



ACTIVE LIVING CENTRE

Social Support Groups

*Planned Events, Bus Tours, Excursion Groups,
Delicious Lunches, Zumba, Concerts, Fun Games
and so much more!*



From Monday
to Friday



Activities run between
9AM - 4PM

CALL US ON (03) 8517 5409
or email activelivingcentre@jewishcare.org.au

 **JewishCare**
Enriching Lives



WINDSOR CENTRE

Monday	Outing
Tuesday	Outing
Wednesday	Outing
Thursday	Outing
Friday	Centre based Current Affairs and Zumba Program

CAULFIELD CENTRE

Monday	Centre based activities, games and concert
Tuesday	Centre based discussion group, "food for brain" activities and concert
Wednesday	Centre based activities, games and concert
Thursday	Centre based socialisation and sing-a-long group
Friday	Centre based News, Current Affairs and lecture group

All activities include morning tea, exercise and lunches will be provided.
Transportation is available upon request.

For more information email: activelivingcentre@jewishcare.org.au

