY

Lisa Belleli

Caroline Rose

#### 40<sup>TH</sup> BIRTHDAY

Liora Miller

#### 50<sup>TH</sup> BIRTHDAY

Vicki Factor

Sharron Singer

#### 60<sup>TH</sup> BIRTHDAY

Leon Lewin

Rod and Jessie Hartman

#### 70<sup>TH</sup> BIRTHDAY

Rubin Katz

Bennie Borenstein

Solly Nissenbaum

Sandra Velik

#### 75<sup>TH</sup> BIRTHDAY

Pauline and Geoffrey

Green OAM

#### 80<sup>TH</sup> BIRTHDAY

Henry Philipp

Stan Marks

Evelyn Goodman

Zelma Rose

#### 85<sup>TH</sup> BIRTHDAY

Maurice Lubansky

#### 90<sup>TH</sup> BIRTHDAY

Mela Groch

Raie Leed

#### 100<sup>TH</sup> BIRTHDAY

Noemi Fooks

#### WEDDING

Ilana and Steve Ehrenreich

#### 40<sup>TH</sup> WEDDING

#### ANNIVERSARY

Gary and Susan

Hearst Schwarz

#### GOLDEN WEDDING

#### ANNIVERSARIES

Rubin and

Golda Moseanu

#### 60<sup>TH</sup> WEDDING

#### ANNIVERSARY

Alf and Rose Henenberg

Josef and Rachel Amit

Marij and Leon Bloom

### UPCOMING YOUNG ACHIEVERS WORKSHOPS

The following Young Achievers workshops are open to the public:

➤ **THURSDAY 24 SEPTEMBER**  
Nutrition, Diet & Menu Planning

➤ **SUNDAY 18 OCTOBER**  
Debating and Current Affairs

To find out more about Young Achievers, please contact Donna Nuttall, Manager of Youth Engagement, on 8517 5933.



## VOLUNTEERS

### A LIFETIME OF VOLUNTEERING

Long standing volunteer Noemi Fooks has made the recent celebration of her 100th birthday an opportunity to support Jewish Care, requesting donations in lieu of gifts. Amongst other projects on behalf of Jewish Care, Noemi was co-founder, together with Masha Zeleznikow and Sula Reginski, of the popular Tuesday Club at the Kadimah Jewish Cultural Centre. She retired from volunteering two years ago at the age of 98.



Noemi Fooks celebrated her 100th birthday.

### A ROUND OF APPLAUSE FOR SUPPORTERS

Jewish Care's supporters are invaluable to the work we do, raising critical funds and donating over 22,000 hours of their precious time annually.

Jewish Care saluted our treasured supporters by hosting them at the Applause for a Cause performance of "I Can Cry," at the CUB Malthouse Theatre on May 27th. Founded by Lara Sacher, Applause for a Cause is a not-for profit organisation which aims to create and deliver entertainment in support of charitable causes.



Judy Wasserman and Bronia Raynor at the Applause for a Cause performance of "I Can Cry".

### GENERATIONS OF WOMEN

Jewish Care's Creative Arts Therapy Program will be the beneficiary of this year's Generations of Women Annual Brunch, which this year marks its 13th year raising funds for Jewish Care.

Melissa Davis leads an energetic organising committee, which includes Suzy Cohen, Rebecca Fried, Helen Gandel, Ruth Kaye, Susie Kennett, Karen Korn, Sally Kurz and Dahlia Sable.

This year's guest speaker is event management entrepreneur Bruce Keebaugh, Executive Director of The Big Group, who will share the

story of his company's phenomenal rise and will offer tips on the ingredients for event success.

Generations of Women Brunch will be held on Wednesday 21st October at the Brighton International. For more information, contact Frances Carter on 9517 5901.



Members of the Generations of Women Brunch Committee Susie Kennett, Helen Gandel, Karen Korn, Suzy Cohen, Melissa Davis (Committee Chair), Ruth Kaye, Sally Kurz.

### THE SOUND OF MUSIC

Community personality Assia New has been bringing joy and comfort to Jewish Care's residents for over 40 years. Assia has graciously stepped in wherever there is a need: visiting residents who are lonely, chauffeuring clients to doctor's appointments, or running her ever-popular English classes at Jewish Care's Independent Living Units.

But it is Assia's love of music which has touched the hearts of so many. She has had two world tours, performing in concert halls throughout the former Soviet Union, as well as Jerusalem, Atlanta and New York, and she has also staged a number of benefit concerts in Melbourne on behalf of the child victims of the Chernobyl disaster.

Assia finds great satisfaction in sharing her wonderful talents with our residents, who derive so much from her care and attention. Performing regularly at the Montefiore Homes Sunday concert series, Assia's lyrical voice brings delight to her audience and awakens fond memories with her repertoire of beloved favourites in Hebrew, Russian and Yiddish.

Assia's many years of devoted service to Jewish Care is in many ways like her music - a gift beyond words.



Jewish Care volunteer Assia New and accompanist, Luba Sokiriansky.

## DISABILITY SERVICES

# \$100,000 ENHANCES SUPPORT FOR PEOPLE WITH DISABILITIES

Jewish Care's Disability Services received two Senior Practitioner Grants totalling \$100,000.

Jewish Care, in partnership with Deakin University, will use the first grant to produce a manual for disability support organisations to assist in the implementation of "Active Support" for people with disabilities.

Active Support is an innovative approach to disability services where support staff encourage the participation of people with a disability in daily activities, adapting their assistance according to the capabilities of each particular individual, as those abilities develop over time.

Jewish Care also received a second grant to fund participation in a group study coordinated by Latrobe University based on the organisational factors that impact on the quality of life for residents with complex needs.



Daniel Leighton, Manager, Disability Services, Jewish Care together with Arthur Rogers, Executive Director Disability Services and Jeffrey Chan PhD, Senior Practitioner of the Department of Human Services.

# \$28K FOR CHILDREN'S RESPITE HOUSE

Jewish Care has received \$28,000, funding another 20 days of operation for the Children's Respite House.

The funding was received from the Isobel Hill Brown Charitable Trust Account Jewish Charities and the Ethel Herman Charitable Trust Account Children's Charities, managed by Perpetual. The Children's Respite House provides customised respite for families of children with disabilities aged 6 – 18 years, enabling parents, carers and siblings to take a break from their usual caring duties. It is the only respite facility in Victoria which provides a culturally sensitive environment for members of the Jewish community.

This additional funding enables the Children's Respite House to operate 236 days a year. With demand for respite services extremely high, Jewish Care is seeking further funding to keep the Children's Respite House open all year round.



Leigh Goldberg, Perpetual, Daniel Leighton, Manager, Disability Services, Jewish Care, Kirrily Burgess, Perpetual and Bruce Salvin, CEO Jewish Care.



The newly refurbished Children's Respite house.

If you would like to donate to Jewish Care's Children's Respite House, please contact Alyson Miller, Director of Development, on 8517 5715.

## Thank you Children's Respite House

Dear Vincenza and the staff at the Children's Respite House,

We want to write this note to you all to make sure that you know how much we value and appreciate the Children's Respite House and all of you.

The care and love that you show to Amy is so clear and genuine. Each time she comes home from a sleep over, all her clothes are freshly washed and carefully folded and she is always in good spirits. We know that she is in safe hands.

It is also deeply appreciated that we can have that time to spend with each other, with Ethan, to work or whatever the need is on that day.

Last school holidays you stepped in at the last minute and made space for Amy when Kate had a sudden meeting up in Sydney. We could not have done this without your support.

You just cannot understand the difference it makes to have the Respite House available to our family. It has a huge impact on our lives.

We look forward to many more years of knowing you all.

With love and appreciation,

*Tal and Kate Weiss*

Directors, Table of Plenty



Ethan, Kate, Tal and Amy Weiss



## MENTAL HEALTH, SERVICE FOR OLDER PEOPLE AND RESIDENTIAL SERVICES

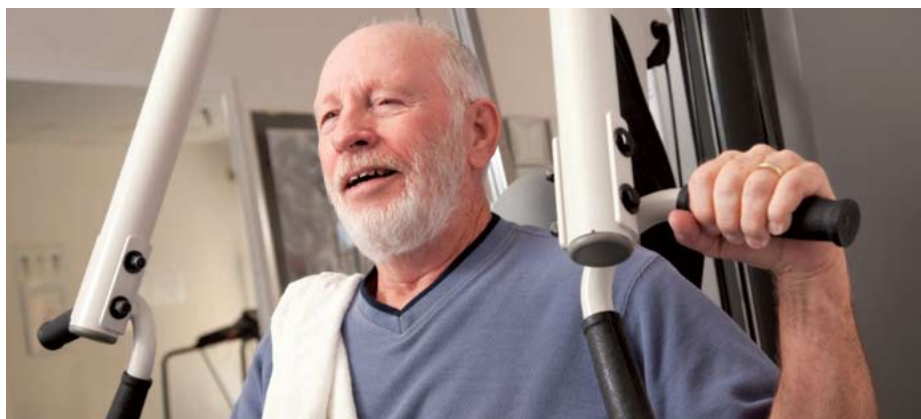
### \$50K GRANT PROVIDES COMFORT FOR SUNDOWNER SUFFERERS

Often associated with Alzheimer's Disease, sufferers of Sundowner's Syndrome experience periods of extreme agitation and confusion during the late afternoon or early evening hours, often leading to irritability towards other residents, caregivers or nursing staff.

Jewish Care successfully secured a \$50,000 grant from the Ian Rollo Currie Estate Foundation to increase support for residents suffering with the challenging effects of Sundowner's

Syndrome. The initiative will provide two additional Lifestyle Therapists to the Smorgon High Care Nursing Home who will assist residents by engaging them with a range of activities that provide gentle, routine mental and physical stimulation within a secure, supportive environment.

### ADVANCING ACTIVE SERVICE FOR OLDER PEOPLE



As one of 30 pilot organisations implementing the "Active Service" Model of care provision for older people, Jewish Care has been invited by the Department of Human Services to assist in the development of the Active Service Model across the industry.

Current research shows that an active lifestyle is a key factor in helping people to maintain independence and physical and emotional wellbeing as they age.

The Active Service Model is the latest approach to service delivery for older people, where staff work alongside clients, encouraging their ongoing involvement in day to day activities. It aims to help people strive to the highest level of independence that they can achieve, which

includes active involvement in decision making about their own life.

As the Active Service Model challenges preconceived notions of care provision for older people, its implementation involves significant staff development and coaching as well as community education.

The Services for Older People suite of services – Keshar, Blue Star and the Healthy Ageing programs – have been actively trialling tools and processes for the implementation of the Active Service Model and are providing feedback to the Department of Human Services to further refine the tool before it is released into the broader sector. By participating in this project, Jewish Care will also be able to provide an additional voice on behalf of the particular needs of ethno-specific care providers and their respective communities.

### EMMANUEL SANTOS FOCUSES ON PHOTOGRAPHY



Emmanuel Santos with participants of Jewish Care's Creative Arts Therapy group.

Jewish Care's Mental Health Program aims to support people in our community struggling with psychological or emotional disorders. One of the Program's initiatives is the Creative Arts Therapy Project, which provides a meaningful outlet for participants to find expression, respect and support.

Acclaimed photographer Emmanuel Santos is lending his expertise to Jewish Care's Creative Arts Therapy Project with a 12-week course on photography entitled "Point of View".

Around 20% of adults are affected by some form of mental disorder every year. Given appropriate treatment and support, most people affected by mental illness recover well and are able to lead fulfilling lives. However, mental health care receives minimal government assistance, and only half of those affected actually receive the treatment they need.

Funded by a generous grant from the Bardas Family Foundation in memory of the late Sandra Bardas, participants in "Point of View" are loaned a digital camera for the duration of the course. Emmanuel Santos will guide and mentor the group's weekly sessions, exploring the photographic medium as a vehicle for expression, reflection and commentary.

The course will culminate in a final display at the Jewish Museum running from 20th December 2009 through 17th January 2010, marking the Creative Arts Therapy Project's third exhibition.

## CULTURAL AND SPIRITUAL

### MESSAGE FROM OUR RABBI

As we approach Rosh Hashana, the Jewish New Year, we reflect on one of our busiest and most productive years at Jewish Care. Indeed, the opening of Gary Smorgon House and the development of a community inclusive facility for adults with a disability are at the top of our list.

But Rosh Hashana is more than just the beginning of a new year. Rosh Hashana is also called the Day of Judgement and the Day of Remembrance. Perhaps less well known is that Rosh Hashana is actually the birthday of humanity – according to our tradition, Adam and Eve were created on this day.

A birthday is a time for introspection, inspiration and resolutions. On the day that celebrates mankind's creation, we are invited to think of who we are, and of who we can become.

The sounding of the Shofar, the ram's horn, on Rosh Hashana is our wake up call, reminding us of the opportunities that await us, and of our responsibility to those who rely upon us for support.

As it says in the Book of Psalms, "G-d is your shadow..." As we remember the needs of others, so too will the Almighty remember ours, and inscribe us in the Book of Life and all that is good.

### JOIN US AT OUR AGM CELEBRATION

Jewish Care's upcoming Annual General Meeting on Tuesday 17th November will be a celebration of partnership and achievement. We are delighted to invite you to join us as we share with you our key milestones of the past year as well as planned ventures for the year to come. Our venue is the St Kilda Town Hall Council Chambers, corner Brighton Rd and Carlisle St. Please join us at 6:30pm for a 6:45pm start.

Also, don't forget to renew your Jewish Care membership by Monday 2nd November 2009 to ensure that you are eligible to vote. Our Annual Membership fee is \$33 or \$11 for pensioners.

Please submit any items of Special Business by 29th October 2009.

Nominations for Board Positions are also invited and must be lodged by 11th November 2009.

To renew your membership, please call the Development team on 8517 5963.

To submit items of Special Business or nominations for Board Positions, please contact the Secretary, Mr Andrew Blode, c/- Executive Officer, Jewish Care, 619 St Kilda Road, Melbourne 3004.

### Wishing You a Happy, Healthy and Sweet New Year



Community Support  
Thank you



Residential Aged Care  
Thank you



Disability Support  
Thank you



Young People  
Thank you



Community Aged Care  
Thank you



Thank You from Everyone at Jewish Care

### UPCOMING EVENTS

For further information, please contact Frances Carter on 8517 5901.

Circle of Care Brunch	Tuesday 15th September 2009
<b>Generations of Women Brunch</b>	<b>Wednesday 21st October 2009</b>
Annual General Meeting	Tuesday 17th November 2009
<b>Glen Eira Road Development Grand Opening</b>	<b>Monday 7th December 2009</b>
Volunteers' Awards Party	Wednesday 9th December 2009
<b>Family Fun Day</b>	<b>Sunday 21st March 2010</b>