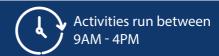


ACTIVE LIVING CENTRE

Social Support Groups

Planned Events, Bus Tours, Excursion Groups, Delicious Lunches, Zumba, Concerts, Fun Games and so much more!





CALL US ON (03) 8517 5409 or email activelivingcentre@jewishcare.org.au





	WINDSOR CENTRE
Monday	Outing
Tuesday	Outing
Wednesday	Outing
Thursday	Outing
Friday	Centre based Current Affairs and Zumba Program

	CAULFIELD CENTRE
Monday	Centre based activities, games and concert
Tuesday	Centre based discussion group, "food for brain" activities and concert
Wednesday	Centre based activities, games and concert
Thursday	Centre based socialisation and sing-a-long group
Friday	Centre based News, Current Affairs and lecture group

All activities include morning tea, exercise and lunches will be provided.

Transportation is available upon request.

For more information email: activelivingcentre@jewishcare.org.au

